



## Short Breaks Service



### For Children with Disabilities

Newsletter w/c 27<sup>th</sup> May 2024

This newsletter contains events and updates from various services around Halton, as well as other general information which you may find useful. You can find out more information on the [Halton Local Offer page online](#) or contact the [Short Breaks Service for Children with Disabilities](#) team too.

## Halton SEND Parent Carer's Forum – May events and activities



## HeadzUp Halton Young people's drop-in

Age 17 or under?

Worried about your mental health?

Want to talk to someone about your concerns?

**HeadzUp** is an informal **mental health drop-in** for children and young people in Halton.

### Drop by to see us:

- Every **Tuesday** from **2.30-4.30pm** at **The Hub**, Grangeway, **Runcorn, WA7 5HA**
- Every **Thursday** from **2.30-4.30pm** at **Warrington Road Children's Centre, Widnes, WA8 0BS** (From 6<sup>th</sup> June 2024).

Please be advised this is not a CRISIS service.

All children under 16 require a parent or career present.

### For more information...

Tel: 01928 568 162

Web: [www.mersecare.nhs.uk/our-services/halton/child-and-adolescent-mental-health-service](http://www.mersecare.nhs.uk/our-services/halton/child-and-adolescent-mental-health-service)



# YOUNG PEOPLE'S VOICES PROGRAMME

Get ready to be heard, be inspired, and be part of something BIG!

FOR 14 TO 25 YEAR OLDS

THIS IS A FANTASTIC OPPORTUNITY FOR YOUNG PEOPLE'S VOICES TO BE HEARD FROM CHESHIRE, HALTON, ST HELENS, WARRINGTON AND WIRRAL

YOUNG PEOPLE'S VOICES TO BE HEARD AT A LOCAL, REGIONAL, AND NATIONAL LEVEL.

VOICES TO REACH SOME OF THE MOST INFLUENTIAL FIGURES IN THE COUNTRY.

CALLING

ALL

YOUNG VOICES!

## CONTACT



[lorna.williams@youthfed.org](mailto:lorna.williams@youthfed.org)

Limitless  
YOU

Powered by



# WE NEED YOUR HELP



Students are currently organising Cavfields, a music festival to be held on Friday 12th July 2024 at The Cavendish High Academy.

Does anybody have any contacts with live music / dance performers who would volunteer to give it a real festival feel?

Please contact us!!

[donna.tofts@chs.academy](mailto:donna.tofts@chs.academy)

# **FRESH-BEGINNINGS COOKERY**



**At**

**St Pauls Transform church - Widnes**

**From Monday 10th June -  
and every Monday until 15th July  
10.00am - 1200pm**

**Calling all Mums and/or Dads  
with SEND children.**

**Come and join us and have fun, learn new recipes  
and connect with other parents while your  
children are at school - TIME FOR YOU!**

**All food, equipment and aprons are provided  
Interested?**

**Contact Barbara  
mobile: 07921579213**

**Book now, limited places available**



**See below for more locations and dates**

# **FRESH-BEGINNINGS COOKERY**



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**mobile: 07921579213**

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**See below for more locations and dates**

## **FRESH-BEGINNINGS COOKERY**



**At**

**Murdishaw community centre  
From Tuesday 10th September-  
and every Tuesday until 15th October  
10.00am - 1200pm**

**Calling all Mums and/or Dads  
with SEND children.**

**Come and join us and have fun, learn new recipes  
and connect with other parents while your  
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**All food, equipment and aprons are provided  
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[See below for more locations and dates](#)

# Calling all Mums and/or Dads with SEND children.



## FRESH-BEGINNINGS COOKERY

Will be delivering 3 x 6 week FREE cooking sessions.

1. Widnes from 10th June - 15th July every Monday morning.
2. Widnes from 9th September - 14th October every Monday morning.
3. Runcorn from 10th September - 8th October every Tuesday morning.

**Come and join us and have fun, learn new recipes  
and connect with other parents while your  
children are at school - TIME FOR YOU!**

**All food, equipment and aprons are provided**

**Interested?**

**Contact Barbara**

**mobile: 07921579213**

**Book now, limited places available**



# BUSY BEES



# SEN DISCO

SIBLINGS WELCOME!

