



Short Breaks Service



For Children with Disabilities

Newsletter w/c 7th August 2023

This newsletter contains events and updates from various services around Halton, as well as other general information which you may find useful. You can find out more information on the [Halton Local Offer page online](#) or contact the [Short Breaks Service for Children with Disabilities](#) team too.

Halton Carers Centre – latest Young Carers newsletter now available



Halton Carers Centre have published their Summer Young Carers newsletter for both adults and young carers with lots of useful information and resources.

- [click here to read the adult carers newsletter](#)
- [click here to read the young carers newsletter](#)

If you are a carer living in Halton and not yet registered with the Centre you can do so by clicking on the following links:

- [Adult carers](#)
- [Young carers \(age 17 or younger\)](#)

Accessing the Halton Local Offer

Halton Local Offer



The Halton Local Offer team have been listening to feedback from parents and carers to help make accessing the many available resources and information easier for you.

The new QR codes in the section information guide will now take you directly to the information you need, and we'll be sharing these at our various events throughout the summer.

You can also access our Short Breaks page on the Local Offer by scanning this QR code here:

Don't forget, your feedback and suggestions help us to keep improving the Halton Local Offer for families across our borough – [click here to share your feedback!](#)



Halton Local Offer



Halton Local Offer Section Guide

<p>Help, Support & Advice</p>   <ul style="list-style-type: none"> • Personal Budgets/Direct Payments • Information and Advice • Parent carer networks • Local Support Groups 	<p>Leisure</p>   <ul style="list-style-type: none"> • Latest Activity Flyers • Local Support Groups • Halton Short Breaks • Sports, Groups and Place to Go 	<p>Education, Health & Care Plan</p>   <ul style="list-style-type: none"> • Education, Health & Care Plan • EHC Plan and Review Documents • Complaints, Disagreement Resolution and Appeals 		
<p>Health</p>   <ul style="list-style-type: none"> • Health Services • Health and Wellbeing • A-Z of Health Conditions 	<p>Education, Early Years & Childcare</p>   <ul style="list-style-type: none"> • Early Years & Childcare • Schools, Colleges & Post 16 • Education Support Services • Useful Information & Documents • Graduated Approach & Strategy Toolkit 	<p>Transport</p>   <ul style="list-style-type: none"> • Blue Badge & Halton AccessAble • School Travel Support, Independent Travel Training and School Bus information • Local Travel Information 		
<p>Children & Family Service</p>   <ul style="list-style-type: none"> • Halton Children & Family Service information Statutory Duties • Halton Short Breaks • Equipment • Care Leavers Local Offer 	<p>Care Leavers Local Offer</p>   <table border="0"> <tr> <td> <ul style="list-style-type: none"> • Participation in Society • Accommodation • Health/Wellbeing • Relationships </td> <td> <ul style="list-style-type: none"> • Education/Training • Employment • Useful Information • Finances </td> </tr> </table>	<ul style="list-style-type: none"> • Participation in Society • Accommodation • Health/Wellbeing • Relationships 	<ul style="list-style-type: none"> • Education/Training • Employment • Useful Information • Finances 	<p>Preparing for Adulthood</p>   <ul style="list-style-type: none"> • PFA Guide and Vision • Employment and Education • Independent Living • Community Inclusion • Health
<ul style="list-style-type: none"> • Participation in Society • Accommodation • Health/Wellbeing • Relationships 	<ul style="list-style-type: none"> • Education/Training • Employment • Useful Information • Finances 			
<p>Training/Events</p>   <ul style="list-style-type: none"> • Training Courses • Events 	<p>You Said, We Did</p>   <ul style="list-style-type: none"> • Review and Co-production • Local Offer Annual Reports 	<p>Case Studies</p>   <ul style="list-style-type: none"> • Case Studies-Video Clips 		

Vibe Outdoors Club August activities



Cycling with Wheels For All! Junior Club **vibe** outdoors

Friday
18th August 2023
9:30am - 12:30pm

Half term date

Age 8-11

Transport Provided

FREE

LIMITED SPACES!

