

#### **Short Breaks Service**



#### **For Children with Disabilities**

#### Newsletter w/c 30<sup>th</sup> January 2023

This newsletter contains events and updates from various services around Halton, as well as other general information which you may find useful. You can find out more information on the <u>Halton Local Offer page online</u> or contact the <u>Short Breaks Service for Children with Disabilities</u> team too.

#### **Cheshire Autism Practical Support - ChAPs**



<u>Cheshire Autism Practical Support (ChAPS</u>) is a registered charity who offer practical advice, support and services across Cheshire for families of young people with Autism Spectrum Condition or Asperger's Syndrome whether diagnosed or not.

They run monthly parents meetings, positive parenting courses helping with behaviour, anxiety etc., activities for children, young people and adults on the spectrum, and lots more.

You can read their regular newsletters which include details and information on all their activities. A copy of the last newsletter is attached to this email.

For more information on ChAPS you can <u>check out their website here</u>, or **call** 0344 850 8607, or drop them an email at <u>info@cheshireautism.org.uk</u>.

You can also request to **join their Facebook page** where you'll find support, advice and signposting – please note this a private group and only parents will be given access once you are a ChAPS member; no professionals will be admitted.

#### Short Breaks Service Valentine's Crafting and Coffee Morning catch-up for parents and carers



We'll also be enjoying some Valentine's crafting activities while giving you an opportunity to provide feedback alongside your views and suggestions for future events and ideas for the kinds of services you'd like to see in Halton. Plus we'll be sharing information on our latest family events with the chance to book your places!

Places are limited so for more information and to book your place please call 0151 511 6560 or email: <u>AimingHigh.forDisabledChildren@halton.gov.uk</u>

Halton Local Offer



Join the Short Breaks Service for Children with Diasbilities for a Valentine's crafting and catch up coffee morning on Tuesday 7<sup>th</sup> February 10am-12noon at Halton Lodge Children's Centre. Spaces are limited at the Centre so please call 0151 511 6560 or email <u>AimingHigh.forDisabledChildren@halton.gov.uk</u> to book on.

#### <u>After school Activity Hub with Positive Future –</u> <u>Iaunches Monday 6<sup>th</sup> February</u>



https://www.positivefutureltd.co.uk/

## **Activity Hub**

The activity hub is aimed at giving children a safe and caring environment, whilst developing and learning new skills, socialising, and relaxing after a challenging day at education. Parents will have the reassurance of knowing their children are enjoying their activities in a safe and positive environment.

Speak to your family support worker about funding.

Zone 3 - many board

games will be available throughout the session.

> Zone 4 – Kitchen will be available fo bookable slots for cooking skills.

Zone 1 – will be a social space to relax, talk to friends, YP will be able to bring their own electronics i.e., switch, IPad, phones etc. This space will also have timetabled Movie, pool, table football time

Zone 2 – Craft room, YP will be able to use the craft room for a multitude of crafts ranging from Jewellery making, painting, drawing, paper quilling, papermaking, soap, and candle making etc.

Refreshments will be available throughout.

The hourly rate £10 per hour [We can supply 1-1 support at additional cost]

You will need to pay 4 weeks in advance to secure your child/ dependents place.

All dates subject to availability and number of clients



Positive Future are pleased to confirm the launch their new **after-school Activity Hub each weekday from 3.30pm to 6.30pm at their base in Waterloo Road Widnes from Monday 6<sup>th</sup> February**. Call the team for more information **on 0151 422 0111** or drop them an email at <u>gail@positivefutureltd.co.uk</u>





zone 5 – Gaming room 1 hr booking slots, WII, PS available.



#### Halton SEND Parent Carer Forum – upcoming **February events**







Halton SEND parent carer forum have released their February events calendar. There is lots on including parent drop-ins, online SEND cooking, the new SYNC club, and a pizza and craft night. Find out more on **their Facebook page** or drop the team an email at **info@haltonsendpcf.org.uk** 

The Zoom meetings with various professionals will continue throughout February. These are an informative and informal way to ask questions and seek support from the professionals.

If you are not a member of the forum you can contact the Fourm by emailing <u>admin@HaltonSendPCF.org.uk</u> or visit <u>their</u> <u>Facebook page</u> or website: <u>haltonsendcarersforum.org.uk</u> to access the Zoom information.



HaltonSEND PARENT Carer's Forum Your voice counts

- Tourette's Action Monday 13<sup>th</sup> February 2023 7:30pm
- Health Improvement Team with Steve Purcell
  Thursday 16<sup>th</sup> February 2023 7:30pm

# Play by Nature Forest School February half-term sessions



**Play By Nature** are running their outdoor forest sessions again this February half-term.

These enhance children's imagination, creativity, awareness, confidence, develop social skills, learn to risk assess, boost selfesteem, and help them learn through play and exploration of the forest.

Sessions are running **from Wednesday 22nd to Friday 24th February from 9am to 1pm**, and will include activities such as den building, obstacle course making, pirate ship making, crafts, bug hunting, bird feeders, fairy house making, pond dipping, archery, mud kitchen and team building exercises!

Find out more and send them a message through <u>their Facebook page by clicking</u> <u>here</u>.

#### **Everton in the Community half-term activities**



Everton in the Community will be holding several activities for young people aged 7 to 17 during February half-term including Ninja Warrior, bowling and Nerf activity. Please see the dates and details below.

Places are limited with a small cost, please call the team on **07975784613** or emailmark.dolan@evertonfc.com. They will need to take some details of the young person and parent / guardian for consent.

Please note, lunch is not provided and if for any reason you cannot make one of the activities you have booked on to please try to inform the team with enough notice where possible in order for them to arrange for someone else to attend and save the place going to waste.

