



NW SEND Regional Network Newsletter

November 2022

The network is keen to provide support for children, families and practitioners. Please don't hesitate to get in touch with any queries you may have. If you would like to be added to the newsletter circulation list, just send an email to the address below.

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NORTH WEST EVENTS

Reducing Health Inequalities for CYP workshops:

7.11.22 10 – 11 SEND Autism in schools

12.1.23 12 – 1 Reducing Health Inequalities for CYP Workshop - Emotional Wellbeing a Local Authority Perspective

23.2.23 12 – 1 North West Family Hubs Mobilisation

Please contact england.nwcyp@nhs.net if you would like to attend any of the above.

The workshops are open to North West health and wider partners, commissioners, local authority colleagues, public health teams, ICS members, voluntary and community groups, and research partners.

OTHER EVENTS

1.11.22 9.30 – 4.30 Kidz to Adulz North, Manchester Central

- 180+ [exhibitors](#) offering advice and information on equipment, products, services, funding and much, much more
- Free CPD [seminars](#). An opportunity to update your knowledge and for professionals to boost their CPD. Entry is free on a first come, first serve basis.
- Try out equipment from product specialists
- Connect with local organisations who can support you
- [Mobiloo](#) Changing Places facility
- Fun & Features, Santa & his Grotto for all to enjoy
- Fully accessible venue

Register for free [Event Management \(powerappsportals.com\)](https://powerappsportals.com)

1.11.22 8 – 9.30 pm Behavioural Therapy for Tics: Non-clinician workshop for teachers and parents. Online

For people interested in tics and tic disorders such as Tourette Syndrome. Online webinar and Q & A, about behavioural therapy, the facts, myths and strategies which could be used at home or school.

[BTTI Non-clinician workshops for teachers and parents - edpsy.org.uk](https://www.edpsy.org.uk)

7 – 11.11.22 Advocacy Awareness Week

Sign up to NDTI's [Advocacy Newsletter](#) if you'd like to get involved.

7.11.22 10 – 1 RE_ASCeD Dissemination event – Online, free event

Dissemination of findings from an NHS England funded Autism Diagnostic Pathways project: "A Realistic Evaluation of autism Service Delivery"

[RE-ASCeD Dissemination event Tickets, Mon 7 Nov 2022 at 10:00 | Eventbrite](#)

8.11.22 Autism a Hands on Approach ONLINE Conference

To book www.autismahandsonapproach.co.uk/conference/

8.11.22 4 – 5pm Anxiety and Mental Health. Supporting Secondary School Students

Free webinar

[Webinar: Anxiety and mental health: Supporting secondary students by MA Education \(bigmarker.com\)](#)

9.11.22 EYFS – Supporting every child to thrive, London

[Nursery World EYFS | Home \(eventsforce.net\)](#)

9.11.22 10 – 12 CDC Joint Commissioning Webinar on MS Teams

This online event is aimed at those in strategic roles related to SEND including Local Authority SEND Leads, Health Commissioners and ICB colleagues, DSCOs, DMOs and DCOs. Attendance is also welcomed from Parent Carer Forum regional representatives. Register for the event at [CDC National Webinar: Joint Commissioning Tickets, Wed 9 Nov 2022 at 10:00 | Eventbrite](#)

If you are not in one of the roles mentioned but would like to attend, please email Adeeba at akhan@ncb.org.uk

The webinar will consist of 3 sessions by 3 local areas (Portsmouth, Cumbria and North Yorkshire) about their Joint Commissioning journey. There will be some time allocated for a Q&A after each session.

There will also be a presentation from CDC outlining their existing Joint Commissioning resources.

10.11.22 4pm Using creative methods in participatory research projects with children and young people: exploring conviviality, complexity and contradictions.

UCLan Brook Building BB213, Preston, or join on line

Reserve your place (in person or online) at:

<https://www.eventbrite.co.uk/e/ali-roy-exploring-conviviality-complexity-and-contradictions-tickets-445138359817>

10.11.22 9.30 – 1 #FoodActive 2022 Conference

Prioritising child healthy weight in the age of crises.

<https://www.eventbrite.co.uk/e/prioritising-child-healthy-weight-in-an-age-of-crises-tickets-423959784127>

10.11.22 4 – 5pm Education Health Care plans webinar

[Education, Health and Care Plans | Nasen](#)

14 – 18.11.22 Psychological Professions Week

Whether you are a psychological professional, a person with lived experience, a member of the public, a workforce lead, a policy maker, or just interested in the psychological professions – everyone is welcome and encouraged to get involved.

