

Short Breaks Service



For Children with Disabilities

Newsletter w/c 23rd January 2023

This newsletter contains events and updates from various services around Halton, as well as other general information which you may find useful. You can find out more information on the Halton Local Offer page online or contact the Short Breaks Service for Children with Disabilities team too.

Volunteering opportunities with Halton Carers Centre

HALTON CARERS CARERS TRUST CENTRE

Do you have an hour or two each free each week/month? Would you like to try something new? Why not consider volunteering with Halton Carers Centre?

Roles include admin, helping with groups of adults and children, outreach in hospital, GP practices, and community events, volunteer driver, trips/activities/events, carer break panel and trustees. Volunteering in your local community can enable you to meet new people, learn new skills, improve your self-esteem and social skills, open up future job prospects, as well as bringing some new fun into your life!

If you are interested in volunteering, please <u>complete the form on this link here</u>, or telephone Lucia on 01928 580182.

<u>Vibe Outdoors Club – Woodland adventure and</u> bushcraft activities for February half-term





Vibe are hosting the next Outdoors Club activities for Juniors and Seniors on Thursday 23rd February. Join the team for a Woodland and adventure walk with bushcraft activities – <u>click here to book the 9.30am-12.30pm session for Juniors</u> (ages 8-11) and <u>click here to book the 1.30pm-4.30pm session for Seniors</u> (ages 12-17).

Halton SEND Parent Carer Forum – Family dinner & cooking sessions

Halton SEND Parent Carer's Forum







FREE FAMILY DINNER/COOKING SESSIONS

5th & 19th October 2022 - 5.30pm to 7pm - Full

2nd & 23rd November 2022 - 5.30pm to 7pm - Full

7th & 21st December 2022 - 5.30pm to 7pm - Full

11th & 25th January 2023 - 5.30pm to 7pm - Full

8th & 15th February 2023 - 5.30pm to 7pm - Full

8th & 22nd March 2023 - 5.30pm to 7pm - Space

(YOU MUST COMPLETE BOTH SESSIONS)

Learn how to cook a FAMILY dinner from scratch in the comfort of your own home with all your family for FREE. The ingredients will be delivered to your front door.



As a Thank you from Halton Send Parent Carers Forum for making a lovely family dinner, we will give you a **FREE** copy of "Barbara Freemans" newly published cook book, "YOU CAN COOK".

HSPCF will also be giving you a New Slow Cooker FREE if the 2 sessions are completed, so that your family can maintain cooking healthy meals and in turn this will also reduce your energy costs by using the Slow Cooker.



Places need to be booked in advance for this event so don't leave it get your place confirmed now by emailing us on, INFO@HaltonSendPCF.org.uk

To Join Our members only Virtual Cooking sessions:

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All you need is a smart phone or laptop/computer with speakers,microphone and ideally a camera.

Halton Send Parent Carers Forum

Telephone Contact: 07784240160

WWW.Haltonsendcarersforum.org.uk

Email: Admin@HaltonSendPCF.org.uk

COMMUNITY
FOUNDATIONS
For Lancashire and Merseyside

Join Halton SEND parent carer forum for their free family dinner cooking sessions on Wednesday 8th and Wednesday 22nd March. You can receive a free Slow Cooker and a free copy of Babara Freeman's "You Can Cook" book. Places must be booked in advance, you can email Jen for more information at info@haltonsendpcf.org.uk

Code-A-Sphero session with Mako Create



Join the team at **Mako Create** on **Saturday 11th February 11am-1pm for their Code-A-Sphero session**. This two-hour fun and hands-on Code-A-Sphero workshop teaches the power of coding and robotics in a fun, safe environment. Participants will design and build a maze using LEGO, then learn how to code a mini Sphero to find its way to the end at the touch of a button.

<u>Click here to book your place and to find out more information</u>. Don't forget you can check out all the upcoming Mako Create workshops on their website – <u>click</u> <u>here to find out more!</u>

Twinkle House Wellness and Sensory Centre



<u>Twinkle House</u> is a fully inclusive Centre that welcomes families, children, young people and adults with or without any visible or invisible additional needs.

They are based in Skelmersdale in West Lancashire and welcome visitors from all our surrounding areas and districts. They have a large light sensory room, a fully immersive room and a large Hydrotherapy Pool – all available to hire for the hour and available for all ages and abilities.

Check out <u>their website</u> to find out more and to <u>make a booking enquiry</u>. Or you can call 01695 455625 or email <u>enquiries@twinklehouse.co.uk</u>

Halton SEND Parent Carers Forum – upcoming Zoom meetings with professionals

Halton SEND Parent Carer's Forum







'GETTING TO GRIPS WITH THE LOCAL OFFER'

In attendance will be Tracy Ryan from Halton Borough Council

The Local Offer is a user-friendly website co-produced with and for children and young people with SEN and/or disabilities (SEND), their parents, carers, and professionals, providing information, resources and videos. Tracy will explain the layout of the website and give advice on how to navigate, search, use the contact and feedback forms and give a brief overview of section contents.

