

Short Breaks Service



For Children with Disabilities

Newsletter w/c 23rd September 2024

This newsletter contains events and updates from various services around Halton, as well as other general information which you may find useful. You can find out more information on the <u>Halton Local Offer page online</u> or contact the <u>Short Breaks Service for Children with Disabilities</u> team too.

iCAN Warning: Safety Alert to warn of the risks of water beads

The Office for Product Safety and Standards (OPSS) has issued a Product Safety Alert to warn of the risks of water beads.



What are water beads?

Water beads are the common name for superabsorbent polymers (SAPs). When exposed to liquid, including water or gastric fluids, they can expand significantly greater than their original size. Dehydrated beads can typically be as small as a few millimeters in diameter but can expand to over 400 times that size on contact with liquid.

The beads are small and are often sold in large quantities in their dehydrated form and marketed for crafting, in floristry, as toys, sensory kits, art kits, hydro guns, stress balls, home decor or vase fillers.

See next page for information

Why are they dangerous?

Water beads have been linked to child fatalities overseas and to serious harm to children in the UK.

The main harms occur when dehydrated beads are swallowed and then expand in the gastrointestinal tract, causing a blockage that requires surgical removal. Ingested water beads can be very difficult to detect and do not show up on x-ray, making clinical diagnosis challenging.

Harm can also occur when a bead is accidentally inhaled into the airways, which can lead to coughing and choking.

Key safety messages

- Water beads should be kept away from young children, under 5 years of age.
- They should only be used by older children under close supervision of an adult.
- If you possess water beads, always store them out of sight and reach of children.
- If it is suspected that a water bead has been swallowed, medical help should be sought immediately.

Other names for water beads

Water beads is a generic term. However, other common names for these products include, but are not limited to jelly balls, jelly water gems, aqua gel, water balls, biodegradable balls, gel beads, silicone orbs, water absorbing beads, floating pearls, sensory beads and water crystals.

If you need advice on anything else please contact the Citizens Advice Consumer Helpline or 0808 223 1133

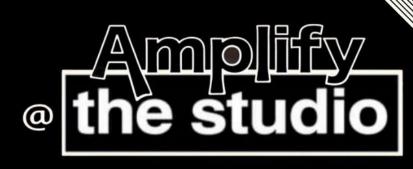
Find out about how iCAN uses your personal data by clicking iCAN



You can tell us about any other scams by replying to this email.

For general consumer advice please ring the Citizens Advice Consumer Helpline on Freephone 0808 223 1133 iCAN is provided by Halton Trading Standards

Free music sessions with Amplify – The Studio



FREE GUIDED MUSIC SESSIONS FOR AGES 11-16 EVERY TUESDAY: 5-8.30PM

NEW MEMBERS MUST SIGN UP THROUGH OUR ONLINE FORM BEFORE ATTENDING SO WE CAN ASSIGN THEM TO A GROUP.



AMPLIFYTHESTUDIO@GMAIL.COM

WWW.THESTUDIOWIDNES.ORG.UK



THE STUDIO, LACEY ST, WIDNES, WA8 7SQ





FREE Guided music sessions for ages 11-16 every Tuesday at 5-8:30pm.

For more info, contact below: Email: <u>amplifythestudio@gmail.com</u> Website: <u>www.thestudiowidnes.org.uk</u> See next page for more events

Free music sessions with Amplify – The Studio



FREE Guided music sessions for ages 11-16 every Thursday at 5-8:30pm. For more info, contact below: Email: <u>amplifythestudio@gmail.com</u> Website: <u>www.thestudiowidnes.org.uk</u>

Vibe Youth Club

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- HONHUNG

HORY

EVERY FRIDAY AGES 11 - 19

4:30PM-6:30PM ST BERTS CHURCH

WWW.VIBEUK.ORG

St Berteline and St Christopher's Church
The Parish of NortonHALTONVibe Youth Club for ages 11-19 every Friday at 4:30-
6:30pm

Website: www.vibeuk.org/

See next page for more events

Every Tuesday

WINDMILL HILL DETACHED

YOU SHAPE THE OFFER SO COME ALONG AND GET INVOLVED! ALL ACTIVITIES ARE SAFE, FUN AND PROVIDE OPPORTUNITIES TO DEVELOP ESSENTIAL LIFE SKILLS.



ART ACTIVITIES & DANCING



GAMES & SPORTS

RELATIONSHIP BUILDING

Corner of westwood southwood

4:00-

6:00pm

SEND KEY F SA AGES 11-19





VIBEUK.ORG

Vibe Windowmill Hill Detached for ages 11-19 every Tuesday at 4-6pm Website: www.vibeuk.org/

Fresh-Beginnings Cookery – St Pauls Transform Church

FRESH-BEGINNINGS COOKERY



At St Pauls Transform church - Widnes From Monday 9th Septemberand every Monday until 14th October 10.00am - 1200pm

Calling all Mums and/or Dads with SEND children.