This week is an opportunity for us to celebrate the psychological professions. It will also strategically help us to ensure we can achieve the ambitions of the NHS Long Term Plan by delivering a 60 per cent growth in the psychological profession's workforce by March 2024, for the benefit of service users, families, and carers.

In England, the psychological professions are a diverse group of professions whose work is informed by the disciplines of psychology and psychological therapy.

The Psychological Professions Networks in England is a network with over 12,500 members providing a joined-up voice for the psychological professions in workforce planning and development, as well as supporting excellence in practice.

[register](#) for the free Psychological Professions Network virtual conference.

To find out more and to get involved, visit www.ppn.nhs.uk, follow [@PPNEngland](https://twitter.com/PPNEngland) on Twitter or download [communication resources](#).

14 – 18.11.22 Anti-Bullying Week 2022: 'Reach Out'

Anti-Bullying Week 2022 is coordinated in England and Wales by the Anti-Bullying Alliance. After consulting with children and teachers up and down the country, 'Reach Out' has been chosen as the theme for 2022. Bullying affects millions of young lives and can leave us feeling hopeless, but it doesn't have to be this way. If we challenge it, we can change it and it starts by reaching out. Schools will be able to download free teaching resources and themed assemblies.

[Anti-Bullying Week 2022: Reach Out \(anti-bullyingalliance.org.uk\)](http://anti-bullyingalliance.org.uk)

18.11.22 10 – 5pm Sexual Abuse & Mental Health: Reducing the impact of abuse on mental health. Online

Researched and produced in collaboration with Paul Scates Peer Specialist, Campaigner and Survivor of Sexual Abuse, this important and timely conference focuses on the important issue of sexual abuse and mental health and reducing the impact of abuse on mental health.

Follow event news and updates on Twitter using the hashtag #AbuseMH

There is a 20% discount available with code hsuk20edpsy

[Sexual Abuse & Mental Health: Reducing the impact of abuse on mental health - edpsy.org.uk](http://SexualAbuse&MentalHealth:Reducingtheimpactofabuseonmentalhealth-edpsy.org.uk)

23.11.22 1 – 3pm Meeting the needs of every child

Early years

[Meeting the Needs of Every Child | Nasen](#)

23.11.22 Neurodiversity conference: A pathway to positive behaviour

A FREE virtual conference

[Neurodiversity conference: A pathway to positive behaviour \(witherslackgroup.co.uk\)](http://Neurodiversityconference:Apathwaytopositivebehaviour(witherslackgroup.co.uk))

24.11.22 10 – 4pm NHS England [#StartWithPeople](#) Conference - virtual

This virtual conference is free to register and open to anyone working in health and care with an interest in participation and engagement with people and communities.

[#StartWithPeople Conference - November 2022 | NHS England Events](#)

24 – 25.11.22 Understanding and supporting autistic people

This introductory course by the National Autistic Society builds your knowledge of autism and how to support autistic children and adults

Please note that CDC have set the dates for all their national events and webinars until March 2023, so please hold the following dates in your diaries:

- National event 2 - 2nd February 2023, 10:00 – 13:30
- National webinar 2 - 21st March 2023, 10:00 – 12:00

All events and webinars will be recorded, so not to worry if you won't be able to make all events.

nasen and EYSEND Partnership

nasen is offering four sessions of 'Meeting the Needs of Every Child', an introduction to SEND in the Early Years for practitioners and childminders. The 2-hour live online webinars cover the legislation for SEND, role of the SENCO and Key Person, the graduated approach and developing partnerships with parents. Dates for the sessions are below:

- [Wednesday 23 November: 1.00pm - 3.00pm](#)
- [Thursday 19 January: 6.00pm - 8.00pm](#)
- [Wednesday 8 March: 10.00am - 12.00pm](#)

Please note: you only need to book onto one of the sessions as they are repeated and you will need to apply for nasen's free membership to access the booking.

Educational Psychology training course – Open events

[Educational psychology training course open events 2022 - UK wide - edpsy.org.uk](#)

Contact early years workshops for parents

Support for your child's anxiety

Support for parents/carers of children with anxiety (aged 0 to 5).