UT6'S

MONTHLY LAST FRIDAY!

**Fri 31-05-24**

Dancing &  
Party Games!

**5 - 7pm**

Sensory  
Screen

Sensory  
Lights

**£2 entry**

Soft Play  
Zone

Arts & Crafts  
Quiet Space

**Food &  
Drink  
Available**

CHILDREN MUST BE ACCOMPANIED BY  
PARENTS OR CARERS - FREE ADMISSION



Market Place Winsford  
**01606 822960** [www.thehivelive.org](http://www.thehivelive.org)



Busy Bees SEN Disco





**W?**

## Cheap eats during May half term



**Ikea Kids** eat from 95p in Ikea restaurants. Available every day from 11am



**Morrisons** Kids eat free when an adult spends £4.50 or more on a meal



**Asda** Kids eat for £1 all day at Asda Cafés, with no adult spend required.



**Sainsbury's Cafés** Kids eat for £1 with the purchase of an adult hot meal. From 11.30am every day.



# Science Club for Kids



suitable for ages 7+



**12 - 12:45PM**

**First Saturday of the month**

**Halton Lea Library**

$v = u + at$



**Third Saturday of the month**

**Widnes Library**



**Do you want to know everything you  
possibly can about everything?  
Then come along to**

**Halton Libraries'  
Science Club for Kids.**



$E = mc^2$



[www.halton.gov.uk/libraries](http://www.halton.gov.uk/libraries)

Like us on



Follow us on



Follow us on





HALF TERM

# FUN SWIMS

Adults - £4.75. Children £2.95  
Limited Availability - Don't Miss Out

Monday 27th: 9:30-10:30, 11-12, 12:30-13:30 & 2-3

Tuesday 28th: 10-11, 11:30-12:30, 1-2 & 2:30-3:30

Wednesday 29th: 9:30-10:30, 11-12, 12:30-1:30

must be booked online at  
[beechwoodcentre.co.uk/events-activities](http://beechwoodcentre.co.uk/events-activities)



inourplace 

**NHS**

# Supporting emotional health and wellbeing from 0-19+

Free online courses for all parents, carers, grandparents and teens

- Antenatal and postnatal baby bonding
- Understanding your child or young person
- Your child or young person with additional needs
- Teenager's feelings and brain development
- And lots more specialist courses

Designed by clinical psychologists in partnership with practitioners and parents



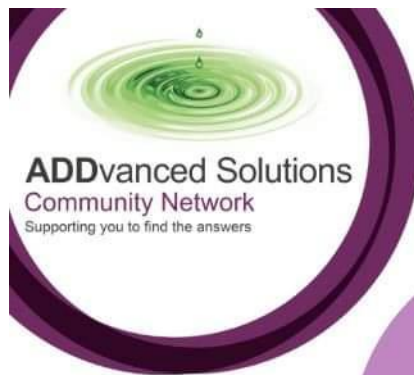
[www.inourplace.co.uk](http://www.inourplace.co.uk)

Residents of HALTON

In paid partnership with:



Use Access Code  
**TOGETHER**



# JOIN OUR TEAM

WE ARE RECRUITING

- Community Engagement and Learning Facilitator
- Neurodevelopmental Coach

follow the link above or  
email us  
for more information

[hr@advancedsolutions.co.uk](mailto:hr@advancedsolutions.co.uk)



# VOLUNTEER HUB



18th June 2024  
6-8pm



Office 4103, Charlotte House,  
Queens Dock Business Centre,  
67-83 Norfolk Street, Liverpool, L1 0BG

Now is the most exciting time to become a volunteer for the Merseyside based youth charity Vibe.

Are you interested in helping children and young people in a variety of ways for as little or as much time as you can spare? Come and find out more about us at the next hub meeting on Tuesday 18th June!



## THE HUB'S VIBE

The Hub is a group of volunteers made up of diverse skills, experience and expertise and will support the Vibe staff team with:

- Youth Work Delivery
- Fundraising
- Organisational Development
- Promotional Events

As part of Vibe's Volunteer Hub, you will be part of a coordinated volunteering community that will in turn receive:

- Relevant Training Opportunities
- Work Based Experience
- Personal Development



Contact: [sianette.owens@vibeuk.org](mailto:sianette.owens@vibeuk.org) to get involved in this exciting volunteering opportunity and join team **vibe** !

