

For Children with Disabilities

Newsletter w/c 28th November 2022

This newsletter contains events and updates from various services around Halton, as well as other general information which you may find useful. You can find out more information on the [Halton Local Offer page online](#) or contact the [Short Breaks Service for Children with Disabilities](#) team too.

Kooth wellbeing support for young people



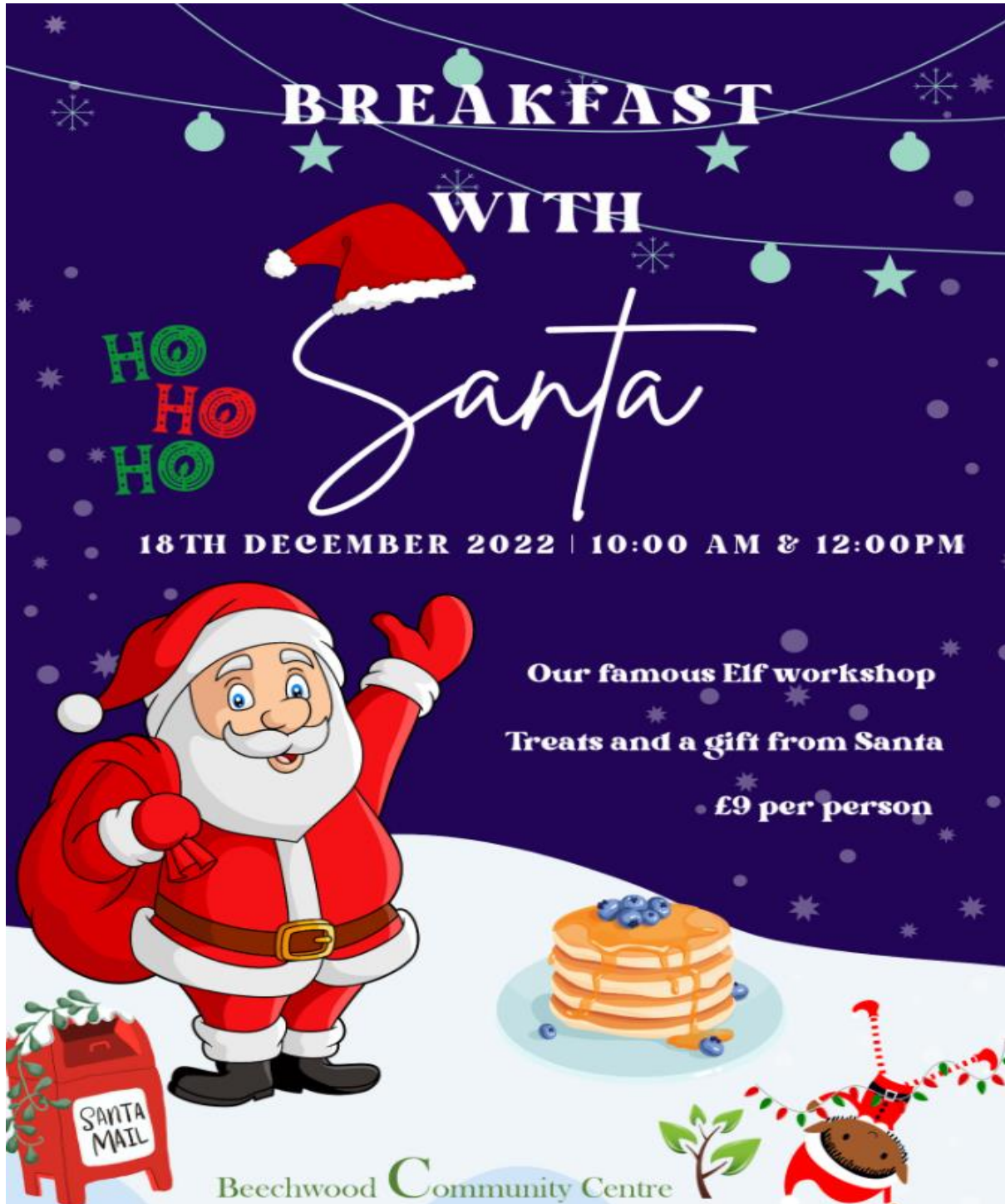
The graphic features the Kooth logo on the left, which consists of the word 'kooth' in a bold, lowercase font with two stylized faces integrated into the 'o's. Below the logo, the text reads: 'Free online counselling support for young people! Discover everything Kooth has to offer'. To the right, there is a collage of colorful illustrations representing various services: a person in a blue coat holding a tablet with a 'FREE COUNSELLING' label; a person at a computer with a 'DISCUSSION BOARDS' label; a person reading a book with a 'KOOH MAGAZINE' label; a person writing in a notebook with a 'JOURNAL' label; a person sitting at a desk with a 'SELF-HELP TOOLS' label; and a person reading an article with a 'HELP ARTICLES' label. At the bottom right, there is a white box with the text 'Sign up for free at [Kooth.com](https://www.kooth.com)'.