What are the causes of anxiety and how does it make your child feel? Strategies to help you and your child/ren recognise and manage their anxiety.

Tuesday 1 November 10:00 am to 12:00 pm

[Book now via Eventbrite](#)

Toilet training

Children with additional needs may not be ready to start toilet training until they are older.

This workshop will help you to understand when they are ready and how to start.

Thursday 1 December 7:00 pm to 9:00 pm

[Book now via Eventbrite](#)

Encouraging positive behaviour

Gain a better understanding of why young children with additional needs behave the way they do. Learn ways to handle difficult situations in a calm, stress-free manner. Explore ways of supporting and encouraging your child and how to get support and help.

Thursday 1 December 10:00 am to 12:00 pm

[Book now via Eventbrite](#)

Speech and language 0 to 5

Suitable for parents of young children (aged 0-5) with speech, language and communication issues.

This workshop will help you to think about how you can best communicate with your child and how you can share this knowledge with those in their early years and school settings. Written and delivered by a very experienced speech and language therapist and adviser to the children's communication charity, I CAN.

Tuesday 8 November 10:00 am to 12:00 pm

[Book now via Eventbrite](#)

Wednesday 7 December 10:00 am to 12:00 pm

[Book now via Eventbrite](#)

Helping your young child sleep

During the disruption of Covid-19, it can be extra challenging to manage young children's sleep patterns. This online workshop gives the opportunity to hear other parents' experiences, learn new strategies and share as much or as little of your story as you wish.
Wednesday 2 November 10:00 am to 12:00 pm

[Book now via Eventbrite](#)

CONSULTATIONS

Down Syndrome Act 2022 guidance: call for evidence

This call for evidence will inform the development of the Down Syndrome Act statutory guidance. Your views are sought on what should be included within the guidance.

This call for evidence will run for a period of 16 weeks and is open to everyone. People under the age of 13 will need consent from a parent or guardian to submit their response.

You can respond:

- as an individual
- on behalf of someone else
- on behalf of an organisation

The consultation closes on 8th November 2022

[Down Syndrome Act 2022 guidance: call for evidence - GOV.UK \(www.gov.uk\)](#)

SHARING PRACTICE AND INFORMATION ACROSS THE NORTH WEST

Congratulations to nasen award winners from the North West:

Award for Secondary Provision: Upton-by-Chester High School

Award for Teacher Development in Digital Accessibility 2022: Oldham College

Showing we care about Trauma-Informed practice

Lauren Wolfenden, Development Manager at Blackpool Better Start, considers the development of Trauma Informed Maternity and Perinatal Mental Health Services (TIMPS) Training

[Showing we care about Trauma-Informed practice | The National Lottery Community Fund \(tnlcommunityfund.org.uk\)](#)

Improving young adult diabetes services

This case study from the Royal Liverpool and Broadgreen University Hospitals NHS Trust focuses on patient engagement to improve clinical outcomes in young adult diabetes care. The trust achieved this by adopting a culture of engagement, patient-centred care, flexibility and peer support to complement clinical care.

[Engaging to improve: young adult diabetes service \(nice.org.uk\)](#)

Creating a sensory-friendly space for children and young people at Alder Hey Hospital: Project report and evaluation now published

Contact, NDTi and Alder Hey Children's Hospital have worked together on a project to create [a more sensory friendly environment](#) for children and young people visiting.

Read the [full independent evaluation of Sensory Friendly Environments North West, by Edge Hill University](#) which reviews the impact of the project.

Watch this [short animation](#) developed as part of the project to help people understand how hospital noises, lights and smells can distress or over stimulate some children with sensory processing differences.

Contact worked with [Sefton](#) and [Livpac](#) Parent Carer forums, young people from [Alder Hey Youth Forum](#) and [Sefton Camhelions](#) and the [National Development Team for Inclusion](#) (NDTi) whose 'experts by experience' brought the training to life.

FUNDING OPPORTUNITY: PARTS OF NORTH WEST

Active Communities is a funding programme for community groups and not-for-profit organisations, with an income of less than £350,000 a year or an average of £350,000 over two years.

They are currently open in Health Lottery North West in parts of:

- Cheshire: Cheshire East, Cheshire West, Chester, Warrington
- Bolton
- Halton
- Knowsley

Funding applications will close on Thursday 10 November at 1pm.

