



Short Breaks Service



For Children with Disabilities

Newsletter w/c 14th August 2023

This newsletter contains events and updates from various services around Halton, as well as other general information which you may find useful. You can find out more information on the [Halton Local Offer page online](#) or contact the [Short Breaks Service for Children with Disabilities](#) team too.

Accessing the Halton Local Offer

Halton Local Offer

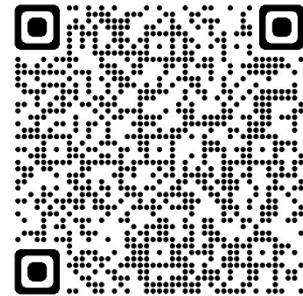


The Halton Local Offer team have been listening to feedback from parents and carers to help make accessing the many available resources and information easier for you.

The new QR codes in the section information guide will now take you directly to the information you need, and we'll be sharing these at our various events throughout the summer.

You can also access our Short Breaks page on the Local Offer by scanning this QR code here:

Don't forget, your feedback and suggestions help us to keep improving the Halton Local Offer for families across our borough – [click here to share your feedback!](#)





Halton Local Offer



Halton Local Offer Section Guide

<p><u>Help, Support & Advice</u></p>   <ul style="list-style-type: none"> • Personal Budgets/Direct Payments • Information and Advice • Parent carer networks • Local Support Groups 	<p><u>Leisure</u></p>   <ul style="list-style-type: none"> • Latest Activity Flyers • Local Support Groups • Halton Short Breaks • Sports, Groups and Place to Go 	<p><u>Education, Health & Care Plan</u></p>   <ul style="list-style-type: none"> • Education, Health & Care Plan • EHC Plan and Review Documents • Complaints, Disagreement Resolution and Appeals 		
<p><u>Health</u></p>   <ul style="list-style-type: none"> • Health Services • Health and Wellbeing • A-Z of Health Conditions 	<p><u>Education, Early Years & Childcare</u></p>   <ul style="list-style-type: none"> • Early Years & Childcare • Schools, Colleges & Post 16 • Education Support Services • Useful Information & Documents • Graduated Approach & Strategy Toolkit 	<p><u>Transport</u></p>   <ul style="list-style-type: none"> • Blue Badge & Halton AccessAble • School Travel Support, Independent Travel Training and School Bus information • Local Travel Information 		
<p><u>Children & Family Service</u></p>   <ul style="list-style-type: none"> • Halton Children & Family Service information Statutory Duties • Halton Short Breaks • Equipment • Care Leavers Local Offer 	<p><u>Care Leavers Local Offer</u></p>   <table border="0"> <tr> <td> <ul style="list-style-type: none"> • Participation in Society • Accommodation • Health/Wellbeing • Relationships </td> <td> <ul style="list-style-type: none"> • Education/Training • Employment • Useful Information • Finances </td> </tr> </table>	<ul style="list-style-type: none"> • Participation in Society • Accommodation • Health/Wellbeing • Relationships 	<ul style="list-style-type: none"> • Education/Training • Employment • Useful Information • Finances 	<p><u>Preparing for Adulthood</u></p>   <ul style="list-style-type: none"> • PFA Guide and Vision • Employment and Education • Independent Living • Community Inclusion • Health
<ul style="list-style-type: none"> • Participation in Society • Accommodation • Health/Wellbeing • Relationships 	<ul style="list-style-type: none"> • Education/Training • Employment • Useful Information • Finances 			
<p><u>Training/Events</u></p>   <ul style="list-style-type: none"> • Training Courses • Events 	<p><u>You Said, We Did</u></p>   <ul style="list-style-type: none"> • Review and Co-production • Local Offer Annual Reports 	<p><u>Case Studies</u></p>   <ul style="list-style-type: none"> • Case Studies-Video Clips 		

Vibe Outdoors Club August activities

Cycling with Wheels For All! Junior Club **vibe** outdoors

Friday 18th August 2023
9:30am - 12:30pm

Half term date

Age 8-11

Transport Provided

FREE

LIMITED SPACES!