Come and join us and have fun, learn new recipes and connect with other parents while your children are at school - TIME FOR YOU!

All food, equipment and aprons are provided Interested? Contact Barbara mobile: 07921579213

Book now, limited places available

Join fresh beginnings cookery for parents with SEND children, contact Barbara at 07921579213 to book now. See next page for more locations and dates

<u>Fresh-Beginnings Cookery – Murdishaw</u> <u>Community Centre</u>

FRESH-BEGINNINGS COOKERY



At

Murdishaw community centre From Tuesday 10th Septemberand every Tuesday until 15th October 10.00am - 1200pm

Calling all Mums and/or Dads with SEND children.

Come and join us and have fun, learn new recipes and connect with other parents while your children are at school - TIME FOR YOU!

All food, equipment and aprons are provided Interested? Contact Barbara mobile: 07921579213

Book now, limited places available

Join fresh beginnings cookery for parents with SEND children, contact Barbara at 07921579213 to book now.

<u>Mako Creators Club – Retro Video game design</u>



Booking are now being taken for **FREE! places** at the Halton Youth Clubs taking place from September at the Grange Community Centre. Booking details and further information in the posters and the link below. Link - <u>https://www.eventbrite.co.uk/e/retro-video-game-designclub-mako-creators-club-registration-924318129407?aff=Council Email – <u>hello@makocreate.co.uk</u> See next page for more events</u>

Mako Creators Club – Animation



Booking are now being taken for **FREE! places** at the Halton Youth Clubs taking place from September at Widnes Library. Booking details and further information in the posters and links below.

Link - <u>https://www.eventbrite.co.uk/e/animation-club-mako-</u> <u>creators-club-registration-924296725387?aff=Council</u> Email – <u>hello@makocreate.co.uk</u> See next page for more events

Mako Creators Club – Halloween Paper Lanterns

HALTON SHORT BREAKS

HALLOWEEN PAPER LANTERNS



Join us for our spooky two-hour Halloween Paper Lantern workshop, as part of our Halton Short Breaks sessions on Saturday 12th October.

During the session, participants will make their own paper lanterns, then learn how to add an LED, button, battery, and copper tape to create a glowing masterpiece. Finally, they'll get to decorate their creations in a spooky style. It's a hands-on, fun-filled journey into the world of Halloween crafting!

This session is part of our Halton Short Breaks project. These sessions are funded specifically for young people in Halton with disabilities and/or additional needs.

FREE Creative Hangout – Ashley High School



Creative Hangout is a fantastic FREE club tailored specifically for young adults with SEND in Halton! It aims to provide a relaxed a supportive environment where you can try new creative activities, meet new people and have fun. From animation, coding, and graphic design to crafting, the options are limitless!

Sign up now, by scanning the QR code in the poster above, or by getting in touch below:

Email: info@digitalartsbox.org

Phone: 0151 433 2223

Website: www.digitalartsbox.org



Email for more info: Info@haltonsendpcf.org.uk

See next page for more details



Family Craft & Pizza night at Hummingbird, book place via Email

Email for more info: clare.collins@haltonsendpcf.org.uk

See next page for more events

<u>Halton SEND Parent Carer's Forum –</u> <u>Communicate Update Zoom</u>



Join zoom for service update from communicate, zoom link on the right hand side of the poster above

Email for more info: info@haltonsendpcf.org.uk

See next page for more events

Halton SEND Parent Carer's Forum – Support &

Advice Day









Halton SEND Parent Carers Forum believe that informed parents are empowered parents and our aim is to make sure services in Halton meet the needs of disabled children and their families.

HaltonSEND PARENT Carer's Forum

Your voice counts Halton Send Parent Carers Forum

Our successful information surgery will run again-23rd November, 12-3pm

This event provides an opportunity for parents to meet local providers and get advice to support their Children, young people and families.



SERVICE PROVIDERS

Please e-mail by the 18th October if you wish to attend the event

Info@haltonsendpcf.org.uk

MOON MEADOW SCOUT HUT, WIDNES, WA8 9LH

<u>Info@haltonsendpcf.org.uk</u>



Support & Advice day for SEND parent Carers, please email by 18th October if you wish to attend

Email: info@haltonsendpcf.org.uk

Halton Youth Cabinet meetings



Phone: 07551 417 310

See next page for more info

About Halton Youth Cabinet -

Halton Youth Cabinet is a safe space for young people to gather to raise concerns and share ideas on how they can improve things in their local area and beyond! They take the lead on designing campaigns, working with changemakers and advocating for young people in Halton.

Vibe have been funded and are supported by Halton Borough Council to run the youth cabinet.

We are open to young people aged 11-18 (up to 25 with SEND).