Collection Points:

Runcorn: Old Police Station,
Mersey Road, WA7 1DF

Widnes: McDonalds Car Park,
Moor Lane, WA8 7AP

Halton Council funded, monthly Outdoor Activity focused Junior Youth Club (8-11) for SEND young people in Halton

Register now by clicking the link or scanning the QR code:

BOOK HERE



 **vibeuk.org**

   

This month the Vibe Outdoors Juniors and Seniors Club will be Cycling with Wheels For All on **Friday 18th August**. The Juniors session will run 9.30am to 12.30pm with the Seniors in the afternoon 1.30pm to 4.30pm.

As always the pick-up points will be at the Old Police station in Mersey Road Runcorn, and at McDonalds Moor Lane Widnes.

To register scan the QR codes in the posters or [click here for the Juniors session](#) and [click here for the Seniors](#).



Cycling with Wheels For All! Senior Club **vibe outdoors**

Friday 18th August 2023
1:30pm - 4:30pm

Age 12-17

Transport Provided

FREE

LIMITED SPACES!

Collection Points:

- Runcorn:** Old Police Station, Mersey Road, WA7 1DF
- Widnes:** McDonalds Car Park, Moor Lane, WA8 7AP

Halton Council funded, monthly Outdoor Activity focused Senior Youth Club (12-17) for SEND young people in Halton

Register now by clicking the link or scanning the QR code:

BOOK HERE



disability confident **vibeuk.org**



Mums R Us group this Saturday



Mums R Us

Monthly Group

for our Mums/Carers of children with SEND

**Come and have a cuppa, see familiar faces
and meet new people**

**It's a time for our Mums & Carers to chill
out for a while**

Saturday 12th August at 10.00am

**Message or email for more details and to book
your place**

HALTON
Business Awards

SEND R US CIC
Bringing Families Together in
Halton



SEND R US CIC



sendrus@mail.com



SEND R US are holding their monthly Mums R Us group this **Saturday 12th August at 10am**. Come along and have a cuppa, see familiar faces and meet new people.

You can find out more and book your place by messaging the SEND R US team through [their Facebook page here](#), or you can email sendrus@mail.com.

MAX cards



As summer holidays start don't forget that Max Cards are available for our families in Halton.

The card is designed to help families save money on great days out at castles, zoos, bowling alleys and more.

You can visit the [MAX Card website](#) for further details or check out [the Local Offer](#). Cards cost £2.50 and can be collected from Warrington Road Children's Centre in Widnes, or Glendale Family Centre in Runcorn (available Monday to Friday 9am to 4.30pm – please note, it is cash payments only).

You can email AimingHigh.forDisabledChildren@halton.gov.uk or call 0151 511 6560 for more details.

Kids eat for free or £1 during the holidays

**Kids eat free or for £1
During the Summer
Holiday**

ASDA - Kids eat for £1, no minimum spend
Bella Italia - Kids eat for £1 with an adult meal, Mon-Thurs
Bills - Mon-Fri up to kids can get free meals with 1 adult dish
Brewdog - Kids eat free with paying adult and reserved table
Dobbies - Kids eat from 12pm with every adult meal
Dunelm - Kids eat free Mon-Fri after 3pm with every £4 spent
Gordan Ramsay - Under 8's eat for free when ordering a main
Heathrow Airport - Kids eat free at selected restaurants
Hungry Horse - Every Monday selected kids meal £1, larger meals £1.50
IKEA - Kids eat for 95p (kids tomato pasta + soft drink) or £1.50 any other kids meal
M&S - Free kids' Munch Menu when you spend £5+ in the Cafe
Morrisons - 1 Free kids' meal with any adult meal £4.49+
Premier Inn - Not just for guests. kids eat brekkie free with any £9.99 adult brekkie
Sainsburys - Kids get a hot main meal or lunch bag for £1 with every Adult purchase £5.20+
Tesco - Kids eat free with any adult purchase Mon-Fri
YO! Sushi - Kids can eat free with a paying adult when you reserve a table