Kooth is a free, anonymous, confidential, safe online wellbeing service offering professional support, information and forums for young people.

They offer access to counsellors 365 days a year who are available Monday to Friday 12pm to 10pm, and Saturday and Sunday 6pm to 10pm.

For more information and to register [click here to visit their website](#).

Breakfast with Santa at Beechwood Community Centre



Beechwood Community Centre are holding Breakfast with Santa **on Sunday 18th December** with the Elf workshop, treats and a gift from Santa for £9. There are two sessions available – 10am and 12noon. To book your place call the Centre on **01928 5650154** or email office@beechwoodcentre.co.uk

Rebounders Christmas party –
Saturday 10th December

Party begins
at 1:30 till 3:30

FAMILY TICKETS
25.00



Rebounders
THERAPY & TRAINING CENTRE
CHRISTMAS PARTY
SATURDAY 10TH DECEMBER 2022



ST NICHOLAS CHURCH BLUNDILLSANDS
CROSBY, L23 6SS

TO BOOK VISIT [HTTPS: BOOKWHEN.COM](https://bookwhen.com)
REBOUNDERSTHERAPY

Join the team at Rebounders Therapy and Training Centre for their Christmas Party on Saturday 10th December, family tickets are £25. Visit their [Facebook page](#) for more information and you can [click here to register](#).

Winter wellbeing sessions with Recharge and Restore

HAF Winter 2022 WELLBEING SESSIONS

Camp Curiosity - Thursday 22 Dec
Crafts, games and activities
Thursday 29 Dec
9.30-12.30
St Martin's School, Murdishaw,
WA7 6HZ

Friday 30 December
Activities from 11 at St Martin's
then off to the
Panto at the Brindley

All our sessions are
SEND friendly



call/text 07808 160315
or 07533 044283



The Recharge and Restore team will be holding SEND friendly wellbeing sessions at St. Martin's School in Murdishaw over the Christmas holidays, including Camp Curiosity on Thursday 22nd and 29th December, and a trip to the panto on Friday 30th December – call or text 07808 160315 or 07533 044283 to book your place

Accessible Santa's Grotto at Walton Gardens



Warrington Disability Partnership have launched their annual accessible Santa's grotto at Walton Hall Gardens WA4 6SN.

Open from 10am until 4pm every Saturday and 10.30am until 4pm every Sunday, the cost of the visit is £8.50 per child and includes a present and a trip around their reindeer puzzle trail. Photographs and gifts of your Santa visit will be available to purchase on the day.

On some days they will be having a Quiet Hour which need to be booked in advance, please email e.houghton@disabilitypartnership.org.uk
Check out [their website for more information](#)

There are also lots of other wonderful festive activities to take part in, including a Winter Wonderland walk-through to meet Santa, Christmas Colouring, options to decorate yule logs, play the Tombola, a Christmas stall to purchase items and a raffle. Come along for a chance to chat with Santa about your Christmas presents and help a local charity at the same time. You can [book your tickets here](#).

Christmas Holiday activities

Halton Borough Council is delighted to announce that it has secured additional funding to enable local providers to offer **FREE activities & food** during the Christmas holiday period to school aged children from Reception to Year 11, who receive benefits related to free school meals. There are also a **number of places available to other vulnerable groups of children and young people, such as SEND, Young Carers, and NEET.**

With Christmas fast approaching there are lots of activities planned for the holidays across the borough – [click here to view the locations](#) and you can [click here to view the full list](#).

Halton SEND Parent Carers Forum – upcoming Zoom meetings with professionals



HaltonSEND PARENT
Carer's Forum
Your voice counts

As a reminder the team at Halton SEND Parent Carer's Forum have organised several Zoom meetings throughout November and have now added some new sessions during December. These are an informative and informal way to ask questions and seek support from the professionals.

If you are not a member of the forum you can contact the Forum by emailing admin@HaltonSendPCF.org.uk or visit [their Facebook page](#) or website: haltonsendcarersforum.org.uk to access the Zoom information.

- Preparing for Adulthood overview with Paula Edwards and Tracey Wynne
– **Wednesday 30th November 2022 7:30pm**
- An overview of the Scouts with Andrew Coe
– **Thursday 1st December 2022 7.30pm**
- Masking in Autism with Michelle Downes
– **Thursday 8th December 7.30pm**
- Autism and eating difficulties
- **Tuesday 13th December 7.30pm**

This newsletter provides general information and resources, though not all of it will be relevant to everyone included in the mailing list. If there is some specific information you would like to see more of, or information from a certain service please let me know and I will try to include next time. If you do not wish to continue receiving this newsletter, please let me know.

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