

### **Short Breaks Service**



### For Children with Disabilities

## Newsletter w/c 3<sup>rd</sup> October 2022

This newsletter contains events and updates from various services around Halton, as well as other general information which you may find useful. You can find out more information on the <a href="Halton Local Offer page online">Halton Local Offer page online</a> or contact the Short Breaks Service for Children with Disabilities team too.

### **Mako Create Creators Courses**





Mako Create are running two courses for children and young people across Halton aged 10 to 17.

- The Mako Creators Club starts on Wednesday 5<sup>th</sup> October 4pm-6pm for the next six weeks at Transform, St. Pauls Church Hall Widnes – <u>click here to</u> book
- The Animation Creators Club starts Tuesday 4<sup>th</sup> October 4pm-6pm for the next six weeks at Grangeway Community Centre Runcorn – <u>click here to</u> <u>book</u>

Find out more on the <u>Mako Create website here</u>, email <u>info@digitalarts.org</u> or call 0151 433 2223

# Half Term Health and Wellbeing Camp at Sandymoor Ormiston Academy



Our Health and Wellbeing activity camps are designed with parents and children in mind, we aim to provide an enriching experience for all children and young people that engage with our camps ensuring they learn, remain active and make friends

Running across half-term from Monday 24<sup>th</sup> to Friday 28<sup>th</sup> October, you can book individual days or the full week according to your needs and budget, starting from £30. Find out more on **the website** and you can **click here to book**.

# Sensory Workshops with Halton Carers Centre and Shine Therapy



9.15am - 2.45pm Held at St Michael's Church Grangeway.

To add your name on to the list please email: tracey.strain@haltoncarers.co.uk or call us on 01928 580182.

Places are limited so please only add your name if you are caring for someone who has Sensory difficulties. Tickets will be priced at £5.00.Refreshments provided.

The course is being delivered by Lisa Hamer, an Advanced Practitioner in Sensory Integration and Highly Specialist Occupational Therapist. Halton Carers Centre are holding a Sensory training workshop hosted through Shine Therapy and delivered by Lisa Hamer an Advanced Practitioner in Sensory Integration. This will be held at St Michael's Church, Grangeway Runcorn on Thursday 3<sup>rd</sup> November.

**Email** 

tracey.strain@haltoncarers.co.uk or call 01928 580182 for more details and to add your name to the list.

You can also visit the <u>Halton</u>

Carers Centre page on Facebook

# Kidz to Adultz North Event Tuesday 1<sup>st</sup> November

# WE'RE BACK! KIDZ TO ADULTZ NORTH 1st November 2022

Kidz to Adultz North is back in Manchester this year. The event will be held at **Manchester Central** on Tuesday 1<sup>st</sup> November between 9.30am and 4.30pm.

The Kidz to Adultz events are held across the country and are dedicated to children and young adults with disabilities and additional needs, their parents, carers and the professionals who support them. They feature more than 180+ exhibitors offering advice and information on a huge variety of topics.

<u>Click here to find out more</u>, or you can email the Kidz to Adultz team: info@disabledliving.co.uk or call 0161 214 4592

### **Caudwell Children – funding available**



Thanks to a successful fundraising campaign and the generosity of supporters, from 1st October Caudwell Children are temporarily making 100% funding available for powered wheelchairs and specialist sports equipment.

Funds are limited and will only apply to applications made before Tuesday 20<sup>th</sup> December.

<u>Click here</u> to check eligibility and apply now

### **Drum-A-Long at Brookvale Community Centre**



Come along and have a drum with the SEND R US CIC team at Brookvale Community Centre on Saturday 8<sup>th</sup> October between 3pm and 4pm

Drum-A-Long is a great form of physical and mental exercise and it's good for mental wellbeing too!

Click here to message SEND R
US CIC on Facebook to book
your place.

# Free cooking classes with SEND R US at Ashley High School start this week



SEND R US are hosting free cooking classes at Ashley High School in Widnes on Thursday 6th and Thursday 13th October 5pm-8pm.

As always, places are limited so please email sendrus@mail.com
or send a direct message through Facebook.

### **Sustainable Warmth Fund**

# SUSTAINABLE WARMTH FUND

Grants to help you save energy, keep your home warmer and reduce carbon emissions

The Sustainable Warmth Fund is being delivered in Halton, Knowsley, St Helens and Wirral by the Liverpool City Region Combined Authority (**LCRCA**) in partnership with the local authorities, Everwarm and Next Energy.

The scheme aims to improve the energy performance of homes in order to save energy, keep homes warmer and reduce carbon emissions

It is funded by the Department for Business, Energy and Industrial Strategy (<u>BEIS</u>). Eligible measures include loft, under floor, cavity wall, internal wall and external wall insulation and low carbon heating and energy systems such as heat pumps and solar panels

To be eligible, your household income must be below £30,000 a year or the Minimum Income Standard. Click here to find out more and to apply.

# Calm and Collected sessions with Just Bee You North West



The Calm and Collected sessions are aimed at taking time out to learn to connect with yourself and those around you, embrace your emotions, increase your confidence and enjoy some self care and relaxation

COMMUNITY INTEREST COMPANY

The sessions will run each Wednesday 9.30am-11am at Tarbock Community Centre, Netherley Road starting Wednesday 5<sup>th</sup> October. For more information check out **their Facebook page** and **contact Alison on 07988 136315** to book your place.

### **MAX** cards



We still have Max Cards available for our families in Halton.

The card is designed to help families save money on great days out at castles, zoos, bowling alleys and more.

You can visit the MAX Card website for further details or check out the Local Offer.

Cards cost £2.50 and can be collected from Warrington Road Children's Centre in Widnes, or Glendale Family Centre in Runcorn (available Monday to Friday 9am to 4.30pm – please note, it is cash payments only). You can email <a href="mailto:AimingHigh.forDisabledChildren@halton.gov.uk">AimingHigh.forDisabledChildren@halton.gov.uk</a> or call 0151 511 6560 for more details.

This newsletter provides general information and resources, though not all of it will be relevant to everyone included in the mailing list. If there is some specific information you would like to see more of, or information from a certain service please let me know and I will try to include next time. If you do not wish to continue receiving this newsletter, please let me know.

### Julie.Pennington@halton.gov.uk

Short Breaks Service for Children with Disabilities Halton Borough Council

Tel: 0151 511 6560

Email: AimingHigh.forDisabledChildren@halton.gov.uk