Collection Points:

Runcorn: Old Police Station, Mersey Road, WA7 1DF

Widnes: McDonalds Car Park, Moor Lane, WA8 7AP

Halton Council funded, monthly Outdoor Activity focused Junior Youth Club (8-11) for SEND young people in Halton

Register now by clicking the link or scanning the QR code:

BOOK HERE



disability confident **vibeuk.org**

  **vibe** 

There are still spaces available for this month's Vibe Outdoors Juniors Club will be Cycling with Wheels For All on **Friday 18th August** from 9.30am to 12.30pm.

As always the pick-up points will be at the Old Police station in Mersey Road Runcorn, and at McDonalds Moor Lane Widnes.

To register scan the QR codes in the posters or [click here for the Juniors session](#).

Dads R Us monthly breakfast group



Dads R Us

Monthly Breakfast Group

for our Dads/Carers of children with SEND

Come and have a breakfast, see familiar faces
and meet new people

Saturday 26th August

10am-12pm

Toby Carvery, Widnes

Message or email for more details and to book your place

It's a time out for our Dads & Carers and to chill out for a while



SEND R US CIC



sendrus@mail.com



SEND R US are holding their monthly Dads R Us group on **Saturday 26th August 10am-12pm at Toby Carvery Widnes**. Come along and have a breakfast, see familiar faces and meet new people.

You can find out more and book your place by messaging the SEND R US team through [their Facebook page here](#), or you can email sendrus@mail.com.

MAX cards



As summer holidays continue don't forget that Max Cards are available for our families in Halton.

The card is designed to help families save money on great days out at castles, zoos, bowling alleys and more.

You can visit the [MAX Card website](#) for further details or check out [the Local Offer](#). Cards cost £2.50 and can be collected from Warrington Road Children's Centre in Widnes, or Glendale Family Centre in Runcorn (available Monday to Friday 9am to 4.30pm – please note, it is cash payments only).

You can email AimingHigh.forDisabledChildren@halton.gov.uk or call 0151 511 6560 for more details.

Summer activities at Halton Libraries



Don't forget there are lots of free activities at Halton libraries in Widnes and Runcorn during the holidays for children and young people of all ages, including Brilliant Builds sessions, Board Games Bonanza, and Carnival Mask making.

[Click here to see all the activities on offer this month!](#)

They are also holding a free 4-day Creative Writing Workshop **from Monday 21st to Thursday 24th August** 11am-12.30pm at Widnes Library for young people aged 12-18 – [click here to find out more and to book your places.](#)

Atlantis Splash SEN sessions at Crosby Leisure Centre



Crosby Leisure Centre in North Liverpool are holding two SEN sessions for their Atlantis Splash activities this month on Tuesday 22nd and Tuesday 29th August.

They have amazing inflatables with giant obstacles to climb over, scramble under and slide down stretches the length of the main pool which is suitable for children aged 5+ years.

[Visit their website here to find out more](#) and you can [click here to book your places](#).

Please note under 8's have to be accompanied by an adult on a 1 to 1 basis. Over 8's have to be a competent swimmer and a test will be conducted prior to session starting. Buoyancy jackets are provided and mandatory to be worn by children & adults during the session.

Free online courses for all Halton residents with the Solihull Approach

The Solihull Approach is an NHS organisation promoting emotional health and well-being by supporting relationships and offers accredited, online courses from pre-birth to adolescence. And as part of the launch of the Family Hubs, Halton Borough Council have purchased the Solihull Approach Multi-User Licence which means that every resident in Halton can access **evidence based online courses for life for free!**

These courses are for everyone; mothers, fathers, partners, grandparents, foster carers - as well as other family and involved friends, and are really informative and

interesting! They look at the baby / child's / teenager brain development, play, styles of parenting, sleep, temper tantrums, communication and many more.

