



Short Breaks Service



For Children with Disabilities

Newsletter w/c 15th May 2023

This newsletter contains events and updates from various services around Halton, as well as other general information which you may find useful. You can find out more information on the [Halton Local Offer page online](#) or contact the [Short Breaks Service for Children with Disabilities](#) team too.

Halton SEND Parent Carer's Forum

The poster features a dark blue background with a graphic of three overlapping speech bubbles in yellow, cyan, and magenta. The text is arranged in a list format, with each event date in a colored rounded rectangle on the left and event details on the right. The website and contact information are at the bottom.

Halton SEND PARENT Carer's Forum
Your voice counts

UPCOMING EVENTS

- MAY 18**
BRIDGEWATER PARK SCHOOL PARENT DROP IN 9.30AM
Bridgewater Park Primary School, Plantation Close, Castlefields, WA7 2LW
HSPCF AUTISM & PUBERTY - EMMA EAGER 7.30PM
Join us direct on zoom - [click here](#)
- MAY 19**
FAMILY PIZZA AND CRAFT NIGHT
FULL
- MAY 24**
LIVING IN A NEURODIVERSE WORLD
WOODVIEW AT 12 (Noon)
Join us direct on zoom - [click here](#)
- MAY 25**
COFFEE CAKE & CHAT - 10AM TO 12 (Noon)
The Community Shop, Priory House, Northway, Palace Fields, Runcorn WA7 2FS

www.haltonparentcarersforum.org.uk www.haltonsendcarersforum.org.uk - info@haltonsendpcf.org.uk

Halton SEND Parent Carers Forum have lots of activities and events planned across May, including their next parent drop-in session at Bridgewater Park Primary School Runcorn on Thursday 18th May from 9.30am.

Plus, don't forget the next Zoom meetings with professionals:

- **Autism and Puberty with Emma Eager**
– **Thursday 18th May 2023 7:30pm**
- **Living in a Neurodiverse World with Woodview**
- **Wednesday 24th May 12noon**

You can also visit [their Facebook page](#) or website: haltonsendcarersforum.org.uk to access the Zoom information. They have also announced their May activities and events calendar:

If you are not a member of the forum you can contact the team by emailing admin@HaltonSendPCF.org.uk or Kelly.Dace@Haltonsendpcf.org.uk.

Council for Disabled Children launch FLARE group



The Council for Disabled Children are looking for disabled young people and young people with special educational needs aged 12 – 18 years old to be part of their young people's advisory group FLARE.

FLARE stands for Friendship, Learning, Achieve, Reach and Empower and will represent the views and voices of young people with special educational needs and disabilities all over England. FLARE works together to share their views and experiences to help the Department for Education and other teams to understand how disabled children and young people and those with SEN want to receive the support and services they need.

Interested? [Check out the website here for more information](#) – applications must be received by **Friday 19th May**.

Mental Health Awareness Week 2023

15 to 21 May 2023

**Mental Health
Awareness Week**



#ToHelpMyAnxiety

This year's Mental Health Awareness Week 2023 is focusing on anxiety to raise awareness and understanding to prevent it becoming a problem.

Anxiety is a normal emotion in us all, but sometimes it can get out of control and become a mental health problem.

As part of the week's activities and events **Thursday 18th May** is 'Wear it Green' Day to further highlight the importance of good mental health. You can find lots of useful information, resources and support on line at mentalhealth.org.uk.

Parents and Carers information and catch-up sessions



Short Breaks Service for Children with Disabilities

Parents and Carers Catch Up sessions

- **Tuesday 16th May 2023**

**12.30pm to 2.30pm at Halton Lodge Children's
Centre Grangeway Runcorn**

- **Thursday 18th May 2023**

**5pm - 7pm at Kingsway Learning Centre
Victoria Road Widnes WA8 7QY**

Join the Short Breaks Service for Children with Disabilities team for our regular opportunity to meet staff from the team and share your views and ideas in a relaxed and informal setting.