Active Communities is for projects seeking investment of between £5,000 and £40,000 for projects lasting up to two years.

They're looking for small and local projects, genuinely designed and run by local people. By small, they mean just a small group of people on an estate, in a few streets or villages.

They're also looking for great ideas from communities of interest. By this they mean a group of people who have things in common and wish to come together to address something that is important to them. These ideas could be based in one neighbourhood, or cover a wider area but they must live close enough to each other to meet up regularly.

They are particularly interested to hear how your project will take account of the cost of living crisis and rising mental health needs. The Trust may prioritise projects that include cost of living and/or mental health considerations.

[Apply for funding | People's Health Trust \(peopleshealthtrust.org.uk\)](#)

RESOURCES:

For pupils thinking about their future

For young people, choosing what to do next can be an anxious process. The '[Get the Jump Skills for Life campaign](#)' is there to help make young people aware of all their post-16 and post-18 choices and help them decide on their best next step.

NHS resources and support for pupils

The NHS Every Mind Matters website offers more valuable advice for spotting and supporting children's mental health issues and encouraging young people to look after their mental wellbeing. Head to the [Every Mind Matters website](#) for NHS-endorsed digital content and classroom resources, developed in partnership with clinical and academic experts.

Walk with us - A Toolkit for Supporting Children, Young People and Families Affected or Bereaved by Suicide

Children, young people and families from South Yorkshire and Bassetlaw who have been bereaved by suicide have developed a new toolkit to support families like their own in the aftermath of losing someone to suicide.

[Walk With Us- ABS toolkit \(chilypep.org.uk\)](#)

Entry Exit Pathway

Managing change can be challenging for children with SEND and their families, especially in the early years when moving from a home environment to a nursery or school setting. Dingleys Promise have created a set of tools to support children, families and settings through an 'Entry Exit Pathway'. These include:

These include:

- A pathway monitoring tool
- Child progress reference chart
- Family self-assessment survey
- Guidance and information sheets on the benefits of inclusion
- Transition measurement tools.

[Entry Exit Pathway \(councilfordisabledchildren.org.uk\)](http://councilfordisabledchildren.org.uk)

CQC GUIDANCE

Training staff to support autistic people and people with a learning disability: The new requirement

From 1 July 2022, all registered health and social care providers must ensure that their staff receive training in learning disability and autism, including how to interact appropriately with autistic people and people who have a learning disability. This should be at a level appropriate to their role.

This new legal requirement was introduced by the [Health and Care Act 2022](#). It applies to:

- all services and all settings, not just specialist services for people with a learning disability and autistic people, and not just the places where people live
- all health and care staff as well as ancillary staff who may have contact with people with a learning disability and autistic people, such as administrative staff.

You still need to meet the requirements of [Regulation 18](#). This requires you to provide employees with appropriate support, training, professional development, supervision and appraisal to enable them to carry out their duties.

CQC [statutory guidance](#) introduced 2 specific points about the new requirement:

- You must ensure that all staff receive training in how to interact appropriately with people with a learning disability and autistic people, at a level appropriate to their role.
- Staff must receive appropriate supervision in their role to ensure they demonstrate and maintain competence in understanding the needs of people with a learning disability and autistic people, including knowing how to support them in the best way.

You need to be aware of this when reviewing your induction, training and supervision plans for all staff.

[Training staff to support autistic people and people with a learning disability - Care Quality Commission \(cqc.org.uk\)](http://cqc.org.uk)

TRAINING

Young Black Men Crisis Tools Guides

Health Education England has worked with Healthy Teen Minds in partnership with 42nd Street, and young people with lived experience, to launch an extension of Crisis Tools – [Guides Supporting Young Black Men](#).

The four Crisis Tools Guides Supporting Young Black Men are:

1. [Barriers to access](#)
2. [What we need crisis services and practitioners to know](#)
3. [Understanding our perspective](#)
4. [Top tips from young black men](#)

Each of the four guides take approximately 15 minutes to complete, focuses on sharing young people's experiences of barriers and discrimination and what can be most helpful in offering support during a mental health crisis.

If you would like further information, [visit the Health Teen Minds website](#).