There are lots of courses to choose from, learners can do them all or choose ones which are most relevant to their situation. **Once registered, learners have free lifetime access so they can work through the programmes as their child grows.**

Online courses for parents, parents-to-be, relations & foster carers

The courses, worth over £100, have been prepaid for **ALL Halton families!**

From bump to 19 years
Lifetime access



Go to:
www.inourplace.co.uk
and enter the Access Code:
TOGETHER
To return to the course(s), go to
www.inourplace.co.uk and sign in!

UNDERSTANDING YOUR CHILD
SOLIHULL APPROACH

inourplace

HALTON
BOROUGH COUNCIL

NHS
Bridgewater
Community Healthcare
NHS Foundation Trust

 SolihullApproach
www.inourplace.co.uk

 @SolihullApproach (NB: 1 'p')
www.solihullapproachparenting.com

For technical support, contact:
support@inourplace.co.uk
0121 296 4448 (Mon-Fri, 9am-5pm)

One of the available courses is 'Understanding your child with additional needs' which is for parents, relatives and friends of children who have a physical or learning disability or may have autistic traits.

Accessing the courses couldn't be easier, simply go to www.inourplace.co.uk and enter the access code TOGETHER.

If you have any questions or queries you can contact parenting@halton.gov.uk.



'Understanding your child with additional needs'

A new online course for parents.



This online course is for parents, relatives and friends of children who have a physical or learning disability, or may have autistic traits. In the UK, you may be within the SEND (Special Educational Needs and Disability) system. Some parents describe their child as differently abled, or neuroatypical.

It is equivalent to a:

10
SESSION
GROUP

A **BIG** course, with lots of relevant content.

This course is in two sections:

Level
1

Lays the foundation for understanding your child.

Level
2

Looks at some particular aspects of parenting: sleeping and anger management.

Once you've finished level 1 you can progress onto level 2 if you'd like.

A total of:

14
MODULES



15-20 mins each.

Some of what this course covers:

- How your child develops
- Understanding how your child is feeling
- Tuning into what your child needs
- Different styles of parenting
- Why is sleep important

Further details:

www.inourplace.co.uk | www.solihullapproachparenting.com | solihull.approach@heartofengland.nhs.uk

Adaptive footwear through Contact and Fledglings

contact *For families with disabled children*



adaptive footwear for disabled children & adults
available in a range of styles, colours and sizes

sensory-friendly memory foam footbeds can be removed to suit braces, swelling or wider fit



anti-slip, breathable, supportive, and easy to put on (or take off)

set the tension with the laces once... and then forget about them!

Fledglings are part of the charity Contact and are a non-profit shop that helps children and adults with additional needs by supplying products and equipment that help with everyday challenges.

They provide an easy and trusted environment to find the right solutions and allow people to connect and share their experiences. Their Adaptive footwear is designed to provide support, comfort, and ease of use for individuals with various disabilities.

These shoes may feature modifications such as extra-wide openings, Velcro closures, and removable insoles to accommodate different foot sizes and shapes and are suitable for children with CMT, Splints and other conditions that make footwear difficult to find. [Click here to view the footwear range](#) or visit [the Fledglings website here](#) to find out more about all of the ranges they have to offer.

Summer Holiday activities across Halton



There are lots of **FREE activities** during the Summer holiday period for school aged children, from **Reception to Year 11**, who receive benefits-related to free school meals.

There are also a number of places available to other vulnerable groups of children and young people, such as SEND, Young Carers, and young people not in education, employment or training (NEET). Most of the activities are 4 hours a day, over 4 days and include a **FREE Lunch each day**.

Activities are available in both Runcorn and Widnes and include sport, drama, arts, music and health and wellbeing activities. Here's a selection below of some of the many activities on offer, and we'll continue to promote these through our newsletter over the summer. [Visit the Halton Borough Council website here](#) to see all the flyers for the activities, and you can [click here to find out more about the services available for children and young people across Halton](#).