The sessions are an opportunity to provide feedback alongside giving your views and suggestions for future events and ideas for the kinds of services you'd like to see in Halton. Plus we'll be sharing information on our latest family events with the chance to book your places! Places are limited so for more information and to book your place please call 0151 511 6560 or email:

AimingHigh.forDisabledChildren@halton.gov.uk

Halton Supported Internship programme – information session

HALTON SUPPORTED INTERNSHIP PROGRAMME

INTERNSHIP



**For young people aged 16 - 24 who want to get a job and need
extra support to do this**

Halton Borough Council's Employment, Learning and Skills Division (Halton People into Jobs and Halton Adult Learning) will be delivering a supported internship programme in September for young people aged 16 - 24 who want to get a job and need extra support to do this.

Eligibility

Young people 16-24 with an Education Health and Care Plan who want to work.



Halton Supported Internship programme is holding their next information session on Tuesday, 30th May for young people and parents/carers who want to find out more about Supported Internships in Halton.

The information session will be held on **Tuesday 30th May 2023, 5pm - 6pm at Kingsway Learning Centre, Victoria Road, Widnes, WA8 7QY**

To book a place contact: **Lynsey Carr on 0151 511 7547**

lynsey.carr@halton.gov.uk or Stephanie Bartlett on 0151 511 6794

Stephanie.Bartlett@halton.gov.uk

The sessions are really informative and an opportunity for young people and parents/carers to have a look around the centre and to ask any individual questions/concerns that they may have. The sessions are really useful for young people / parents thinking about this as an option in the future not just if they are wanting to start in September 2023.

Half-term fun at Rebounders Therapy

Family Fun sessions at Rebounders Half Term Week 30th May-2nd June

*We are
FAMILY*

Trampolines Ballpit And craft activities

£30.00 Family
ticket, up to six
children

[https://
bookwhen.com/
reboundersthera
py](https://bookwhen.com/rebounderstherapy)

*My
Happy
Place*



Rebounders therapy centre are holding lots of fun from 30th May-2nd June with fully inclusive hire of the centre for one hour and lots of activities available. [Visit their Facebook page](#) for more information and [click here to book a session](#).

Disability Awareness Day is coming soon



DISABILITY AWARENESS DAY
www.disabilityawarenessday.org.uk 01925 240064

DISABILITY AWARENESS DAY



#DAD2023
SUNDAY 16th JULY
10am - 4:30pm
Walton Gardens
Warrington WA4 6SN

Promoting Independence Through Life & Work

- 100's Support Groups & Services
- Equipment & Vehicle Suppliers
- Performing & Visual Arts Marquees
- Sports Zone
- Main Arena
- Family Entertainment



Email: k.picken@disabilitypartnership.org.uk Or Call: **01925 240064**

Scan to visit our website



Disability Awareness Day 

Principal Sponsors



United Utilities
Water for the North West



EXPANSE
LEARNING

Organised by



Warrington Disability Partnership



disability trading company

Save the date for this year's Disability Awareness Day - **Sunday 16th July 10am-4.30pm at Walton Gardens Warrington.** Find out more on their [website here](http://www.disabilityawarenessday.org.uk) or [follow them on Facebook](https://www.facebook.com/disabilityawarenessday) and their social media.

Celebrate Eurovision with Inclusivitee



COME ALONG AND HAVE SOME EURO FUN

INCLUSIVITEE CIC

MOON MEADOW
SCOUT HUT,
FARNWORTH ST.,
WIDNES,
WAB 9LH

SATURDAY 20TH MAY
SATURDAY 27TH MAY
12.30 - 4.30PM

CHILDREN & YOUNG PEOPLE (CYP) AGED 10-19

LETS CELEBRATE THE EUROVISION SONG CONTEST COMING TO LIVERPOOL

FOR CYP AND FAMILIES WITH SEND LIVING IN HALTON

COME ALONG AND HAVE SOME FUN, SAMPLE EUROPEAN FOODS, FUN QUIZZES WITH PRIZES, EUROPEAN FLAG PAINTING, LEARN FAMOUS EUROPEAN LAND MARKS AND LOTS MORE OF OUR USUAL FUN.