Early Years SENCO training

The DfE has appointed Best Practice Network to deliver training to up to 5,000 early years SENCOs across England over the next two years. Best Practice Network will deliver

accredited Level 3 EY SENCO training, nationally available, but with targeting in specific areas based on levels of disadvantage. Training cohorts will begin at regular intervals until August 2024. The training will be available to early years staff working in group-based settings and working as childminders. The initial autumn 2022 cohort is currently full but interested practitioners can pre-register for future training cohorts [New Early Years SENCO Programme | Best Practice Network](#)

INFORMATION

The charity, ICAN has changed its name to Speech and Language UK. Their new website is [Speech and Language UK: Changing young lives](#)

NEW WEBSITE: WHAT WORKS IN SEND – Collaboration, Innovation and Empowerment

The Council for Disabled Children has launched the 'What Works in SEND' website. The vision for the What Works in SEND programme is one of collaboration, innovation and empowerment of the SEND sector to create lasting change and improved outcomes for children and families. The programme website includes sections on emerging practice in local areas; research and evaluation; and research evidence on what works at a system level to deliver excellent services for children with SEND and their families.

[Home - What Works in SEND \(whatworks-send.org.uk\)](#)

REPORTS

1.7 million young futures

1.7 million children are struggling with talking and understanding words in the UK right now. Read Speech and Language UK's new report, [1.7 million young futures](#), for their findings and recommendations after surveying more than 1,000 families and teachers.

[speech-and-language-uk-1-point-7-million-young-futures.pdf \(speechandlanguage.org.uk\)](#)

Building the Right Support

The Department of Health and Social Care (DHSC) has published the [Building the Right Support](#) action plan, which is about supporting more people with a learning disability and autistic people to have the life they want in the community. It sets out what partners, including local government, need to do to support more people with a learning disability and autistic people to leave mental health hospitals by March 2024.

The annual assessment of health care and social care in England

State of Care looks at the trends, shares examples of good and outstanding care and highlights where care needs to improve.

[Read this year's State of Care online](#)

Bereavement is everyone's business. The Independent UK Commission on Bereavement

This report makes recommendations on all aspects of bereavement including financial help, support in schools and workplaces, and specialist bereavement services for those that need them. These recommendations were made in response to written evidence from over 100 children and young people, over 1000 adults and 130 organisations, engagement with 32,000 children and young people (via Votes for Schools), and 8 oral evidence sessions.

[UKCB findings - UK Commission on Bereavement \(bereavementcommission.org.uk\)](#)

School availability and family well-being

Most developed nations provide free or highly subsidised education and care for children, supporting not only children's development but also parents' ability to work by providing childcare for several hours during the day. The pandemic led to the abrupt and unprecedented removal of this support for the vast majority of children and families, with schools and childcare facilities closed, often for long periods, in countries around the world (Alon et al., 2020; UNICEF, 2021). These closures have had significant consequences for children's development (Betthäuser et al, 2022), but their effects on parents' labour supply, and the wellbeing of both children and parents, have been understudied. This report provides an overview of the results of a project exploring the consequences of school closures for family wellbeing. The research design exploits variation in children's access to school on the basis of government guidance which prioritised some year groups to return to school earlier than others in June/July 2020 and explores whether families whose children were prioritised to return had higher labour supply or better mental health than families whose children were less likely to be in school. The researchers also compare some outcomes for parents of school vs. pre-school aged children in January/February 2021, when schools were closed but pre-school facilities were able to remain open.

[School-availability-and-family-well-being-report.pdf \(nuffieldfoundation.org\)](#)

"My life could be so different" experiences of autistic young people in the youth justice system

A National Autistic Society report

[Youth Justice Report \(thirdlight.com\)](#)

Police interviewing of autistic people

Dr Katie Maras, a Senior Lecturer in Psychology and Deputy Director of the Centre for Applied Autism Research at University of Bath, discusses here how to support autistic

witnesses and suspects through the interview process.

