



Online course for residents of
Halton

'Understanding your feelings (for teenagers only!)

Feeling overwhelmed? Confused? Want to know more about your feelings? Your thoughts?

- Includes a Module on the emotional effects of the COVID-19 pandemic

Emotions are powerful!
Find out more!

Go to:

www.inourplace.co.uk

and enter the 'access code'

TOGETHER

to gain **FREE** (prepaid)
access where eligible



 8 Modules



For technical support, contact:
support@inourplace.co.uk
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