# HALTON 50 FESTIVAL

## RUNCORN HILL PARK

**SATURDAY 8TH & SUNDAY 9TH JUNE 24**  
**10AM - 5PM**



**GREAT BRITISH FOOD FESTIVAL | FAMILY FUNFAIR | CRAFT MARQUEE**  
**BABY BIG TOP CIRCUS | MR ALEXANDER TRAVELLING SHOWMAN | PETTING ZOO**  
**BIRDS OF PREY | CLASSIC CARS | MINI STEAMERS & TRACTORS**  
**HALTON COMMUNITY RADIO | MODEL BOAT DISPLAYS**  
**SPORTS COACHING AND ACTIVITIES**

**#HALTON50**

**FREE ENTRY | FREE PARKING**





# 50th CELEBRATION FUN DAY

Saturday 29th June 2024  
1.00pm - 4.00pm

Grangeway Community Centre, Runcorn WA7 5HA



**Bouncy castle**

Four Paws Dog Display ▶

Face painting



**STALLS**

**Tombola**

**KIDS ENTERTAINMENT**

**REFRESHMENTS & MUCH MORE**



Grangeway Community Centre,  
Grangeway, Runcorn WA7 5LY





## Where children can eat for less (or free!) this half-term holiday...



Two children up to the age of 16 can eat a free breakfast with every adult breakfast purchased.



Children under the age of 10 can get a delicious free mini pizza with a topping of their choice (per adult who is dining)



Get one free kids meal or breakfast at Dobbies garden centres with the purchase of an adult traditional breakfast or main course lunch purchased.



Kids eat FREE all day every Thursday with the purchase of an adult meal, and for just £1 during the hours of 4-6pm Sunday to Wednesday.



See below for more

## Where children can eat for less (or free!) this half-term holiday...



Kids can get a 'mini main', two snacks and a drink for free, as long as an accompanying adult spends £4 or more.



Children's meals from 95p. This offer is valid all day, everyday from 11am.



Get one free child's bento box with any adult meal, up to three children (minimum spend £10 per child on the adult meal – so if you want two free bento boxes, the adult must spend £20) 25–31st May



See below for more

# Where children can eat for less (or free!) this half-term holiday...



One child can eat a free lunch or dinner when you spend £4.50 on one adult meal.



Feed a family for £15! You'll get two adult mains and two children's full meals (main, dessert, and drink) for just £15. (27-31st May)



Kids eat free at TGI Fridays when you order an adult's main meal, all day, every day. The offer is available for Stripes Rewards members – you'll just need to join via their app





Saturday 21st September 2024



# The A World UK



Autism Friendly Take Over  
Gulliver's World Theme Park - Warrington

\*Tickets have been subsidised by The A World UK

Stay & Play Packages  
Starting From

# £90

Includes entry into the park



HALTON SUPPORTED INTERNSHIP PROGRAMME

# INTERNSHIP



For young people aged 18 - 24 who want to get a job and need extra support to do this

Halton Borough Council's Employment, Learning and Skills Division (Halton People into Jobs and Halton Adult Learning) will be delivering a supported internship programme in September for young people aged 18 -24 who want to get a job and need extra support to do this.

### Eligibility

Young people 18-24 with an Education Health and Care Plan who want to work.



You are invited to attend our next Supported Internship information session to find out more and to see if a Supported Internship is a suitable option for you to start this September.

The information session will be held on: **Tuesday 4th June 2024**

Start time: **4:00pm**

Venue: **Kingsway Learning Centre, Victoria Road, Widnes, WA8 7QY**

To book a place contact:

**Lynsey Carr** on 0151 511 7547 | [lynsey.carr@halton.gov.uk](mailto:lynsey.carr@halton.gov.uk) or

**Stephanie Bartlett** on 0151 511 6794 | [Stephanie.Bartlett@halton.gov.uk](mailto:Stephanie.Bartlett@halton.gov.uk)

**Limited places available. Don't miss out!**



Active Halton Leisure Centres are looking to fund 12 local residents between 16-25 to become a qualified Lifeguard.

