



'Understanding your child with additional needs'

A new online course for parents.



This online course is for parents, relatives and friends of children who have a physical or learning disability, or may have autistic traits. In the UK, you may be within the SEND (Special Educational Needs and Disability) system. Some parents describe their child as differently abled, or neuroatypical.

It is equivalent to a:



A **BIG** course, with lots of relevant content.

This course is in two sections:



Lays the foundation for understanding your child.



Looks at some particular aspects of parenting: sleeping and anger management.

Once you've finished level 1 you can progress onto level 2 if you'd like.

A total of:



15-20 mins each.

Some of what this course covers:

- How your child develops
- Understanding how your child is feeling
- Tuning into what your child needs
- Different styles of parenting
- Why is sleep important

Further details:

www.inourplace.co.uk | www.solihullapproachparenting.com | solihull.approach@heartofengland.nhs.uk