



## Short Breaks Service



### For Children with Disabilities

#### Newsletter w/c 3<sup>rd</sup> April 2023

This newsletter contains events and updates from various services around Halton, as well as other general information which you may find useful. You can find out more information on the [Halton Local Offer page online](#) or contact the [Short Breaks Service for Children with Disabilities](#) team too.

### ChAPS April newsletter



[Cheshire Autism Practical Support \(ChAPS\)](#) is a registered charity who offer practical advice, support and services across Cheshire for families of young people with Autism Spectrum Condition or Asperger's Syndrome whether diagnosed or not.

They run monthly parents meetings, positive parenting courses helping with behaviour, anxiety etc., activities for children, young people and adults on the spectrum, and lots more.

Their April newsletter is now available and a copy is attached to this email.

Don't forget they also have a wonderful calming sensory room available to hire at their base in Northwich. The cost is £25 an hour or for a family when visiting the café the cost is £2.50 per family. Gift vouchers for the sensory room are also available. To make a booking please contact [chloe.carter@cheshireautism.org.uk](mailto:chloe.carter@cheshireautism.org.uk) or [click here to visit their website](#).

### Easter and Spring activities at Halton Children's Centres



Our Halton Children's Centres are offering a whole host of activities during Easter and throughout spring, including Easter egg hunts, arts and crafts, and story time, as well as all their regular classes, activities and sessions.

Check out the timetables for both the [Runcorn](#) and [Widnes](#) centres on the [Halton Borough Council website](#) and check out the [Facebook pages](#) for each of the centres across Halton.

## Upcoming events with Halton SEND Parent Carer Forum



The poster features a dark blue background with a geometric pattern. At the top left is the logo for Halton SEND Parent Carer's Forum, which consists of three overlapping speech bubbles in yellow, cyan, and magenta. Below the logo is the text 'Halton SEND PARENT Carer's Forum Your voice counts'. To the right of the logo, the words 'UPCOMING EVENTS' are written in large, bold, yellow and white capital letters. Below this, five event listings are presented, each with a date in a colored rounded rectangle, followed by the event title and location. The events are: 1. APR 20: COFFEE CAKE & CHAT - 10AM TO 12PM, Community Shop Runcorn - WA7 2FS. 2. APR 27: PARENT DROP IN SESSION 9.30AM TO 11AM, Oakfield Community School, Edinburgh Road, Widnes, WA8 8BQ. 3. APR 27: PARENT DROP IN SESSION 13.30PM TO 14.30PM, BROOKFIELDS SCHOOL, MOORFIELD ROAD WIDNES WA8 3JA. 4. APR 27: SUPPORT FOR YP & PARENTS WITH TOURETTES AND TICS, Professional Zoom @ 7.30PM. 5. APR 28: CRAFT AND PIZZA, Hummingbirds Art Studio, Runcorn, WA7 2AN - FULL. At the bottom, the website 'WWW.HALTONSENDCARERSFORUM.ORG.UK' and email 'EMAIL: INFO@Haltonsendpcf.org.uk' are listed. A small watermark 'Made with PosterMyWall.com' is visible in the bottom left corner.

**APR 20** COFFEE CAKE & CHAT - 10AM TO 12PM  
Community Shop Runcorn - WA7 2FS

**APR 27** PARENT DROP IN SESSION  
9.30AM TO 11AM  
Oakfield Community School, Edinburgh Road, Widnes,  
WA8 8BQ

**APR 27** PARENT DROP IN SESSION  
13.30PM TO 14.30PM  
BROOKFIELDS SCHOOL, MOORFIELD ROAD WIDNES WA8 3JA

**APR 27** SUPPORT FOR YP & PARENTS WITH  
TOURETTES AND TICS  
Professional Zoom @ 7.30PM

**APR 28** CRAFT AND PIZZA  
Hummingbirds Art Studio, Runcorn, WA7  
2AN - FULL

WWW.HALTONSENDCARERSFORUM.ORG.UK

EMAIL: INFO@Haltonsendpcf.org.uk

Made with PosterMyWall.com

Halton SEND Parent Carers Forum have lots of activities and events planned across April, including their next coffee, cake and chat morning on Thursday 20<sup>th</sup> April at the Community Shop Priory House, Northway, Palacefields, Runcorn WA7 2FS, and there are also parent drop-in sessions on Thursday 27<sup>th</sup> April at both Oakfield and Brookfields schools in Widnes.

