

#### **Short Breaks Service**



#### **For Children with Disabilities**

#### Newsletter w/c 16th January 2023

This newsletter contains events and updates from various services around Halton, as well as other general information which you may find useful. You can find out more information on the <a href="Halton Local Offer page online">Halton Local Offer page online</a> or contact the <a href="Short Breaks Service for Children with Disabilities">Short Breaks Service for Children with Disabilities</a> team too.

## Halton Carers Centre – latest newsletter now available

# HALTON CARERS CARERS TRUST CENTRE

Halton Carers Centre have published their latest newsletter – <u>click here to read the full version</u> with lots of useful information and resources.

If you are a carer living in Halton and not yet registered with the Centre you can do so by clicking on the following links:

- Adult carers
- Young carers (age 17 or younger)

#### <u>Halton SEND Parent Carer Forum – Coffee, Cake</u> and check-in



#### **Halton SEND Parent Carer's Forum**

FREE - Coffee, Cake & "Check -In"

#### WEDNESDAY 18TH JANUARY 10AM - 12 NOON



### At Hope Corner Community Church, 70 Clifton Road, Runcorn, WA7 4TD

Come and join us after a very busy Christmas for a morning of Coffee (or tea) Cake and a general Check in chat!

Meet some of our team for support and other local parents in a warm, welcoming, and supportive environment.

Email Jen - info@haltonsendpcf.org.uk for more information.



WWW.Haltonsendcarersforum.org.uk

Email: info@haltonsendpcf.org.uk

Join Halton SEND parent carer forum for their **coffee, cake and check-in session** with the Forum group on **Wednesday 18**<sup>th</sup> **January 10am-12noon** at Hope Corner Community Church, 70 Clifton Road, Runcorn WA7 4TD – come along and meet some of their team for support and other local parents in a warm, welcoming, and supportive environment. You can email Jen for more information at **info@haltonsendpcf.org.uk** 

#### **SEND R US activities calendar**



#### **Programme of Activities**

January - March 2023

Activity	Venue	Date	Time
Cookery Sessions x 2	Castlefields Community Centre	Thursday 12th Jan Thursday 19th Jan	5pm- 7.30pm
Cookery Sessions x 3	Halton Lea Library	Saturday 14th Jan Saturday 21st Jan Saturday 28th Jan	10.30am- 1.30pm
Cookery Sessions x 3	Ashley High School	Saturday 4th Feb Saturday 25th Feb Saturday 4th Mar	10.30am- 1.30pm
Drum-A-Long	Ashley High School	Saturday 11th Feb	11am- 12.30pm
Drum-A-Long	Castlefields Community Centre	Thursday 16th Feb	5pm- 6.30pm
Drum-A-Long	Ashley High School	Thursday 2nd Mar	5pm- 6.30pm
Animal Teach Workshop	Brookvale Community Centre	Saturday 11th Mar	2pm-4pm
Drum-A-Long	Ashley High School	Thursday 16th Mar	5pm- 6.30pm
Animal Teach Workshop	Ashley High School	Saturday 18th Mar	11am- 1pm
Drum-A-Long	Castlefields Community Centre	Thursday 23rd Mar	5pm- 6.30pm
Drum-A-Long	Brookvale Community Centre	Saturday 25th Mar	2pm- 3.30pm

All children/young persons must be accompanied by a family member or carer

To book onto any of our events please message us on Facebook (SEND R US CIC) or email sendrus@mail.com





@SENDRUSCIC



sendruscic

To book on to any of these events please <u>message the team through Facebook</u> or email <u>sendrus@mail.com</u>

#### **Activities and resources with Halton Play**

#### FREE

TOY LIBRARY PLAY, LEARN AND LOAN SESSIONS COME ALONG, KEEP WARM AND HAVE A HOT DRINK ON US

EVERY WEDNESDAY starting on the 11th January 2023





Baby/Toddler Toys

Physical Development

Sensory and more







Halton Play's Toy Library Play, Learn and Loan sessions are now running every Wednesday 10am-11.30am – come along and keep warm and have a free hot drink. They have wide range of toys including musical instruments, sensory equipment and much more! Click here to check out their website or follow them on Facebook.

## Halton SEND Parent Carers Forum – upcoming Zoom meetings with professionals



As a reminder the team at Halton SEND Parent Carer's Forum have organised several more Zoom meetings throughout January. These are an informative and informal way to ask questions and seek support from the professionals.

If you are not a member of the forum you can contact the Fourm by emailing

<u>admin@HaltonSendPCF.org.uk</u> or visit <u>their</u> <u>Facebook page</u> or website:

haltonsendcarersforum.org.uk to access the Zoom information.

- Positive Behaviour Support Services with Natalie Storer
  - Thursday 19th January 2023 7:30pm
- Getting to grips with the Local Offer with Tracy Ryan
  - Thursday 26th January 2023 7:30pm

#### **Join Moo Music at Halton libraries!**



The Moo Music group are hosting their Baby Moo and Mixed Boo sessions at Halton Lea library each Wednesday from 10.20am.

They offer classes that are fun and interactive using songs, as well as instruments, sensory props, games, singing and dancing to offer a fun place for you and your little one.

Spaces are limited for each session so <u>click here to book a</u> <u>place</u>.

## Time to Talk Next Steps programme through Contact for disabled young people aged 16 to 25



Time to Talk Next Steps is free tailored support programme for disabled young people aged 16 to 25 experiencing anxiety or isolation and who have limited or no plans for the future.

This is an opportunity to help them become more independent and make plans for the future.

Participants will meet with a trained supporter to figure out what help they need to move forward — such as peer support sessions, useful activities, or individual sessions to build up confidence and explore their next steps.

If they wish, young people can then go on to train as peer supporters themselves or help to design and deliver training for practitioners.

To join the programme, delivered by the National Development Team for inclusion - <a href="MDTi">NDTi</a> - in partnership with <a href="Contact">Contact</a>, simply fill out a Request for Support form <a href="On">on</a> their website by clicking here.

This newsletter provides general information and resources, though not all of it will be relevant to everyone included in the mailing list. If there is some specific information you would like to see more of, or information from a certain service please let me know and I will try to include next time. If you do not wish to continue receiving this newsletter, please let me know.

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