You can also [click on this link](#) for a full up-to-date list of the activities and a google map showing the areas in Halton where activities will be taking place long with the providers contact details and information on accessibility for children and young people with SEND (the table with the list of SEND keys is below).

You can also find out more information on the [Halton Local Offer page online](#) or contact the [Short Breaks Service for Children with Disabilities](#) team too.

Halton Local Offer



SEND Keys – Youth Provision

Want to find out if the provision offers activities for children and young people with SEND?

Check out the table below for the SEND Keys guide

Activities can offer SEND specific and SEND accessible activities for children and young people across the youth programme

SS – SEND Specific:	Solely for children and young people with SEND and their families
S – SEND Friendly:	Venue or event where providers have general SEND awareness and small adjustments can be made
SA - SEND Accessible:	Physically accessible venue or event
F – Family Friendly:	Accessible for all families

Vibe's Summer of Fun this week in Runcorn Town Park

HALTON HAF

Summer of
Fun



Food and drink provided at each session

Runcorn Westwood

1st-4th August | 12pm-4pm

- Bubble football ● Summer crafts
- Multi Sports ● Skating with Wheels Extreme
- Friday Funday inflatables & games



Runcorn Town Park

15th-18th August | 12pm-4pm

- Bubble football ● Summer crafts ● Tubing
- Multi Sports ● Skating with Wheels Extreme
- Friday Funday inflatables & games

SEND Key



Vibe's Summer of Fun sessions are coming this week to Runcorn Town Park from Tuesday 15th until Friday 18th August between 12pm-4pm. There'll be activities including bubble football, summer crafts, and Skating with Wheels Extreme, plus food and drink are provided at each session.

There's no need to book, you can just turn up! You can check out Vibe's social media pages including [Facebook here](#) for all their latest updates.

Gateway Community's Holiday Activity Hub

Hallmark House
Waterloo Road
Widnes
WA8 0QR
0151 4220111
gatewayc2017@outlook.com



<https://www.gatewaycommunity.co.uk>

Call or email to book your place

HAF Activity Hub

Calling all 11 – 16 year olds
Come and join us in a safe and all inclusive
Activity Hub on ...

Fridays - 10am-2pm

Lunch provided and refreshments will
be supplied.

July

21st - 28th

Aug

4th - 11th - 18th - 25th

Sept

1st

Zone 1 – will be a social space to relax, talk to friends, YP will be able to bring their own electronics i.e., switch, iPad, phones etc. This space will also have timetabled Movie, pool, table football time etc.

Zone 2 – Craft room, YP will be able to use the craft room for a multitude of crafts ranging from Jewellery making, painting, drawing, paper quilling, papermaking, soap, and candle making etc.

Zone 3 – many board games will be available throughout the evening session; we will also have available table tennis and safe darts tournaments.

Zone 4 – Kitchen will be available for bookable slots for cooking skills

Zone 5 – Gaming room 1 hr booking slots, Wii, PS available and much more.....



S- SEND Friendly
SA- SEND Accessible



Don't forget that Gateway Community are holding their Holiday Activity Hub for young people aged 11-16 at their centre on Waterloo Road Widnes each Friday during the holidays from 10am-2pm. They have five activity zones in a safe and all inclusive environment, plus lunch and refreshments are provided.

Call **0151 422 0111** or email gatewayc2017@outlook.com to book your place.

This newsletter provides general information and resources for parents and carers of young people with SEND, and for professionals who support them. Please note, while we take every care to ensure the information we share is accurate the information provided is not a direct recommendation from the Short Breaks Service and we recommend that you complete your own research about the information and events we signpost.

We recognise that not all of the information in this newsletter will be relevant to everyone included on the mailing list. If there is some specific information you would like to see more of, or information from a certain service that you'd like to share please let me know and I will try to include next time. If you do not wish to continue receiving this newsletter, please let me know.

Julie.Pennington@halton.gov.uk

Short Breaks Service for Children with Disabilities Halton Borough Council

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Email: AimingHigh.forDisabledChildren@halton.gov.uk