Plus, don't forget the next Zoom meeting with professionals:

- Support for young people and parents with Tourette's and Tics  
– Thursday 30<sup>th</sup> March 2023 7:30pm

If you are not a member of the forum you can contact the team by emailing [admin@HaltonSendPCF.org.uk](mailto:admin@HaltonSendPCF.org.uk) or [Kelly.Dace@Haltonsendpcf.org.uk](mailto:Kelly.Dace@Haltonsendpcf.org.uk).

You can also visit [their Facebook page](#) or website: [haltonsendcarersforum.org.uk](http://haltonsendcarersforum.org.uk) to access the Zoom information.

## Easter family fun at Rebounders Therapy

# Easter Family Fun at Rebounders



FULLY INCLUSIVE HIRE FOR  
ONE HOUR, BALL-PIT,  
TRAMPOLINES AND EASTER  
ACTIVITIES AVAILABLE



MONDAY 3RD-7TH  
APRIL  
MONDAY 10TH-12TH  
APRIL



FAMILY TICKET  
£25.00  
FOR UP TO  
SIX PEOPLE



Join the team at Rebounders Therapy for their Easter family fun sessions, Monday 3<sup>rd</sup> to Friday 7<sup>th</sup> and Monday 10<sup>th</sup> to Wednesday 12<sup>th</sup> April. Family tickets for up to six people are £25 for one hour fully inclusive hire.

**Book now by clicking on this link** or check out **their Facebook page**.

## Digital Art with Mako Create

**HALTON SHORT BREAKS**

# *Digital Art with procreate*



**Halton Lea Library, Runcorn**

**Saturday 15.4.23**

**11am-1pm for ages 8-17**

**Mako  
CREATE**



Join the team at Mako Create for their Digital Art with procreate session on Saturday 15<sup>th</sup> April 11am-1pm at Halton Lea Library. The two-hour session is aimed at young people with additional needs aged from 8 to 17, and the hands-on workshop will get them using an iPad and a digital stylus to create their own art on the popular digital art application Procreate.

You can [click here to find out more and book your place.](#)

## Free Learn to Ride sessions

# FREE

## Learn to Ride Cycle Sessions

Sessions for age 4-12 9:30 - 15:00



**Thursday 13 April**

at Brookvale Recreation Centre, Runcorn

**Friday 14 April**

at Frank Myler Pavillion, Widnes

- First steps to cycling and learning to ride without stabilisers
- Confidence building and proficiency skills for older children
- Tips how to complete bike checks

**Limited places available. First come first served.**



To book please call Michelle Simpson 0151 511 8708 or email [michelle.simpson@halton.gov.uk](mailto:michelle.simpson@halton.gov.uk)



The popular learn to ride sessions are running over the Easter holidays for children and young people aged from 4 to 12:

- Brookvale Recreation Centre Runcorn – **Thursday 13<sup>th</sup> April**
- Frank Myler Pavillion Widnes – **Friday 14<sup>th</sup> April**

Both sessions are running from **9.30am-3pm**, places are limited so please call Michelle Simpson on **0151 511 8708** or email [michelle.simpson@halton.gov.uk](mailto:michelle.simpson@halton.gov.uk) to book!

## Halton's Social Supermarkets

# New Social Supermarkets Launched

4 new community projects open to all that will sell food and household goods from major retailers at a discounted rate. To help individuals and families make their household budget go that bit further.

### Queens Pantry

Queens Avenue, Ditton,

Widnes, WA8 8GR

**Open:** Monday-Friday 10-4

### Halton Royal British Legion

Castle Road, Runcorn, WA7 2BE

**Open:** Tuesday 12-1, Wednesday 12-1, Thursday 6-7, Sunday 12-1

### The Route

Grenfell House, 116 Widnes Road,

Widnes, WA8 6AX

**Open:** Monday-Friday 10-4

### Community Pantry

Palacefields Community Centre,

The Uplands, Runcorn, WA7 2UA

**Open:** Wednesday 10-12

Made Possible with support from Halton Housing and Kawneer



Feeding Halton's Affordable Food Network has four community settings called 'Social Supermarkets' offering affordable food, essentials, and wraparound support for local residents. The network has helped 11,000 households save more than £3.3 million each year on their shopping.