Date	Timings	Activity	Pick up	Pick up	Drop off	Drop off	Places available	Cost
			Brindley Theatre	Halton Stadium	Halton Stadium	Brindley Theatre		
Monday 20 <sup>th</sup> February	10am-12pm	Nerf Centre Activity Day, Grangeway Community Centre, Runcorn WA7 5HA	No Pick ups	No Pick ups	No Drop offs	No Drop offs	15	£2
			Brindley Theatre	Halton Stadium	Halton Stadium	Brindley Theatre		
Tuesday 21 <sup>st</sup> February	12pm-1.45pm	Ninja Warrior UK, Speke, Liverpool L24 8QB	11.15am	11.15am	2.15pm	2.15pm	10 (at Widnes Pick up) 10 (at Runcorn Pick up)	£3
			Brindley Theatre	Halton Stadium	Halton Stadium	Brindley Theatre		
Wednesday 22 <sup>nd</sup> February	11am-12.15pm	Superbowl UK, Widnes	No pick up	No pick up	No drop off	No drop off	18	£2
	2pm-3.30pm	Planet Ice, Widnes, WA8 0TA	No pick up	No pick up	No drop off	No drop off	18	£2

#### Half-term Soccer Camp at Brookvale Recreation Centre



#### AVAILABLE FOR YOUNG PEOPLE AGED 10-17



FORMERLY KNOWN AS ACTIVE SOCCER

To book your place David Todd **07712 637360** dynamic-sportscoaching@outlook.com Please provide full name,

age, post code and any additional information when booking. Please ensure children bring relevant clothing, footwear, packed lunch and a drink with name clearly written on it.



The half-term soccer camp with **Dynamic Sports Coaching** (formerly Active Soccer) is back for February half-term, **Monday 20<sup>th</sup> to Thursday 23<sup>rd</sup> February**, **9am-3pm daily**.

The sessions are open to young people aged 10-17 and there are 30 free places available; to book your place **call David Todd on 07712 637360 or email <u>dynamic-sportscoaching@outlook.com</u>** 

#### **Days out with Merlin's Magic Wand**



<u>Merlin's Magic Wand</u> is an international children's charity who provide magical experiences for children who need it most. They offer a single gifted day out for children to enjoy at one of the Merlin Attractions with free tickets, travel grants and a simple application process.

The Charity provide complimentary tickets and fund a contribution towards a travel grant for families to enjoy their day at a Merlin Entertainments' attractions, such as LEGOLAND Resort<sup>®</sup> theme parks, SEA LIFE Centres, and Madame Tussauds.

<u>Click here to check out their website</u> for more information and to <u>find out more</u> <u>about how to apply for days out</u>.

#### Holiday breaks through Time Away



Time Away supports families caring for children with additional needs. They offer time, donated by owners, in self-catering holiday properties and offer it to families who might ordinarily struggle to book a holiday.

They are currently urging families with children in receipt of higher rate DLA and under the age of 5 to apply. To find out more or register your interest **visit their website by clicking here**.

## The B.I.R.D. charity offering specialist support for young people with SEND



**B**•**]**•**R**•**D** Brain Injury Rehabilitation & Development Charity The Centre for Brain Injury Rehabilitation & Development is a small charity based in Eccleston just outside Chester.

They offer a treatment programme of 'developmental reflexive rehabilitation' to children and adults with neurological impairment and brain injury, or with Learning Development Needs to support children who are failing educationally due to any of a variety of conditions, or with no obvious cause.

<u>Click here to visit their website</u> for more information, including their scaled payment and finance approach to enable the majority to benefit and to be able to access the help they give. Or you can call their free helpline to find out more: **0800 0286256** 

#### **Celebrate World Book Day with Halton Libraries**



Join storyteller Robin Simpson for an interactive performance during World Book Day week. Spin the 'Storywheel' and listen to some of our favourite fairy tales.

Using puppets, songs and silly props, Robin's amusing, energetic and engaging performances are aimed at little ones aged 1 to 5.

Robin will be joining us on Wednesday 1st March in Halton Lea Library (10.30-11.30am) and Widnes Library (12.30-1.30pm).

You can book your tickets for the Halton Lea Library performance by clicking this link

- Halton Lea, and to book tickets for the Widnes Library performance click this link

#### – Widnes Library.

Please note, tickets are required for each child attending, accompanying adults do not need to book tickets.

### Disabled Living's latest newsletter is now available



The latest edition of Disabled Living's newsletter is now available – <u>click here to</u> <u>view your copy</u>.

Disabled Living is a charity, offering free, impartial information about services for disabled individuals, older people, and those that support them. Find out more about the services and support they can provide by **checking out their website here**.

## Free stress awareness training through Halton Borough Council



Halton Borough Council are offering **FREE stress awareness training** for anyone living or working in Widnes and Runcorn with practical and relatable learnings you can apply to everyday life.

There are three sessions planned initially, with two online using Teams, and one face to face session in Grangeway Community Centre.

- Friday 24<sup>th</sup> February 9:30am 12:30pm delivered on Microsoft Teams
- Monday 27th March 1pm 4pm at Grangeway Community Centre Runcorn WA7 5HA
- Wednesday 5<sup>th</sup> April 9:30am 12:30pm delivered on Microsoft Teams

If you would like to attend please send an email to nyki.benson@halton.gov.uk

This newsletter provides general information and resources, though not all of it will be relevant to everyone included in the mailing list. If there is some specific information you would like to see more of, or information from a certain service please let me know and I will try to include next time. If you do not wish to continue receiving this newsletter, please let me know.

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Short Breaks Service for Children with Disabilities Halton Borough Council

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