Sample some European cuisine all needs will be met for all CYP and own food and drink can be brought if required

Spaces are limited, please email to register for a place
Inclusiviteeuk inclusiviteeuk@gmail.com

 Inclusivitee CIC
[email: inclusiviteeuk@gmail.com](mailto:inclusiviteeuk@gmail.com)



Don't forget to join the team from Inclusivitee on **Saturday 20th and Saturday 27th May 12.30pm-4.30pm** to celebrate Eurovision coming to Liverpool! Come along and have some fun at Moon Meadow Scout Hut, Farnworth St. Widnes, the 'all needs met' inclusive session is open to all children and young people aged 10-19.

Spaces are limited so register for a place by emailing inclusivitee@gmail.com or [check out their Facebook page for more details.](#)

Half-term activities at Brookvale

May 2023 Holiday activities.

Brookvale
Community
Centre

A short but sweet set of days to fill up the calendar this May

Spaces remaining!

Cheshire youth committee workshop		An exciting opportunity to visit our new youth room, play some Mario kart and answer some questions for the Cheshire youth committee.	Tuesday 30th May: 13:00-15:00	Age: 14 to 25	10
Cooking with Joe		Bake, decorate and take biscuits home with help from Joe on the greatest day of the year. National biscuit day!	Wednesday 31st May 12:00-14:00	Age: 7 to 14	10
BEAR BUILDER By sewing bee		Make your very own plushie to take home with help from the sewing bee group!	Thursday 1st June 13:00-15:00	Age: 7 to 14	10
SCARECROW MAKING COMPETITION		A plague of birds has descended upon the green fingers gardening group allotment and we need YOUR HELP!	Thursday 1st June 11:00-12:00	Age: 5 to 9	12



Interested? Follow the link or use the QR code or go to our eventbrite.com!

Eventbrite link:

<https://www.eventbrite.com/cc/may-holiday-activities-1935459>

Contact us:

Youthgroup@brookvalecommunitycentre.com



Scan this with your phone camera to get there!



ADDRESS:
Northwich Rd,
Brookvale, Runcorn
WA7 6PE

Help us keep our activities free!

If you change your mind or can't make it to the activities, **No worries!** please let us know, Or cancel your eventbrite ticket, that way you can open up a space for someone else and we can reach more people!

Brookvale Community Centre have activities running during half-term for children and young people of all ages, including cooking with Joe, and Bear Builder for ages 7-14, and a scarecrow making competition for 5 to 9 year olds. [Click here to view the activities and book your places.](#)

Dynamic Sports Soccer Camp

MAY HALF TERM

SOCCER CAMP



FA AFFILIATED
COACHES

30 FREE PLACES AVAILABLE



**TUESDAY 30TH
& WEDNESDAY 31ST
MAY 2023**
9AM - 3PM DAILY



**BROOKVALE
RECREATION
CENTRE**
RUNCORN WA7 6EP

AVAILABLE FOR YOUNG PEOPLE AGED 10-17



To book your place David Todd

07712 637360

dynamic-sportscoaching@outlook.com

Please provide full name, age,
post code and any additional
information when booking.
Please ensure children bring
relevant clothing, footwear,
packed lunch and a drink with
name clearly written on it.



Dynamic Sports are holding their popular Soccer Camp for young people aged 10-17 on **Tuesday 30th May and Wednesday 1st June 9am-3pm** at Brookvale Recreation Centre – and there are 30 free spaces available!

To book your place call **David Todd on 07712 637360** or email dynamic-sportscoaching@outlook.com or [check out their Facebook page](#) for more information.

New Occupational Therapy advice line

CALL US
ON

0151 495 5444



Bridgewater
Community Healthcare
NHS Foundation Trust

Are you struggling to get your child to use cutlery properly at home?

EAT & DRINK



Do you need advice for practicing skills with your child i.e. dressing, toothbrushing, zips and buttons?

SELF CARE



Do you know a child who is finding handwriting or cutting with scissors difficult?

SCHOOLWORK



Are you a teacher who wants some ideas for improving fine motor skills with kids in your class?

FINE MOTOR



**HALTON
OCCUPATIONAL
THERAPY
ADVICE LINE**

TUESDAYS 9AM-11AM



POSTURE

Are you a teacher who has noticed a child in your class slumping forwards or always fidgeting in their seat?