The course will run between 24th-28th June at Kingsway Leisure Centre, Widnes.

The opportunity is open to anyone who is unemployed, working less than 16 hours per week or in education.

On completion of the course you will then have the opportunity to apply for contracted or casual employment (**subject to availability**)

T&Cs apply and all successful applicants will need to agree in full to a Funding Agreement.



[www.activehalton.co.uk](http://www.activehalton.co.uk)



## HALTON SHORT BREAKS

FOR YOUNG PEOPLE WITH A **DISABILITY/ADDITIONAL NEEDS** IN HALTON

# DIGITAL ART



### date + time:

**SATURDAY  
8TH JUNE  
10 AM - 12 PM**

### location:

**THE STUDIO,  
WIDNES**

### age:

**YOUNG PEOPLE  
AGED 8-17**

**Make  
CREATE**

**HALTON  
BOROUGH COUNCIL**



TikTok

# CREATIVE ACADEMY

catch  
22

## THE PROGRAMME

- **Fully digital** – take part from your own home
- 3 days per week for 4 weeks
- Creative **Pre-employability Programme**
- Get **insider tips** from creative professionals
- An amazing opportunity to present your ideas to our partners at **TikTok**
- **1-2-1 Career coaching** to help you plan your career, break into the industry, and reach your goals
- **In-work support** to help you settle into your new job



## WHO IS THIS FOR?

18–24-year-olds  
Not in full time employment/  
education  
Right to work in the UK

## HOW TO REFER

Email-  
Meghan.Dyer@catch-22.org.uk  
Call -  
07776 242 633  
Or alternatively **complete the form  
on our website**  
[www.catch-22.org.uk/services/  
tiktok-creative-academy/](http://www.catch-22.org.uk/services/tiktok-creative-academy/)

See 2<sup>nd</sup> page below



 TikTok

CREATIVE  
ACADEMY

 catch  
22

# TECH UP WOMEN

## ARE YOU CURIOUS ABOUT WORKING IN TECH BUT DON'T KNOW WHERE TO START?

TechUP are pleased to be launching our newest programme for 2024, in partnership with Catch22, we'll be training 150 more women and non-binary people in tech careers!

TechUPWomen is an intensive IT training programme, developed with tech industry specialists and delivered with Catch 22, specifically for women and non-binary people living in the North and North East of England. It is designed to provide learners with the knowledge and skills they need to start a career in the tech sector.

### To be eligible for a place on the TechUPWomen programme you must meet the following criteria:

- Be resident and eligible to work in the UK
- Be aged 18-30 with 20% of learners aged 31-40
  - Identify as female or non-binary
- Be unemployed or earn £25,000 or less a year
- Not hold a tech related qualification at Alevel or above

institute of  
**CODING**

 Durham  
University

FUNDED BY

 **NOMINET**

  
<TechUPWOMEN>

**catch  
22**

**Gareth Moore**

Gareth.Moore@  
catch-22.org.uk

07766426894

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See 2<sup>nd</sup> page below

## Programme Curriculum

The TechUPWomen 2024 programme is designed especially for those who are interested in a career in tech but have experienced barriers to education and the workplace. The curriculum will give you a strong foundation in general IT and IT support skills, plus general workplace readiness skills with the aim of equipping you with the skills you need for a level 3 or 4 apprenticeship. The curriculum will include:

### Technical Content

Problem Solving. Critical Thinking. Computer Systems. Working in Command Line. Troubleshooting and Diagnostics. Ticketing Systems. Cloud Based Systems. Introduction to Coding. Introduction to Data Analysis. Introduction to User Design and Research.

### Professional Content

Teamwork. Tech Career Pathways. CV Writing. Job Search Skills. Interview Skills. Introduction to a Professional Working Environment. Industry insights sessions with Microsoft, Sales- force and other partners.

### Personal Skills

Communication Skills. Team Building. Confidence Building. Signposting to other services for support with additional barriers.