Find out more on [their website here](#) or drop in to one of the four locations in Widnes and Runcorn.

## Free breakfasts at Morrisons and £1 lunches at Asda

Morrisons have launched their Breakfast Club in partnership with Kelloggs. Families simply need to visit their local Morrisons cafe and order the “Kellogg’s breakfast” before 11am. Morrisons will also be continuing to run its “Kids Eat Free” promotion, meaning families can access a free kids meal when purchasing an adult meal costing £4.49 or more.

At Asda children eat for £1 all day, every day with no adult spend until the end of Easter 2023. They are now also including a free piece of fruit such as an apple, pear or banana when purchasing the hot kids £1 meal deal.

There are lots of offers to keep the kids fed over the Easter holidays – [click here to see a list of the most popular](#).

## Easter Holiday Activities



Halton Borough Council has secured additional funding to enable local providers to offer **FREE activities** during the Easter holiday period to school aged children, from **Reception to Year 11**, who receive benefits-related to free school meals.

There are also a number of places available to other vulnerable groups of children and young people, such as SEND, Young Carers, and those not in Education, Employment or Training (NEET). Most of the Activities are 4 hours a day, over 4 days and include a **FREE lunch each day**.

[Click here for a list of the activities and a google map](#) showing the areas in Halton, where activities will be taking place and the providers contact details. New activities and events are still being announced – check out some of these below and keep an eye on the link above too as there are still places available for some events. There is also information on [the Halton Local Offer](#) too.

Halton Local Offer	
<b>SEND Keys – Youth Provision</b>	
<b>Want to find out if the provision offers activities for children and young people with SEND?</b>	
Check out the table below for the SEND Keys guide	
Activities can offer SEND specific and SEND accessible activities for children and young people across the youth programme	
<b>SS – SEND Specific:</b>	Solely for children and young people with SEND and their families
<b>S – SEND Friendly:</b>	Venue or event where providers have general SEND awareness and small adjustments can be made
<b>SA - SEND Accessible:</b>	Physically accessible venue or event
<b>F – Family Friendly:</b>	Accessible for all families

## Wellbeing sessions at St. Martin's Murdishaw

**HAF Easter 2023  
Wellbeing sessions**

**3-14 April 2023**

**ALL sessions take place at  
St Martins School, Murdishaw  
WA7 6HZ**

**Monday - Thursday  
3-6 April 9-12**

**Tuesday - Friday  
11-14 April 9-12 & 12.30-3.30**

**SEN Friendly sessions**

**FREE LUNCH  
CRAFTS, GAMES,  
CAMP CURIOSITY,  
HUMMINGBIRD ART  
STUDIO,  
HULA HULA FUN CIRCUS  
SKILLS**

**Get in touch now to book**

**[www.rechargeandrestorecic.co.uk](http://www.rechargeandrestorecic.co.uk)**

**call/text 07808 160315 or  
07533 044283**

Recharge  
Department  
for Education  
HALTON

Restore and Recharge CIC are holding SEN friendly wellbeing sessions at St. Martin's School Murdishaw across the two weeks of the Easter holidays. Find out more more [on their website here](http://www.rechargeandrestorecic.co.uk) or call/text 07808 160315 or 07533 044283.



## Easter activities with Vibe



**vibe**  
HAF Eggstreme  
Easter fun

 Crow Wood Park

 5th and 6th April 2023

 12-4pm

 Bubble Football  
Wheels Extreme  
Easter arts and crafts  
Easter Egg Hunt

 Food and drink provided

**SEND Key**

**S** **F**

**SA**

**Young people aged 8-16**

Eligible Free school meal and Vulnerable groups

PLEASE NOTE: Vibe's Easter activities are outside, please wear weather appropriate clothing, in the event of adverse weather conditions, dates may have to be postponed, check Vibe's socials on the day for any updates.



