



Short Breaks Service



For Children with Disabilities

Newsletter w/c 26th September 2022

This newsletter contains events and updates from various services around Halton, as well as other general information which you may find useful. You can find out more information on the [Halton Local Offer page online](#) or contact the [Short Breaks Service for Children with Disabilities](#) team too.

Half term short breaks activities with Everton in the Community



The short breaks funded half term activities with Everton in the Community have been announced, with three great events for children and young people in Halton with disabilities and additional needs aged 7 to 17

- **Monday 24th October 11am-1pm – Planet Ice in Widnes - £3 per person**
- **Tuesday 25th October 11am-1pm – Pizza making at Bella Italia in Liverpool - £2 per person. Transport available with pickups from the Brindley in Runcorn and the Stadium in Widnes**
- **Wednesday 26th October 11am-12.15pm – Superbowl UK in Widnes - £2**

** Please note lunch is not provided except for the pizza making activity.

Spaces are limited, so to book on call the team on **07975784613** or email- mark.dolan@evertonfc.com, with first come first served basis for bookings

The Science of Superheroes at The Studio

HALTON LIBRARIES PRESENT...

**UNMASKED:
THE SCIENCE OF
SUPERHEROES**

SAT 1ST OCTOBER 2022 11-3.30PM

**AT THE STUDIO,
LACEY STREET,
WIDNES WA8 7SQ**

For 14-18s



Booking Essential. FREE Tickets from Eventbrite

Hosted by Theddeus Bent



*Activities, talks, stalls,
cosplay masquerade, refreshments
and photo opportunities and much
more. So come in costume and join us
in exploring the science of
superheroes!*

**FREE 'Unmasked:
Science of superhero'
book to those
attending!**



Halton Libraries are running a free event for teenagers aged 14-18 at The Studio in Widnes on Saturday 1st October 11am to 3.30pm, [click here to book your tickets.](#)

Vibe Outdoor activities

There are several Vibe activities coming up for both Juniors (ages 8-11) and Seniors (ages 12-17).

On Saturday 1st October there is abseiling and rock climbing – 9.30am-12.30pm for Juniors and 1.30pm-4.30pm for Seniors. [Click here to book for Juniors](#), and [click here for Seniors](#).

On Saturday 15th October there is orienteering and adventure walk – 9.30am-12.30pm for Juniors, and 1.30pm-4.30pm for Seniors. [Click here to book for Juniors](#), and [click here for Seniors](#).

These activities are always popular and spaces are limited so book on today. Pickups for all activities are available from the Old Police Station in Runcorn and McDonalds Moor Lane Widnes.

Abseiling & Rock Climbing

Junior Club **vibe** outdoors

Saturday 1st October 2022
9:30am - 12:30pm

Age 8-11

Transport Provided

FREE

LIMITED SPACES!

Register now by clicking the link or scanning the QR code:

BOOK HERE

Runcorn: Old Police Station, Mersey Road, WA7 1DF

Widnes: McDonalds, Moor Lane, WA8 7AP

Halton Council funded, monthly Outdoor Activity focused Junior Youth Club (8-11) for SEND young people in Halton

vibeuk.org

disability confident

HALTON COUNCIL

High

vibe

AALA

Abseiling & Rock Climbing

Senior Club

vibe
outdoors

Saturday 1st
October 2022

1:30pm -
4:30pm

Transport
Provided

Age
12-17

FREE

LIMITED SPACES!

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link or scanning the QR code:

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HERE**



Collection Points:

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Widnes: McDonalds, Moor Lane, WA8 7AP

Halton Council funded, monthly Outdoor
Activity focused Youth Club (12-17) for SEND
young people in Halton



vibeuk.org



Orienteering & Adventure Walk

Junior Club

vibe
outdoors

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vibeuk.org



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vibeuk.org



Autumn activities at Widnes and Runcorn Children's Centres



The new autumn schedule of activities at the Children's Centres is now up and running.

