



## Short Breaks Service



### For Children with Disabilities

### Newsletter w/c 20<sup>th</sup> February 2023

This newsletter contains events and updates from various services around Halton, as well as other general information which you may find useful. You can find out more information on the [Halton Local Offer page online](#) or contact the [Short Breaks Service for Children with Disabilities](#) team too.

### ChAPS latest newsletter



[Cheshire Autism Practical Support \(ChAPS\)](#) is a registered charity who offer practical advice, support and services across Cheshire for families of young people with Autism Spectrum Condition or Asperger's Syndrome whether diagnosed or not.

They run monthly parents meetings, positive parenting courses helping with behaviour, anxiety etc., activities for children, young people and adults on the spectrum, and lots more.

Their latest newsletter is now available and a copy is attached to this email.

Did you know they also have a wonderful calming sensory room available to hire at their base in Northwich? The cost is £25 an hour or for a family when visiting the café the cost is £2.50 per family. Gift vouchers for the sensory room are also available. To make a booking please contact [chloe.carter@cheshireautism.org.uk](mailto:chloe.carter@cheshireautism.org.uk) or [click here to visit their website](#).

## SYNC Youth Club with Halton SEND Parent Carer Forum



SYNC

SEND YOUTH NEEDS CLUB

FREE

SATURDAY 11th  
MARCH 2023

12.30PM -  
4.30PM

AGE  
12-19

### YOUTH CLUB DROP IN SESSION

FOR THOSE WITH SEND LIVING IN HALTON

INCLUDING BOARD GAMES, ARTS AND CRAFTS, LEGO AND SOFT BALL MULTI SPORTS OR COME ALONG AND CHILL

(Food and drink supplied)

AT MOON MEADOW SCOUT HUT, FARNWORTH STREET, WIDNES, WA8 9LH

Spaces are limited so please email: [infosync22@gmail.com](mailto:infosync22@gmail.com) to register for a place

email: [infosync22@gmail.com](mailto:infosync22@gmail.com)



Syncuk22



SYNC



INCLUSIVITEE CIC



HALTON SEND PARENT  
Carer's Forum  
For Widnes



HALTON  
BOROUGH COUNCIL

The SYNC Youth Club have their next session on **Saturday 11<sup>th</sup> March 12.30pm-4.30pm** at **Moon Meadow Scout Hut, Farnworth Street, Widnes**. Open to all young people ages 12-19 they have food and drink supplied! Spaces are limited so please email [infosync22@gmail.com](mailto:infosync22@gmail.com) to register for a place. You can also find out more on [their Facebook page](#) or Instagram too!

## Fun day at Brookvale Recreation Centre



**active halton | BROOKVALE**

**Onward**

Murdishaw Matters  
To Residents  
Association

# **FUN DAY**

**FOR CHILDREN AND YOUNG  
PEOPLE WITH SEND**

**WEDNESDAY 22ND FEBRUARY  
BROOKVALE RECREATION CENTRE  
FREE ADMISSION  
TWO SESSIONS:  
9AM - 12NOON AND 1PM - 3PM  
BOOKING ESSENTIAL  
AT BROOKVALE REC. CENTRE**

**ACTIVITIES INCLUDE:  
SOFT PLAY  
BOUNCY CASTLE  
SNAKES AND LADDERS  
CONNECT 4**

Join the team at Brookvale for their fun day for children and young people with SEND on **Wednesday 22<sup>nd</sup> February**. There are two sessions, 9am-12noon and 1pm-3pm. Booking is essential so please contact the centre on **01928 712051** or message them through [their Facebook page here](#).