We meet twice a month on a Thursday 5:00 – 7:00pm at alternating Widnes and Runcorn venues.

Benefits include -

- Potential to run to be the next Member of Youth Parliament and attend special events such as the Big Debate in the House of Commons
- Personal development for young people including leadership skills, public speaking, teamwork, communication and event planning
- Networking and building relationships with likeminded young people from across the UK
- Opportunities to take part in regional and national events
- Influence local leaders and decision makers
- The chance to be featured in the media or win award

Velocity Autism & Disability Friendly Sessions



from 9:30am-10:30am the first Saturday of each month.

Website: www.velocitygb.com/park/widnes

Halton funded Short Breaks events 2023-24







Halton funded Short Breaks 2023-24

Halton Short Breaks sessions are for young people in Halton (aged 7-17) with a disability/additional needs

Date	Timings	Activity	Pick up	Pick up	Drop off	Drop off	Places available	Cost
			Brindley Theatre	Halton Stadium	Halton Stadium	Brindley Theatre		
Monday 28 th October	10am-1pm	Imagine That , Liverpool L13 1EH	9.15am	9.25am	1.25pm	1.35pm	10	£3
			Brindley Theatre	Ashley High School	Ashley High School	Brindley Theatre		
			Brindley Theatre	Halton Stadium	Halton Stadium	Brindley Theatre		
Tuesday 29 th October	9.30am – 12pm	Goodison Park Tour (Everton Stadium) & E-Steam workshop L4 4EL	8.15am	8.25am	12.30pm	12.40pm	10	£3
			Brindley Theatre	Halton Stadium	Halton Stadium	Brindley Theatre		
Wednesday 30 th October	10am-1.30pm	Awesome Walls Climbing Centre, & Velocity Inflatable Centre, Widnes	9am	9.10am	1.40pm	1.50pm	12	£3

Halton funded Short Breaks events happening in October for ages 7-17 with a disability/additional needs

See next page for more info and how to book







October 2024 Activity Timetable

- For ages 7 17
- First come first served basis for bookings
- To BOOK ON call us on 07975784613 or email- <u>mark.dolan@evertonfc.com</u>
- We will need to take some details of the participant and parent / guardian for consent
- Monday 28th October at Imagine that there is no lunch provided by us but there are cafes on site so should anyone want to bring
 money we can help people if they want to buy something
- Wednesday 30th October activities will be going from climbing straight to Velocity for the same participants that are booked on -You cannot book onto just one of the activities on that day as it comes as a package !
- Please inform us of any dietary requirements if booking onto Velocity Party Package as pizza, chicken nuggets and chips are included after 1 hour on the inflatable park
- If for any reason you cannot make one of the activities you have booked on to PLEASE try to inform
 us with enough notice where possible in order for us to arrange for someone else to attend and save
 the place going to waste Thanks!

Email to book: mark.dolan@evertonfc.com

Or call: 07975784613

Dynamic Sports – October Half Term Soccer Camp



Soccer camp taking place during October half term for **ages 10-16** – SEND friendly Email to book: <u>dynamic-sportscoaching@outlook.com</u> Or call: **07712 637360**

Accessing Short Breaks information on the Halton Local Offer

Halton Local Offer

Don't forget you can access our Short Breaks page on the Local Offer by scanning this QR code here or <u>click</u> <u>this link</u>.

Here you'll find lots of useful information and resources, while <u>the Leisure page here</u> has details of activities and events across Widnes and Runcorn



1. Fo to is It

And your feedback and suggestions help us to keep improving the Halton Local Offer for families across our borough – <u>click here to share your feedback</u>!

MAX cards



Don't forget that Max Cards are available for our families in Halton all year round.

The card is designed to help families save money on great days out at castles, zoos, bowling alleys and more.

You can visit the **MAX Card website** for further details or check out **the Local Offer**. Cards cost £3.50 and can be collected from Warrington Road Children's Centre in Widnes, or Glendale Family Centre in Runcorn (available Monday to Friday 9am to 4.30pm – please note, it is cash payments only).

You can email <u>AimingHigh.forDisabledChildren@halton.gov.uk</u> or call 0151 511 6560 for more details.

This newsletter provides general information and resources for parents and carers of young people with SEND, and for professionals who support them. Please note, while we take every care to ensure the information we share is accurate the information provided is not a direct recommendation from the Short Breaks Service and we recommend that you complete your own research about the information and events we signpost.

We recognise that not all the information in this newsletter will be relevant to everyone included on the mailing list. If there is some specific information you would like to see more of, or information from a certain service that you'd like to share please let the Short Breaks Service know and we will try to include it next time. If you do not wish to continue receiving this newsletter, please let us know by contacting us at the email address or phone number below.

Halton Borough Council

Short Breaks Service for Children with Disabilities

Email: AimingHigh.forDisabledChildren@halton.gov.uk

Tel: 0151 511 6560