**KIDS
EAT
FREE
OR £1**

Don't forget there are lots of offers such as kids eat free or for £1 to help out during the holidays. Click here for more information: [Places Kids Eat Free in School Holidays & Half Terms 2023 \(moneysavingcentral.co.uk\)](https://moneysavingcentral.co.uk)

ADDvanced Solutions September sessions



ADDvanced Solutions
Community Network
Supporting you to find the answers

GET SET FOR SEPTEMBER

**WITH OUR FREE ON-LINE COMMUNITY
NETWORK GROUP SESSIONS:**

Monday 7th August
9.30 - 11am

An introduction to the
SEND process

Monday 14th August
9.30 - 11am

School Attendance
Difficulties

Wednesday 9th August
5pm - 6.30pm

Supporting Sleep
Difficulties

Wednesday 16th August
5pm - 6.30pm

Encourage Independent
Living Skills

see links above to find
out more and to
register to attend

ADDvanced Solutions have sessions coming up to support parents and carers get set for September through their on-line community network group.

- **Wednesday 9th August 5pm-6.30pm – Supporting Sleep Diffiiculties**
- **Monday 14th August 9.30am-11.30am -School Attendance Difficulties**
- **Wednesday 16th August 5pm-6.30pm – Encourage Independent Living Skills**

Find out more on [their Facebook page here](#) or visit the [ADDvanced Solutions Community Network webpage here](#).

To register for [the Monday sessions click here](#), and to register for the [Wednesday sessions click here](#).

PDA Society online training for parents and carers

Online Training

**Understanding PDA for
parents & carers**

**13th & 20th September
18.45pm - 9.30pm**



PDA (Pathological Demand Avoidance) is widely understood to be a profile on the autism spectrum, involving the avoidance of everyday demands and the use of 'social' strategies as part of this avoidance. PDA individuals share autistic characteristics and also have many of the 'key features' of a PDA profile.

The PDA society are hosting an online training 'Understanding PDA for parents and carers' across two sessions on Wednesday 13th and 20th September 6.45pm-9.30pm.

[Click here to book your tickets](#), or visit [their Facebook page here](#) or their [website to find out more information](#).

Summer Holiday activities across Halton



There are lots of **FREE activities** during the Summer holiday period for school aged children, from **Reception to Year 11**, who receive benefits-related to free school meals.

There are also a number of places available to other vulnerable groups of children and young people, such as SEND, Young Carers, and young people not in education, employment or training (NEET). Most of the activities are 4 hours a day, over 4 days and include a **FREE Lunch each day**.

Activities are available in both Runcorn and Widnes and include sport, drama, arts, music and health and wellbeing activities. Here's a selection below of some of the many activities on offer, and we'll continue to promote these through our newsletter over the summer. [Visit the Halton Borough Council website here](#) to see all the flyers for the activities, and you can [click here to find out more about the services available for children and young people across Halton](#).

You can also [click on this link](#) for a full up-to-date list of the activities and a google map showing the areas in Halton where activities will be taking place long with the providers contact details and information on accessibility for children and young people with SEND (the table with the list of SEND keys is below).

You can also find out more information on the [Halton Local Offer page online](#) or contact the [Short Breaks Service for Children with Disabilities](#) team too.

Halton Local Offer



SEND Keys – Youth Provision

Want to find out if the provision offers activities for children and young people with SEND?