## Family First-Aid sessions through Millie's Trust



**Do you have young children?**

**Are you interested in Family 1<sup>st</sup> Aid?**

**Halton Helps and Child Safety**

Are hosting a

**Millie's Trust Family 1<sup>st</sup> Aid sessions In Runcorn & Widnes**

**Wednesday 19<sup>th</sup> April 2023**

**Venue: Brookvale Children's Centre, Woodhatch Road,  
Brookvale, Runcorn WA7 6BJ**

OR

**Thursday 27<sup>th</sup> April 2023**

**Venue: Warrington Road Children's Centre  
Naylor Road Widnes WA8 OBS**

**Start time: 9.30am – 3.30pm.**

**Book on via Millie's Trust website to secure a place or an enquiry**

**See link provided: <http://www.milliestrust.com/>**

### **What will I learn?**

The course covers the following topics

- What is First Aid?
- What is in a First Aid Kit?
- First Aid Hygiene
- CPR
- Choking
- Recovery Position
- Bleeds & Burns
- Allergies
- Febrile
- Convulsions/Seizures
- Meningitis
- Sepsis
- Broken Bones

At the end of the course, you will receive a certificate of attendance.

**Halton**   
Children's Centres

Halton Helps and Child Safety are holding family first-aid sessions in Runcorn and Widnes during April. If you have a child under the age of 12 months or are struggling to leave a donation, the courses are absolutely FREE. If you are not in this bracket then they suggest a donation of £25 per person. All attendees will be asked to leave a £25 deposit to secure each place that is booked. Following your attendance on the course - you can leave the deposit as a donation or you can request a refund of the deposit back to you.

NB: If you are not in a position to pay a £25 deposit to secure your place, please feel free to contact [bookings@milliestrust.com](mailto:bookings@milliestrust.com) and they will make other arrangements to ensure that you can attend. [Click here for more information and to book your place.](#)

## George at Asda launch adapted clothing range



Following the success of the George at Asda Easy On Easy Wear school uniform range in September last year, they have created a collection of stylish everyday dressing for kids from 3-16 years old specially adapted with discreet and practical modifications to make independent dressing easier for those with additional needs and reduced mobility.

They enlisted the help of 14-year-old Ava Joliffe, an award winning deaf and blind artist from Preston who assisted on the accessibility and design of the range, providing an authentic voice for young disabled people and especially ensuring the pieces were in line with the main kidswear collection. The range is available in store and online now, priced from £9. [See the collection here.](#)

## Swim @ 55



Based in Golborne just off J23 of the M6, Swim @ 55 is a self-contained pool and conservatory. It is available for a multitude of uses including private swimming, children's parties and family get togethers, and of course for teaching young or nervous people to swim in a very safe and sheltered environment.

The pool has a projector and screen in the pool and a Bluetooth compatible music system with speakers in both Pool and conservatory, so you can just link your phone and play whatever you want!

Available for hire days a week, you can [book online](#) and find out [more information here.](#)

## 'If in doubt, check it out' campaign with Action Cerebral Palsy



Action Cerebral Palsy are working towards a vision where every one of the **30,000 children and young people** with cerebral palsy in the UK is able to access from birth onwards the very best possible intervention, care, education and support which meets their complex and changing needs.

Their 'If in doubt, check it out' campaign aims to raise awareness of the early signs of cerebral palsy amongst the general public as identification and intervention at the earliest opportunity provides the infant at risk of cerebral palsy with the best possible outcomes in terms of future progress and independence.

It is important to remember that babies develop in different ways and at different rates, but you should trust your instincts. If you have **any** concerns about your child's movements or development, don't panic, but **check it out** and speak to your doctor or health visitor. You can find out more on [the website here](http://www.actioncp.org/signs).

# IF IN DOUBT, CHECK IT OUT

**DID YOU KNOW THAT WITH EVERY MOVEMENT YOUR BABY MAKES, YOUR BABY IS LEARNING AND DEVELOPING?**



**0 to 3 mths  
learning head  
control**



**3 to 6 mths  
learning to  
roll and reach**



**IF YOU HAVE ANY CONCERNS ABOUT YOUR CHILD, PLEASE TELL YOUR DOCTOR OR HEALTH VISITOR:**

- ⦿ **Feeling floppy, stiff or a combination of both**
- ⦿ **Not kicking legs or moving arms and legs up when lying down**
- ⦿ **Not bringing hands together**

This newsletter provides general information and resources, though not all of it will be relevant to everyone included in the mailing list. If there is some specific information you would like to see more of, or information from a certain service please let me know and I will try to include next time. If you do not wish to continue receiving this newsletter, please let me know.

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