



Short Breaks Service



For Children with Disabilities

Newsletter w/c 24th July 2023

This newsletter contains events and updates from various services around Halton, as well as other general information which you may find useful. You can find out more information on the [Halton Local Offer page online](#) or contact the [Short Breaks Service for Children with Disabilities](#) team too.

Free Children's First Aid course with Halton HELPS and Millie's Trust – spaces still available

The poster features a purple header with the Halton logo. Below it, the title 'Halton H.E.L.P.S' is written in large blue letters. The text is centered and includes details about a free first aid course for 8-16 year olds, listing topics like CPR and AED use, and providing contact information for booking. Logos for Millie's Trust and FamilyHub are at the bottom.

Halton H.E.L.P.S

Free Children's First Aid Course Soon

8-16 year olds

What will I learn?

What is First Aid? What's in a First Aid Kit, Making a 999 Call? CPR and AED use, Choking Treatments, Recovery positions

Gain skills and confidence in learning lifesaving first Aid from one of the qualified Millie's Trust instructors

3rd Aug 2023

AM 10.30 – 12.30 Halton Lodge Children's Centre Runcorn
PM 1.30 – 3.30 Kingsway Halton Hub Widnes

Book Now
Halton.HELPS@halton.gov.uk
Or
Call me on 0151 511 7212

Halton HELPS in partnership with Millie's Trust are offering a free First Aid course for children and young people aged 8-16 with sessions in Widnes and Runcorn on Thursday 3rd August. Call 0151 511 7212 or email Halton.HELPS@halton.gov.uk to book a place.

Kops n Kids is back at Kingsway Leisure Centre during August



Kops n Kids comes to Kingsway Leisure Centre

Every Thursday & Friday in August

FREE

Morning Sessions 09:00-12:00
Afternoon Sessions 13:00-15:00

Join us for a Summer full of Sport! We have football, table tennis, badminton, water activities, boxing, MMA and many more fun activities for ages 8 - 16 to take part in.

The sessions are **completely FREE** and there's no booking so just turn up for one or both of the sessions on the days you'd like to attend.

JUST TURN UP

NO LIMITS

ASDA FOUNDATION
Supporting Your Local Community

Halton
Planning

Cheshire Constabulary

For more information please call 0151 495 2200
Kingsway Leisure Centre, Kingsway, Widnes, WA8 7QH

HALTON
BOROUGH COUNCIL

Kops n Kids is back at Kingsway Leisure every Thursday and Friday during August with lots of different sports activities for young people aged 8-16. Sessions will run 9am-12pm, and 1pm-3pm and they are completely free. Plus there's no need to book – just turn up for any of the sessions you would like to attend.

The Prince's Trust programme for 16-25 year olds



Cheshire Fire and Rescue Service working in partnership with the Prince's Trust

For 16 - 25 year olds

The Prince's Trust Team programme is a free 12 week course aimed at developing your skills to achieve your utmost potential, so that future employers can recognise your abilities and achievements.

Develop and Improve Your Skills In:

- Communication
- Confidence
- Working with others
- Setting and achieving goals
- Reliability
- Coping
- Job search skills
- Leadership

Qualifications Include:

- Prince's Trust Certificate in Employment, Teamwork and Community Skills
- Emergency First Aid at work (HSE Approved)
- Basic Food Hygiene Certificate (certified by CIEH)
- British Safety Council Level 1 Award in Health and Safety at Work



INTERESTED?

Cheshire Fire and Rescue Service, Headquarters, Winsford, Cheshire CW7 2FQ
Tel: 01606 868700

www.cheshirefire.gov.uk

Cheshire Fire and Rescue are working in partnership with the Prince's Trust to deliver a free 12-week TEAM programme for 16-25 year olds who are not in education or employment to help them achieve their utmost potential. There are 14 spaces available, and the programme will be held at Runcorn Fire Station.

For more information click here to view the website or email keith.barker@cheshirefire.gov.uk or Liz.Ardolino@cheshirefire.gov.uk.

Summer Fun activities at the Deafness Resource Centre

Summer Fun Timetable 2023



The Deafness Resource Centre have lots of fun activities planned throughout the summer, including the Deaf Active Discovery Sports Camp, sign language courses for children and young people, and Wonder Arts project.

You can find their full timetable on [their website here](#), and you can see all the latest updates on [their Facebook page here](#).

MAX cards



As summer holidays start don't forget that Max Cards are available for our families in Halton.