[Police interviewing of autistic people \(autism.org.uk\)](#)

Child Safeguarding Practice Review Panel - phase 1 report on safeguarding children with disabilities and complex health needs in residential settings, which can be found at: [Child Safeguarding Practice Review Panel - GOV.UK \(www.gov.uk\)](#)

FOCUS: INTEGRATED CARE BOARDS

Working in partnership with people and communities

NHS England has published [statutory guidance on working with people and communities](#) for integrated care boards, NHS trusts and foundation trusts to support them to meet their legal duties on public involvement. This guidance will also be of interest to local authorities, who are key partners with the NHS in developing plans and services. NHS England has also organised a series of webinars on the new guidance, primarily for the NHS but local authorities may also be interested in participating:

- [Register for Wednesday 9 November, 11.00am to 12.00pm](#)
- [Register for Monday 5 December, 4.00pm to 5.00pm](#)

OPPORTUNITIES TO PARTICIPATE IN RESEARCH / SHARE PRACTICE

Services for young people and adults with attention deficit hyperactivity disorder (ADHD)

This study, managed by Exeter University, funded by the National Institute for Health and Care Research, aims to find out about primary care services for young people and adults with attention deficit hyperactivity disorder (ADHD) in England.

Professionals working in primary care are invited to complete the [survey](#). Primary care service provision will be mapped and investigated to improve primary care for young people aged 16-25 with ADHD.

[National Survey – MAP Study \(exeter.ac.uk\)](http://exeter.ac.uk)

Are you a school that supports PMLD students aged 16 and over in their transition to adulthood?

You may be interested in the OPT Award a chance for students to achieve the OPT Award by completing three different strands: The Helping Award, The Personal, Social and Emotional Wellbeing Award, and The 48 Hour Challenge through tasks like caring for animals, gardening and even tackling a high ropes course.

The OPT Award has been devised by @diverseabilitiesplus who are now looking for schools to take part nationwide. Find out more: optaward.org.uk

PARENT TO PARENT SUPPORT FOR FAMILIES

A new series of online training sessions to help families with behaviour difficulties, designed and delivered by Yvonne Newbold MBE, author – The Special Parent's Tuesday, 1st November

How to boost your SEND child's self-esteem

Sunday 6th November

How to boost communication skills with young people

Tuesday 8th November

How to rock important meetings about your child to get the best possible outcomes for them

Tuesday 15th November

How to navigate extreme behaviour in the teenage years

For information and to book a place at the above sessions go to

<https://newboldhope.simplero.com/page/249010-webinar-series>

There will also be a full-day masterclass on Saturday 19th November which will cover lots of these key topics.

OTHER NEWSLETTERS:

Autism practice: Criminal Justice

[Youth Justice Report, Police interviewing of autistic people and more \(nas-email.org.uk\)](http://nas-email.org.uk)

Children's Commissioner for England:

[News from the Children's Commissioner for England \(mailchi.mp\)](http://mailchi.mp)

Council for Disabled Children newsletter:

[Your October newsletter is here! \(mailchi.mp\)](http://mailchi.mp)

Early Childhood Unit, National Children's Bureau, bulletin:

[Latest news and information from the Early Years sector \(mailchi.mp\)](http://mailchi.mp)

Foundation Years bulletin:

[Foundation Years bulletin - October 2022 \(mailchi.mp\)](#)

Health, adult social care and ageing bulletin:

[Health, adult social care and ageing bulletin: October 2022 \(govdelivery.com\)](#)

Making Ourselves Heard news:

[October Making Ourselves Heard \(mailchi.mp\)](#)

Mental health, learning disability and autism bulletin:

<https://mentalhealthlda.cmail19.com/t/ViewEmail/d/B5118C050C8792682540EF23F30FEDED/204745E813181C7063B21DE8DA818551?alternativeLink=False>

Nasen newsletter:

[Your monthly nasen member newsletter \(ddlkn.net\)](#)

NCVO Bulletin:

links.ncvo.org.uk/m/1/37861233/p1-b22283-9d95a4672fc845b19d84a4dadbdffa67/4/684/3c79cbe1-e8e2-4917-8ca4-eb44694dcecc

NFER Direct:

[NFER Direct October 2022 \(ddlkn.net\)](#)

NICE news for health and social care:

[NICE News for Health and Social Care | October 2022 \(mailchi.mp\)](#)

Social Care Institute for Excellence: scieline

[Join us for NCASC 2022 \(scie.org.uk\)](#)

Teacher Bulletin:

[Teacher Bulletin: World Mental Health Day - a roundup of resources and advice \(govdelivery.com\)](#)

The Centre for Youth Impact newsletter:

[The Centre for Youth Impact Newsletter: October 2022 \(mailchi.mp\)](#)

Triangle Outcomes Star newsletter:

[Triangle's Newsletter - Oct 2022 \(campaign-archive.com\)](#)