Department  
for Education

**NO NEED TO BOOK  
JUST TURN UP**



Vibe are holding their Eggstreme Easter Fun activities in Widnes – Wednesday 5<sup>th</sup> and Thursday 6<sup>th</sup> April at Crow Wood park, and Tuesday 11<sup>th</sup> and Wednesday 12<sup>th</sup> April at Spike island. Both venues will host activities between 12pm-4pm and are aimed at young people between age 8-16 – and best of all there's no need to book, just turn up!

# Vibe HAF Eggstreme Easter fun

**Location:** Spike island

**Dates:** 11th and 12th April 2023

**Time:** 12-4pm

**Activities:** Bubble Football  
Wheels Extreme  
Easter arts and crafts  
Easter Egg Hunt

**Food and drink provided**

**SEND Key**

**S** **F**  
**SA**

**Young people aged 8-16**  
• Eligible Free school meal and Vulnerable groups

**PLEASE NOTE:** Vibe's Easter activities are outside, please wear weather appropriate clothing, in the event of adverse weather conditions, dates may have to be postponed, check Vibe's socials on the day for any updates.

Department for Education

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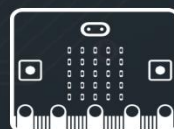
HALTON  
BOROUGH COUNCIL

Vibe are also holding activities in Runcorn - from Monday 3<sup>rd</sup> to Thursday 6<sup>th</sup> April from 12pm to 4pm they will be at Westwood with sports, arts and crafts and a theatre trip. On Tuesday 11<sup>th</sup> and Wednesday 12<sup>th</sup> April from 12pm to 4pm they will be at Glen Skatepark with a football tournament, mini Olympics and Wheels Extreme. And on Thursday 13<sup>th</sup> April they will be at Runcorn Ski slope 12pm-4pm with a free ski tater session, Easter egg hunt, and arts and crafts – more info can be found on the Halton Borough Council [Holiday Activities page here](#).

## Easter activities with Mako Create

HOLIDAY ACTIVITY FUND

# CODING & ROBOTICS



A Free, Fun + Creative mix of hands-on Coding Activities

3RD - 6TH APRIL

10AM - 2PM

@ GRANGEWAY COMMUNITY CENTRE

For Halton Residents who are aged  
8-16 + eligible for free school meals,  
a support plan or an EHCP plan.



**SIGN UP NOW**

[info@makocreate.co.uk](mailto:info@makocreate.co.uk)  
0151 345 1419

SCAN ME



**Mako  
CREATE**



Mako Create are holding activities over the Easter holidays for young people aged 8 to 16. Their Coding and Robotics workshop is on Monday 3<sup>rd</sup> to Thursday 6<sup>th</sup> April 10am-2pm at Grangeway Community Centre. [Click here to book your place.](#)

And their Animation Exploration session will run Tuesday 11<sup>th</sup> to Friday 14<sup>th</sup> April 10m-2pm also at Grangeway Community Centre Runcorn. [Click here to book on.](#)

HOLIDAY ACTIVITY FUND

# ANIMATION EXPLORATION



A Free, Fun + Creative intro to various animation styles + techniques

11TH - 14TH APRIL

10AM - 2PM

@ GRANGEWAY COMMUNITY CENTRE

For Halton Residents who are aged 8-16 + eligible for free school meals, a support plan or an EHCP plan.



**SIGN UP NOW**

**INFO@MAKOCREATE.CO.UK**  
**0151 345 1419**

SCAN ME



**Make  
CREATE**



## **MAX cards**



As the Easter holidays begin don't forget that Max Cards are available for our families in Halton.

The card is designed to help families save money on great days out at castles, zoos, bowling alleys and more.

You can visit the **MAX Card website** for further details or check out **the Local Offer**. Cards cost £2.50 and can be collected from Warrington Road Children's Centre in Widnes, or Glendale Family Centre in Runcorn (available Monday to Friday 9am to 4.30pm – please note, it is cash payments only).

You can email **AimingHigh.forDisabledChildren@halton.gov.uk** or call 0151 511 6560 for more details.

This newsletter provides general information and resources, though not all of it will be relevant to everyone included in the mailing list. If there is some specific information you would like to see more of, or information from a certain service please let me know and I will try to include next time. If you do not wish to continue receiving this newsletter, please let me know.

**Julie.Pennington@halton.gov.uk**

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