The card is designed to help families save money on great days out at castles, zoos, bowling alleys and more.

- You can visit the [MAX Card website](#) for further details or check out [the Local Offer](#). Cards cost £2.50 and can be collected from Warrington Road Children's Centre in Widnes, or Glendale Family Centre in Runcorn (available Monday to Friday 9am to 4.30pm – please note, it is cash payments only).
- You can email AimingHigh.forDisabledChildren@halton.gov.uk or call 0151 511 6560 for more details

Summer activities with Everton in the Community

Date	Timings	Activity	Pick up	Pick up	Drop off	Drop off	Places available	Cost
			Brindley Theatre	Halton Stadium	Halton Stadium	Brindley Theatre		
Friday 11 th August	10am-3pm	Barnstondale Activity Centre	9.15am	9am	3.45pm	3.30pm	10	£3
			Brindley Theatre	Halton Stadium	Halton Stadium	Brindley Theatre		
Wednesday 16 th August	3pm – 4pm	Velocity, Widnes WA8 0GW	No pick up	No pick up	No drop off	No drop off	15	£2
			Brindley Theatre	Halton Stadium	Halton Stadium	Brindley Theatre		
Thursday 17 th August	11am-12.15pm	Superbowl UK, Widnes WA8 0TA	No pick up	No pick up	No drop off	No drop off	18	£2
			Brindley Theatre	Halton Stadium	Halton Stadium	Brindley Theatre		
Friday 18 th August	11am-12.45pm	Ninja Warrior, Speke	10.15am	10.30am	1.15pm	1.30pm	10	£3

Everton in the Community have announced their summer activities for children and young people aged 7-17 which include trips to Barnstondale activity centre on the Wirral, Ninja Warrior in Speke, plus activities at Velocity and Superbowl in Widnes.

To book your place please call the team on **07975784613** or email- mark.dolan@evertonfc.com – they will need to take some details of the young person and parent / guardian for consent. Places are limited and are on a first come, first served basis.

Please note that lunch is not provided for any of the activities, and young people coming on the Barsntondale trip will need to bring their own lunch, plus it's recommended to bring a change of clothes in case there are any activities that mean getting wet or muddy!

If for any reason you cannot make one of the activities you have booked on to please inform the team at Everton in the Community with enough notice where possible in order for them to arrange for someone else to attend and save the place going to waste.

Feeding children during the summer holidays

**How to feed your Child 3 Meals Per Day
for £1.60 during the Summer Holidays**
(without having to cook)



Breakfast

Get 2 Toasted Crumpets with Jam & Butter FREE at Morrisons Cafes until August 16th when you 'Ask for Ellen'

(Not Just Kids)



Lunch

Kids eat at Asda Cafes for £1 with NO adult spend required until 4th September

(Unlimited Kids)



Dinner

Get a Free Childs meal when you spend just 60p at Tesco Cafes until September 1st 2023