SENSORY

Does your child struggle to do their work because of background noise or refuse to get dressed because their clothes don't "feel right"?



BABY

Do you have concerns about how your baby is using their hands for reaching or play?



REFERRALS

Are you confused about what OT's can offer? Do you want to talk to us before making a referral?

Bridgewater Community NHS Trust's 0-19 service has launched a new Occupational Therapy advice line **every Tuesday between 9am-11am**. Call **0151 495 5444** for advice and guidance on a range of issues. [Find out more on their Facebook page here.](#)

The Sensory Hive need your views on Summer Club!

The graphic features a large yellow sun in the top left corner. The title 'Summer Club' is written in a large, blue, cursive font. To the right is the 'The Sensory Hive' logo, which consists of a colorful hexagonal shape with a bee flying above it. Below the title, the text 'when: Mon 24th July - 6 weeks' and 'Where: The Sensory Hive' is displayed. A photograph of a sensory play area with blue metal frames and mesh walls is shown, with several orange balls on the floor. Overlaid on the photo is the text 'A Summer Holiday club where our fully trained staff will supervise your child.' At the bottom, the email address 'hello@thesensoryhive.co.uk' is written in a bold, black font.

Summer Club

when: Mon 24th July - 6 weeks
Where: The Sensory Hive

A Summer Holiday club where our fully trained staff will supervise your child.

Email hello@thesensoryhive.co.uk

The Sensory Hive are planning to run a summer club over the six week holidays, where you can drop off your child for a few hours play. They would like your help to shape their summer activities – please email hello@thesensoryhive.co.uk with the following information:

- How many times a week would you come?
- How many weeks would you use the service?
- How old would your child be on 24th July

You can also [check out their Facebook page](#) for more information.

Vibe Outdoors Club



Halton short breaks **OUTDOORS!**

Halton Short Breaks Outdoor programme is funded by Halton council for SEND young people eligible for short breaks provision.

This programme comprises monthly outdoor sessions involving a range of indoor/outdoor adventurous activities chosen by the young people & suited to the young peoples needs.

Junior Club
AGE 8-11
9.30am - 12.30pm

Youth Club
AGE 12-17
1.30pm - 4.30pm

UPCOMING SESSION DATES:
Wednesday 31st May
Saturday 24th June
Friday 21st July
Friday 18th August

*Later dates TBC

Free transport!
Collection Points will be:
Runcorn: Old Police Station, Mersey Road
WA7 1DF
Widnes: McDonalds, Moor Lane,
WAB 7AP

Register your interest by scanning the QR code:



vibeuk.org



Don't forget that this month the Vibe Outdoors Juniors and Seniors Club will be holding Pond Dipping, Bug Hunts, and Orienteering **on Wednesday 31st May**. The Juniors session will run 9.30am to 12.30pm with the Seniors in the afternoon 1.30pm to 4.30pm. To register [click here for the Juniors session](#) and [click here for the Seniors](#).

They have also announced the upcoming dates for the clubs on Saturday 24th June, Friday 21st July and Friday 18th August – [click here to register your interest](#).

MAX cards



As the weather hopefully starts to improve don't forget that Max Cards are available for our families in Halton.

The card is designed to help families save money on great days out at castles, zoos, bowling alleys and more.

You can visit the **MAX Card website** for further details or check out **the Local Offer**. Cards cost £2.50 and can be collected from Warrington Road Children's Centre in Widnes, or Glendale Family Centre in Runcorn (available Monday to Friday 9am to 4.30pm – please note, it is cash payments only).

You can email **AimingHigh.forDisabledChildren@halton.gov.uk** or call 0151 511 6560 for more details

This newsletter provides general information and resources, though not all of it will be relevant to everyone included in the mailing list. If there is some specific information you would like to see more of, or information from a certain service please let me know and I will try to include next time. If you do not wish to continue receiving this newsletter, please let me know.

Julie.Pennington@halton.gov.uk

Short Breaks Service for Children with Disabilities Halton Borough Council

Tel: 0151 511 6560

Email: **AimingHigh.forDisabledChildren@halton.gov.uk**