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<TechUPWOMEN>

**catch  
22**

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catch-22.org.uk

07766426894



# Halton Local Offer



## Halton Local Offer Section Guide

<p><u><a href="#">Help, Support &amp; Advice</a></u></p>   <ul style="list-style-type: none"> <li>• Personal Budgets/Direct Payments</li> <li>• Information and Advice</li> <li>• Parent carer networks</li> <li>• Local Support Groups</li> </ul>	<p><u><a href="#">Leisure</a></u></p>   <ul style="list-style-type: none"> <li>• Latest Activity Flyers</li> <li>• Local Support Groups</li> <li>• Halton Short Breaks</li> <li>• Sports, Groups and Place to Go</li> </ul>	<p><u><a href="#">Education, Health &amp; Care Plan</a></u></p>   <ul style="list-style-type: none"> <li>• Education, Health &amp; Care Plan</li> <li>• EHC Plan and Review Documents</li> <li>• Complaints, Disagreement Resolution and Appeals</li> </ul>		
<p><u><a href="#">Health</a></u></p>   <ul style="list-style-type: none"> <li>• Health Services</li> <li>• Health and Wellbeing</li> <li>• A-Z of Health Conditions</li> </ul>	<p><u><a href="#">Education, Early Years &amp; Childcare</a></u></p>   <ul style="list-style-type: none"> <li>• Early Years &amp; Childcare</li> <li>• Schools, Colleges &amp; Post 16</li> <li>• Education Support Services</li> <li>• Useful Information &amp; Documents</li> <li>• Graduated Approach &amp; Strategy Toolkit</li> </ul>	<p><u><a href="#">Transport</a></u></p>   <ul style="list-style-type: none"> <li>• Blue Badge &amp; Halton AccessAble</li> <li>• School Travel Support, Independent Travel Training and School Bus information</li> <li>• Local Travel Information</li> </ul>		
<p><u><a href="#">Children &amp; Family Service</a></u></p>   <ul style="list-style-type: none"> <li>• Halton Children &amp; Family Service information Statutory Duties</li> <li>• Halton Short Breaks</li> <li>• Equipment</li> <li>• Care Leavers Local Offer</li> </ul>	<p><u><a href="#">Care Leavers Local Offer</a></u></p>   <table border="0"> <tr> <td> <ul style="list-style-type: none"> <li>• Participation in Society</li> <li>• Accommodation</li> <li>• Health/Wellbeing</li> <li>• Relationships</li> </ul> </td> <td> <ul style="list-style-type: none"> <li>• Education/Training</li> <li>• Employment</li> <li>• Useful Information</li> <li>• Finances</li> </ul> </td> </tr> </table>	<ul style="list-style-type: none"> <li>• Participation in Society</li> <li>• Accommodation</li> <li>• Health/Wellbeing</li> <li>• Relationships</li> </ul>	<ul style="list-style-type: none"> <li>• Education/Training</li> <li>• Employment</li> <li>• Useful Information</li> <li>• Finances</li> </ul>	<p><u><a href="#">Preparing for Adulthood</a></u></p>   <ul style="list-style-type: none"> <li>• PfA Guide and Vision</li> <li>• Employment and Education</li> <li>• Independent Living</li> <li>• Community Inclusion</li> <li>• Health</li> </ul>
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<p><u><a href="#">Training/Events</a></u></p>   <ul style="list-style-type: none"> <li>• Training Courses</li> <li>• Events</li> </ul>	<p><u><a href="#">You Said, We Did</a></u></p>   <ul style="list-style-type: none"> <li>• Review and Co-production</li> <li>• Local Offer Annual Reports</li> </ul>	<p><u><a href="#">Case Studies</a></u></p>   <ul style="list-style-type: none"> <li>• Case Studies-Video Clips</li> </ul>		

Scan QR codes above

# Makeo CREATORS CLUB

# FREE DIGITAL ART



## DATE & TIME

**Tuesdays**  
04/06 - 02/07  
4 pm - 6 pm

## LOCATION

**Grangeway Youth  
& Community Centre**  
WA7 5HA

## AGES

**10-16 year  
olds from  
Halton**



## SIGN UP NOW

[hello@makocreate.co.uk](mailto:hello@makocreate.co.uk)