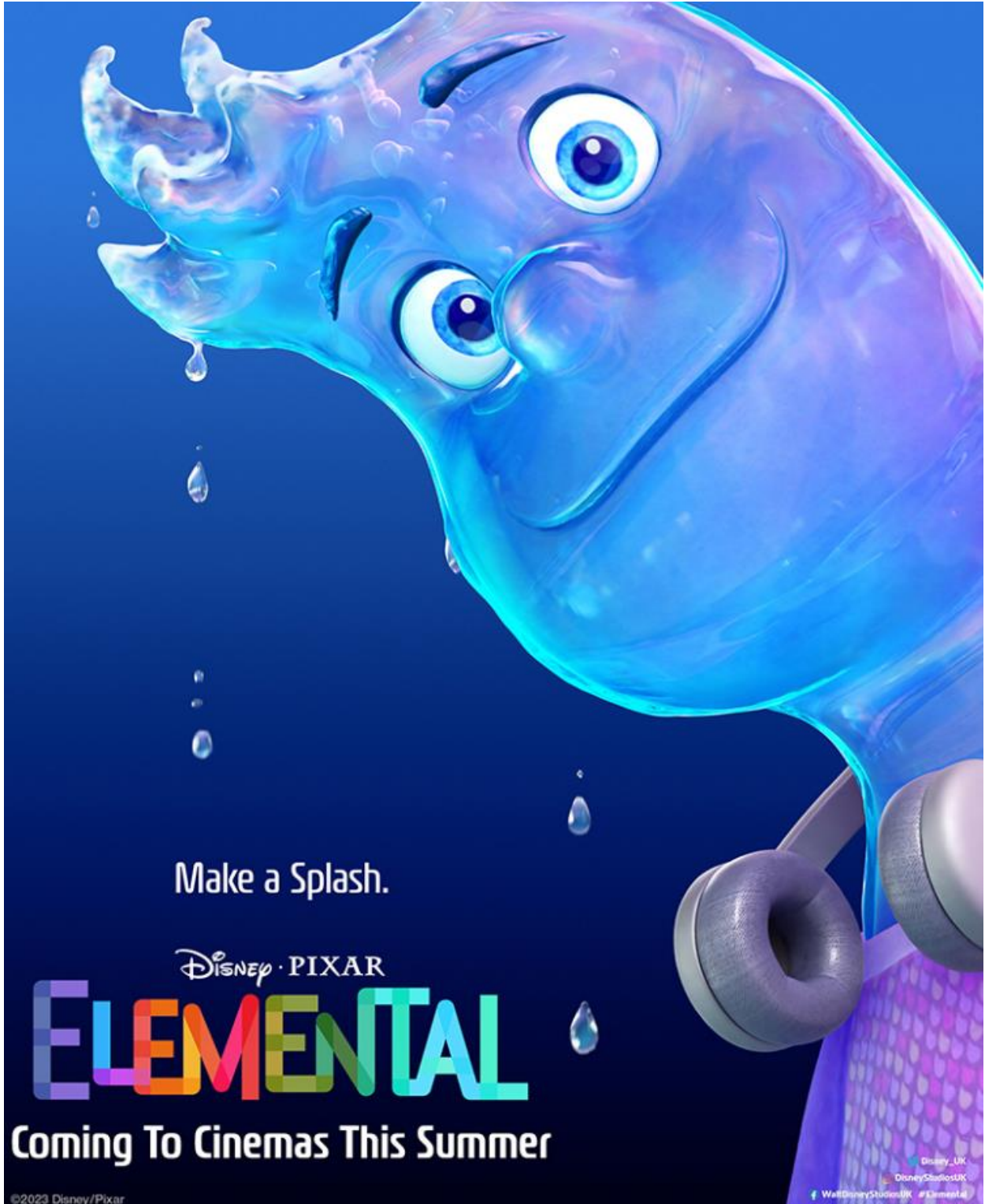
(Excludes Weekends)

[Moneysavingcentral.co.uk/kids-eat-free](https://www.moneysavingcentral.co.uk/kids-eat-free)

There are lots of offers out there to help feed the kids over the summer holidays, including this tip from Money Saving Central for breakfast, lunch, and dinner for a total of £1.60 per day.

Check out the full list of deals and participating restaurants and cafes on the [Money Saving Central website here](https://www.moneysavingcentral.co.uk).

**Autism friendly film screenings at Cineworld
Runcorn**



The next autism friendly film screening at Cineworld Runcorn is Disney's Elemental on Sunday 6th August at 11am.

[Click here to watch the trailer and book your tickets!](#)

Summer Holiday activities across Halton



There are lots of **FREE activities** during the Summer holiday period for school aged children, from **Reception to Year 11**, who receive benefits-related to free school meals.

There are also a number of places available to other vulnerable groups of children and young people, such as SEND, Young Carers, and young people not in education, employment or training (NEET). Most of the activities are 4 hours a day, over 4 days and include a **FREE Lunch each day**.

Activities are available in both Runcorn and Widnes and include sport, drama, arts, music and health and wellbeing activities. Here's a selection below of some of the many activities on offer, and we'll continue to promote these through our newsletter over the summer. [Visit the Halton Borough Council website here](#) to see all the flyers for the activities, and you can [click here to find out more about the services available for children and young people across Halton](#).

You can also [click on this link](#) for a full up-to-date list of the activities and a google map showing the areas in Halton where activities will be taking place long with the providers contact details and information on accessibility for children and young people with SEND (the table with the list of SEND keys is below).

You can also find out more information on the [Halton Local Offer page online](#) or contact the [Short Breaks Service for Children with Disabilities](#) team too.

Halton Local Offer



SEND Keys – Youth Provision

Want to find out if the provision offers activities for children and young people with SEND?

