

## Who can help?

Key contact numbers for:		
<b>Children in Care and Care Leavers (CICCL)</b>	<b>Inclusion &amp; Participation Officer</b> Debbie Gates Childrens Services Rutland House Tel: 07717246108 Email: <a href="mailto:debbie.gates@halton.gov.uk">debbie.gates@halton.gov.uk</a>	
<b>Personal Advisers, Children in Care and Care Leavers Team</b>	Tel: 0151 511 7900	
<b>Designated doctors/nurses</b>	<b>Bridgewater Community Healthcare NHS Foundation Trust</b> Emma Smith Lead Specialist Nurse for Children in Care Halton Child in Care Health Team Lister Road Astmoor Runcorn WA7 1TW Tel: 01928 593054 Email: <a href="mailto:Emma.Smith141@nhs.net">Emma.Smith141@nhs.net</a> or <a href="mailto:ALWCH.haltoncichealthteam@nhs.net">ALWCH.haltoncichealthteam@nhs.net</a>	
<b>Local Authority leadership, Lead Member</b>	<b>Executive Director Children's Services</b> Zoe Fearon Municipal Building, Kingsway, Widnes WA8 7QF Tel:0151 511 4118 Email: <a href="mailto:zoe.fearon@halton.gov.uk">zoe.fearon@halton.gov.uk</a>	<b>Executive Board Member for Children, Young People and Families</b> Councillor Tom McInerney Tel: 0151 424 4491 Email: <a href="mailto:tom.mcinerney@halton.gov.uk">tom.mcinerney@halton.gov.uk</a>
<b>Halton Virtual School</b>	Halton Virtual School website <a href="http://www.myvirtualschool.org">www.myvirtualschool.org</a> Key contacts: <a href="http://www.myvirtualschool.org/Pages/AboutUs.aspx">http://www.myvirtualschool.org/Pages/AboutUs.aspx</a> Email: <a href="mailto:Virtual.School@halton.gov.uk">Virtual.School@halton.gov.uk</a>	
<b>Housing advice</b>	Halton Supported Housing Network    Tel: 0151 422 6300 Citizens Advice Bureau                    Tel: 0344 477 2121 Halton Housing Trust                         Tel: 0151 510 5000/0303 333 0101	
Other places you can go for help:		
<b>Princes Trust</b>	Tel: 0800 842 842	
<b>Rees – The Care Leavers Foundation</b>	County Court Buildings 13 Church Road Redditch B97 4AB <a href="http://www.reesfoundation.org/contact/">www.reesfoundation.org/contact/</a>	
<b>The Care Leavers Association</b>	The Care Leavers Association website <a href="https://www.careleavers.com/">https://www.careleavers.com/</a> Tel: 0161 826 0214	
<b>National Youth Advocacy Service (NYAS)</b>	NYAS website <a href="https://www.nyas.net/">https://www.nyas.net/</a> Freepost – NYAS Tower House 1 Tower Road Birkenhead Wirral CH41 1FF Tel: 0808 808 1001 Email: <a href="mailto:help@nyas.net">help@nyas.net</a>	

Relevant universal services. This might include links to or contacts for:	
<b>Health services e.g. sexual health clinics</b>	Sexual Health Service – AXESS <a href="https://www.axess.clinic/">https://www.axess.clinic/</a> Tel: 0845 155 0156 Clinic details and free contraception
<b>Specialist drug and alcohol support</b>	Halton Integrated Recovery Service <ul style="list-style-type: none"> <li>• Aston Dane, Waterloo Road, Widnes, WA8 0QR</li> <li>• 1st Floor, 75 High Street, Runcorn, WA7 1AF (above Lloyds Bank)</li> </ul> Tel: 0151 422 1400 <a href="https://www.changegrowlive.org/content/halton-integrated-recovery-service">https://www.changegrowlive.org/content/halton-integrated-recovery-service</a>
<b>Education, employment or training support</b>	Princes Trust <a href="http://www.princes-trust.org.uk">www.princes-trust.org.uk</a> GOV.UK – Apprenticeships <a href="https://www.gov.uk/apply-apprenticeship">https://www.gov.uk/apply-apprenticeship</a> Vinspired - volunteering <a href="https://vinspired.com/">https://vinspired.com/</a> GOV.UK – Student finance <a href="http://www.gov.uk/student-finance">www.gov.uk/student-finance</a> Become - for children in care and care leavers <a href="http://www.becomecharity.org.uk">www.becomecharity.org.uk</a>
<b>Further or Higher Education information</b>	<a href="https://www.ucas.com/ucas/undergraduate/getting-started/individual-needs/ucas-undergraduate-support-care-leavers">https://www.ucas.com/ucas/undergraduate/getting-started/individual-needs/ucas-undergraduate-support-care-leavers</a>
Relevant universal services. This might include links to or contacts for:	
<b>Groups and activities for young people</b>	Activities and group information is available via: Halton Local Offer website, Leisure section <a href="https://localoffer.haltonchildrenstrust.co.uk/leisure/">https://localoffer.haltonchildrenstrust.co.uk/leisure/</a>
<b>Parenting support groups</b>	Brookvale Children Centre, Tel: 01928 797160 Email: <a href="mailto:brookvaleccreception@halton.gov.uk">brookvaleccreception@halton.gov.uk</a>  Windmill Hill Children Centre, Tel: 01928 717132 Email: <a href="mailto:windmillhillccreception@halton.gov.uk">windmillhillccreception@halton.gov.uk</a>  Halton Lodge Children Centre, Tel: 01928 573 107 Email: <a href="mailto:haltonlodgeccreception@halton.gov.uk">haltonlodgeccreception@halton.gov.uk</a>  Halton Brook Children Centre, Tel: 01928 573265 Email: <a href="mailto:haltonbrookccreception@halton.gov.uk">haltonbrookccreception@halton.gov.uk</a>  Ditton Children Centre, Tel : 0151 420 5482 Email: <a href="mailto:dittonccreception@halton.gov.uk">dittonccreception@halton.gov.uk</a>  Kingsway Children Centre, Tel: 0151 511 6222 Email: <a href="mailto:kingswayccreception@halton.gov.uk">kingswayccreception@halton.gov.uk</a>  Upton Children Centre, Tel: 0151 257 2450 Email: <a href="mailto:uptonchildrencentre@halton.gov.uk">uptonchildrencentre@halton.gov.uk</a>  Warrington Road Children Centre, Tel: 0151 424 4686 Email: <a href="mailto:warrington.roadreception@halton.gov.uk">warrington.roadreception@halton.gov.uk</a>
<b>Youth Justice Service</b>	Tel: 0345 145 0055