Check out the table below for the SEND Keys guide

Activities can offer SEND specific and SEND accessible activities for children and young people across the youth programme

SS – SEND Specific:	Solely for children and young people with SEND and their families
S – SEND Friendly:	Venue or event where providers have general SEND awareness and small adjustments can be made
SA - SEND Accessible:	Physically accessible venue or event
F – Family Friendly:	Accessible for all families

Mako Create summer activities

FREE

HOLIDAY ACTIVITY FUND

SUMMER ACTIVITIES FOR YOUNG PEOPLE



**Mako
CREATE**

Free fun and creative workshops for young people (school years 4-6) in Halton who are eligible for free school meals, a support plan or an EHC Plan. **Free lunch provided for all attendees!**



RETRO VIDEO GAME DESIGN

Date: Tuesday 8th - Friday 11th August
Time: 9:00am - 12:30 pm
Location: Grangeway Community Centre,
Runcorn, WA7 5HA



SIGN UP HERE:



CODING AND ROBOTICS

Date: Tuesday 15th - Friday 16th August
Time: 9:00am - 12:30 pm
Location: Grangeway Community Centre,
Runcorn, WA7 5HA



SIGN UP HERE:



DIGITAL MUSIC MAKING

Date: Tuesday 22nd - Friday 25th August
Time: 9:00am - 12:30 pm
Location: Grangeway Community Centre,
Runcorn, WA7 5HA



SIGN UP HERE:



ANIMATION EXPLORATION

Date: Tuesday 29th August - Friday 1st September
Time: 9:00am - 12:30 pm
Location: Grangeway Community Centre,
Runcorn, WA7 5HA



SIGN UP HERE:



There are still places available for Mako Create's summer activities workshops taking place at Grangeway Community Centre in Runcorn during August.

Sessions are available for young people in school years 4-6 which will take place from 9am-12.30pm, while the workshops for young people aged 11-16 will take place from 1pm-3.30pm. [Click here to find out more and book your places.](#)

FREE HOLIDAY ACTIVITY FUND SUMMER ACTIVITIES FOR YOUNG PEOPLE



Free fun and creative workshops for young people (school years 7-11) in Halton who are eligible for free school meals, a support plan or an EHC Plan. Free lunch provided for all attendees!



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SIGN UP HERE:



Inclusivitee Summer Club



SS - SOLELY FOR CYP WITH SEND AND THEIR FAMILIES

WE CAN CATER FOR ALL CYP IN HALTON WITH SEND

INCLUSIVITEE CIC

25, 26 & 27 July
1, 2, 3, 15, 16, 17, 22, 23 & 24 August
10AM-3PM

MOON MEADOW SCOUT HUT, FARNWORTH ST, WIDNES, WA8 9LH

CHILDREN & YOUNG PEOPLE (CYP) AGED 10-17

HOLIDAY ACTIVITY FUND SUMMER PROGRAMME

FOR CYP WITH SEND LIVING IN HALTON

INCLUDING BOARD GAMES, ARTS AND CRAFTS, OUTDOOR MULTI SPORTS, INDOOR SOFT SPORTS, COOKING, PHOTOGRAPHY, ELECTRONIC GAMING, LIFE SKILLS, STEM AND LEGO ACTIVITIES

Healthy lunch provided, all needs will be met for all CYP and own food and drink can be brought if required

Spaces are limited, please email to register for a place:
inclusiviteeuk@gmail.com

 **inclusiviteeuk** email: inclusiviteeuk@gmail.com

 **Inclusivitee CIC**

 **SEND KEY**   

Don't forget that Inclusivitee are running their summer holiday club for children and young people aged 10-17 with SEND on various dates throughout the summer holidays at Moon Meadow Scout hut in Widnes, **with dates throughout August**. Spaces are limited so please email inclusiviteeuk@gmail.com to register for a place and [check out their Facebook page here](#) for more information.

This newsletter provides general information and resources for parents and carers of young people with SEND, and for professionals who support them. Please note, while we take every care to ensure the information we share is accurate the information provided is not a direct recommendation from the Short Breaks Service and we recommend that you complete your own research about the information and events we signpost.

We recognise that not all of the information in this newsletter will be relevant to everyone included on the mailing list. If there is some specific information you would like to see more of, or information from a certain service that you'd like to share please let me know and I will try to include next time. If you do not wish to continue receiving this newsletter, please let me know.

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Short Breaks Service for Children with Disabilities Halton Borough Council

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