0151 345 1419

SCAN QR CODE



**Makeo  
CREATE**

**HALTON**  
BOROUGH COUNCIL

**Make** CREATORS CLUB

**FREE CODING CLUB**

**DATE & TIME**  
**Thursdays**  
**06/06 - 04/07**  
**4 pm - 6 pm**

**LOCATION**  
**Widnes**  
**Library**  
**WA8 7QT**

**AGE**  
**10-16 year**  
**olds from**  
**Halton**



**SIGN UP NOW**

[hello@makocreate.co.uk](mailto:hello@makocreate.co.uk)

**0151 345 1419**

SCAN QR CODE



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**CREATE**

**HALTON**  
BOROUGH COUNCIL



## **Halton Short Break Service**

**Presents**

## **Halton SEND Provider Showcase**

**Monday 17<sup>th</sup> June 2024, 9.30 – 5.30**

**Grangeway Community Centre, Runcorn**

This is an opportunity for you to meet a variety of services who provide activities and various support for children and young people with special educational needs and disabilities who live in Halton.

Please pop along and find out information about the support available and the wonderful activities that will be on offer over the Summer.

**If you are a service and would like to have a stall then please contact [AimingHigh.forDisabledChildren.gov.uk](mailto:AimingHigh.forDisabledChildren.gov.uk)**



### **Short Breaks – public consultation**

A consultation to gather feedback and ideas to help shape the service in the future is underway – the current short break contracts with providers are due to come to an end in March 2025.

Short Breaks provide opportunities for children with disabilities to take part in fun and enjoyable activities, become more independent and try new things. They also provide parents and carers with a valuable break from their caring responsibilities.

The Council fund a variety of short breaks in partnership with private and voluntary providers.

To take part in the survey, [use this link](#) – please do share this with anyone you think would be interested in sharing their views on the service.

The survey will run until 30<sup>th</sup> June.

**Use link below for survey**

[Short Breaks - ParentCarer \(snapsurveys.com\)](https://snapsurveys.com)



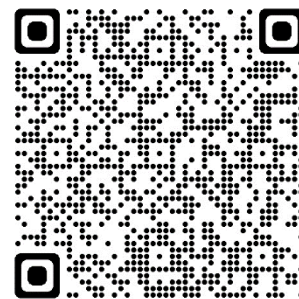


## Accessing Short Breaks information on the Halton Local Offer

Halton Local Offer



Don't forget you can access our Short Breaks page on the Local Offer by scanning this QR code here or [click this link](#).



Here you'll find lots of useful information and resources, while [the Leisure page here](#) has details of activities and events across Widnes and Runcorn

And your feedback and suggestions help us to keep improving the Halton Local Offer for families across our borough – [click here to share your feedback!](#)

### MAX cards

Don't forget that Max Cards are available for our families in Halton all year round.

The card is designed to help families save money on great days out at castles, zoos, bowling alleys and more.



You can visit the [MAX Card website](#) for further details or check out [the Local Offer](#). Cards cost £3.50 and can be collected from Warrington Road Children's Centre in Widnes, or Glendale Family Centre in Runcorn (available Monday to Friday 9am to 4.30pm – please note, it is cash payments only).

You can email [AimingHigh.forDisabledChildren@halton.gov.uk](mailto:AimingHigh.forDisabledChildren@halton.gov.uk) or call 0151 511 6560 for more details.

This newsletter provides general information and resources for parents and carers of young people with SEND, and for professionals who support them. Please note, while we take every care to ensure the information we share is accurate the information provided is not a direct recommendation from the Short Breaks Service and we recommend that you complete your own research about the information and events we signpost.

We recognise that not all the information in this newsletter will be relevant to everyone included on the mailing list. If there is some specific information you would like to see more of, or information from a certain service that you'd like to share please let the Short Breaks Service know and we will try to include it next time. If you do not wish to continue receiving this newsletter, please let us know by contacting us at the email address or phone number below.

**Halton Borough Council**

**Short Breaks Service for Children with Disabilities**

Email: [AimingHigh.forDisabledChildren@halton.gov.uk](mailto:AimingHigh.forDisabledChildren@halton.gov.uk)

Tel: **0151 511 6560**