Check out the table below for the SEND Keys guide

Activities can offer SEND specific and SEND accessible activities for children and young people across the youth programme

SS – SEND Specific:	Solely for children and young people with SEND and their families
S – SEND Friendly:	Venue or event where providers have general SEND awareness and small adjustments can be made
SA - SEND Accessible:	Physically accessible venue or event
F – Family Friendly:	Accessible for all families

Mako Create summer activities

FREE

HOLIDAY ACTIVITY FUND

SUMMER ACTIVITIES FOR YOUNG PEOPLE



**Mako
CREATE**

Free fun and creative workshops for young people (school years 4-6) in Halton who are eligible for free school meals, a support plan or an EHC Plan. **Free lunch provided for all attendees!**



RETRO VIDEO GAME DESIGN

Date: Tuesday 8th - Friday 11th August
Time: 9:00am - 12:30 pm
Location: Grangeway Community Centre,
Runcorn, WA7 5HA



SIGN UP HERE:



CODING AND ROBOTICS

Date: Tuesday 15th - Friday 16th August
Time: 9:00am - 12:30 pm
Location: Grangeway Community Centre,
Runcorn, WA7 5HA



SIGN UP HERE:



DIGITAL MUSIC MAKING

Date: Tuesday 22nd - Friday 25th August
Time: 9:00am - 12:30 pm
Location: Grangeway Community Centre,
Runcorn, WA7 5HA



SIGN UP HERE:



ANIMATION EXPLORATION

Date: Tuesday 29th August - Friday 1st September
Time: 9:00am - 12:30 pm
Location: Grangeway Community Centre,
Runcorn, WA7 5HA



SIGN UP HERE:



There are still places available for Mako Create's summer activities workshops taking place at Grangeway Community Centre in Runcorn during August.

Sessions are available for young people in school years 4-6 which will take place from 9am-12.30pm, while the workshops for young people aged 11-16 will take place from 1pm-3.30pm. [Click here to find out more and book your places.](#)

FREE HOLIDAY ACTIVITY FUND SUMMER ACTIVITIES FOR YOUNG PEOPLE



Free fun and creative workshops for young people (school years 7-11) in Halton who are eligible for free school meals, a support plan or an EHC Plan. Free lunch provided for all attendees!



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SIGN UP HERE:



Multiflex School Sports Holiday Clubs



Multiflex SCHOOL SPORTS **Multiflex** SCHOOL SPORTS

Pewithall Summer Holiday Club (HAF)

Funded by the Department for Education

Activity:
Multi-sports Club
Different sports activities and fun games to choose from each day.

S- Send Friendly Club

Dates:
Week 1: 24th July - 28th July
Week 2: 31st July - 4th Aug
Week 3: 7th Aug - 11th Aug
Week 4: 14th Aug - 18th Aug

Time:
8.50am - 3.20pm

We will provide a FREE lunch every day your child attends the club

Age Group:
Reception - Year 6

Price
FREE

To make a booking visit: www.multiflex-sports.co.uk

Multiflex School Sports are holding their summer sports clubs for children and young people aged 4-11 at Pewithall and Runcorn Linnets with various dates up until Friday 18th August.

Spaces are still available, [visit their website here for more information and to book your places.](http://www.multiflex-sports.co.uk)

**Runcorn Linnets Easter
Holiday Club (HAF)**

Multiflex SCHOOL SPORTS **Multiflex** SCHOOL SPORTS

Funded by the Department for Education

Activity:
Multi-sports Club
Different sports activities and fun games to choose from each day.

S- Send Friendly Club

Dates:
Week 1: 24th July - 27th July
Week 2: 31st July - 3rd Aug
Week 3: 7th Aug - 10th Aug

Time:
8.50am - 3.20pm

We will provide a FREE lunch every day your child attends the club

Age Group:
Reception - Year 6

Price
FREE

To make a booking visit: www.multiflex-sports.co.uk

This newsletter provides general information and resources for parents and carers of young people with SEND, and for professionals who support them. Please note, while we take every care to ensure the information we share is accurate the information provided is not a direct recommendation from the Short Breaks Service and we recommend that you complete your own research about the information and events we signpost.

We recognise that not all of the information in this newsletter will be relevant to everyone included on the mailing list. If there is some specific information you would

like to see more of, or information from a certain service that you'd like to share please let me know and I will try to include next time. If you do not wish to continue receiving this newsletter, please let me know.

Julie.Pennington@halton.gov.uk

Short Breaks Service for Children with Disabilities Halton Borough Council

Tel: 0151 511 6560

Email: AimingHigh.forDisabledChildren@halton.gov.uk