Thursday 26th January 2023 7.30pm - 8.30pm



Not to be missed this is a very informative and informal way to be open and honest about the service.

If you are not a member and want to join this zoom, just email Jen on info@haltonsendpcf.org.uk for a membership form.

To Join Our Members Only Virtual Group:

All you need is a smart phone or laptop/computer with speakers, microphone and ideally a camera.

Join us direct on zoom on the link below:

https://us02web.zoom.us/j/83123673189?pwd=Ykx4eGE5ZjBVbko0aU1mWDVtYUhRdz09

Meeting ID: 831 2367 3189

Passcode: 846067

If you cannot attend this zoom for any reason, then please email us with your comments before the meeting and we can forward on to Tracy on your behalf – Email: info@haltonsendpcf.org.uk

Halton Send Parent Carers Forum
Telephone Contact: 07784240161

WWW.Haltonsendcarersforum.org.uk Email: admin@haltonsendpcf.org.uk



The team at Halton SEND Parent Carer's Forum have organised Zoom meetings throughout January. These are an informative and informal way to ask questions and seek support from the professionals.

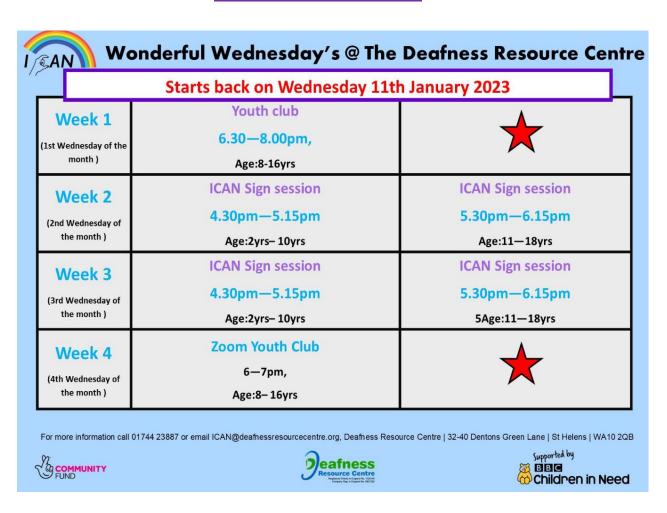
If you are not a member of the forum you can contact the Fourm by emailing

admin@HaltonSendPCF.org.uk or visit their Facebook page or website:

<u>haltonsendcarersforum.org.uk</u> to access the Zoom information.

Look out for more information coming soon for the February zoom meetings

Wonderful Wednesdays at the Deafness Resource Centre



The Deafness Resource Centre are running sessions each Wednesday – for more information <u>click here to check out their website</u> or <u>follow them on Facebook</u>. You can also email the team at <u>ICAN@deafnessresourcecentre.org</u>

After school Activity Hub with Positive Future



Positive Future are planning to launch their new **after-school Activity Hub each weekday from 3.30pm to 6.30pm at their base in Waterloo Road Widnes**. The Hub is aimed at giving children a safe and caring environment, whilst developing and learning new skills, socialising, and relaxing after a challenging day at education. Parents will have the reassurance of knowing their children are enjoying their activities in a safe and positive environment.

Call the team for more information on 0151 422 0111 or drop them an email at gail@positivefutureltd.co.uk

Approved Driving Instructors for young people with SEND



Disability should be no obstacle to driving, and the team at **Disability Driving**Instructors (DDI) are specially trained and have specially adapted cars to help those with physical disabilities, special educational needs and those with hearing difficulties who need advice about driving.

Check out <u>their website here</u> for more information and advice. You can also access **Drive Ability North West (formerly the North West Driving Assessment Service)**. Their Occupational Therapists and Approved Driving Instructors can help you drive safely and maintain or regain your independence as a driver or passenger. They also give advice on a variety of different mobility options.

Visit <u>their website here</u> for more information, or email <u>bchft.DriveAbility@nhs.net</u> or you can call 01942 483713. You can even follow them <u>on Facebook!</u>

Sustainable Warmth Fund Grants



Halton Trading Standards would like to make residents aware that a letter from Halton Borough Council concerning the Sustainable Warmth Fund, will be arriving at selected homes across the Borough in the coming days.

The letter is not a scam, it is information to assist residents to see if they are eligible for a free grant to improve their homes.

The Council is working with a company called Next Energy, who have been appointed and vetted by Liverpool City Combined Authority and other Local Authorities, such as Halton Borough Council. If you need advice on anything else please contact the <u>Citizens Advice Consumer Helpline</u> or 0808 223 1133

This newsletter provides general information and resources, though not all of it will be relevant to everyone included in the mailing list. If there is some specific information you would like to see more of, or information from a certain service please let me know and I will try to include next time. If you do not wish to continue receiving this newsletter, please let me know.

Julie.Pennington@halton.gov.uk

Short Breaks Service for Children with Disabilities Halton Borough Council

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Email: <u>AimingHigh.forDisabledChildren@halton.gov.uk</u>