- [Click here to view the activities calendar in Widnes.](#)
- [Click here to view the activities calendar in Runcorn.](#)

You can also find out more on [the Local Offer page.](#)

Hula and Circus Skills fun at Brookvale Community Centre

Hula & Circus Skills Fun

Friday 30th September at
Brookvale Community Centre
5pm-6.30pm

Free Event & Free Refreshments
1 hour Hula & Circus Skills & 30 minute
refreshments

**Message us to book your place
as places are limited**

For people of any age
living in Halton with
SEND, long-term or
chronic illnesses

All children must be
accompanied by a parent or
carer

Brookvale Community Centre
Northwich Road
Runcorn
WA7 6PE

ALL OF US
VERSUS
ARTHRITIS

Join the team from SEND R US CIC at Brookvale Community Centre on Friday 30th September from 5pm-6.30pm for their free Hula and Circus Skills fun session.

The session is for people of any age in Halton with SEND or long-term or chronic illness.

Spaces are limited so contact the SEND R US team through [their Facebook page](#) or call the Community centre on 01928 713 877.

Free cooking classes with SEND R US at Ashley High School

Free COOKING CLASSES

For individuals & families in Halton with SEND

Thursday 6th October & Thursday 13th October
5pm-8pm

Places are limited so Direct Message us on Facebook or email sendrus@mail.com to book

Ashley High School
Cawfield Ave
Widnes
WA8 7HG

SEND R US CIC
sendrus@mail.com

Please inform us of any food allergies or intolerances when booking

All children/young persons must be accompanied by a family member/carer

COMMUNITY FUND

SEND R US are hosting free cooking classes at Ashley High School in Widnes on Thursday 6th and Thursday 13th October 5pm-8pm.

As always, places are limited so please email sendrus@mail.com or send a direct message through [Facebook](#).

CEA Cinema cards



The CEA Card is a national card scheme developed for UK cinemas by the UK Cinema Association (UKCA). The card, which costs £6 and is valid for one year, enables a disabled cinema guest to receive a complimentary ticket for someone to go with them when they visit a participating cinema.

It has been developed by UKCA's Disability Working Group, whose members include film exhibitors and distributors, and national disability charities such as RNID, RNIB, Dimensions and Whizz Kidz.

If you have any questions about the card and how it works check out their [website here](#) where you'll find more information Or you can call **01244 526 016** or email info@ceacard.co.uk to apply.

Inclusive Cheer dance group



STARTING FROM TUESDAY 6th SEPT
Inclusive Cheer
All Ages!
Tuesday Evenings 6.30-7.30pm
@ The Totally Wicked Stadium
A dance group specifically for children and young
adults with additional needs.
£4.00 a session

No booking required.
For more information email:
Nicola.egerton@saintsrlfc.com



Come along to the Totally Wicked Stadium in St Helens for a dance group especially for children and young people with additional needs, every Tuesday between 6.30pm and 7.30pm for £4 per session. No booking is needed but you can email Nicola.Egerton@saintsrlfc.com for more information.

MAX cards



We still have Max Cards available for our families in Halton.

The card is designed to help families save money on great days out at castles, zoos, bowling alleys and more.

You can visit the [MAX Card website](#) for further details or check out [the Local Offer](#).

Cards cost £2.50 and can be collected from Warrington Road Children's Centre in Widnes, or Glendale Family Centre in Runcorn (available Monday to Friday 9am to 4.30pm – please note, it is cash payments only). You can email AimingHigh.forDisabledChildren@halton.gov.uk or call 0151 511 6560 for more details.

The latest edition of Serial Culture Zine



Serial Culture is a magazine produced by young people from Halton, in partnership with The Studio, Widnes and the latest edition is now available online – [click here](#) to take a look.

Do you know a young budding artist, or someone with a special interest or hobby they would like to share with the people of Halton and beyond? Email the team serialculturezine@gmail.com or follow @serialculturezine on Instagram and Facebook.

Zoom meeting with The Bridge School – Wednesday 28th September 7.30pm



When a pupil is having difficulties in a mainstream school and might be (or has been) permanently excluded they may be referred to a Pupil Referral Unit.

The Bridge is a Key Stage 3 and 4 Pupil Referral Unit supporting students, families and schools across Halton.

Halton SEND Carer's Forum is hosting a zoom meeting with Nigel Hunt head of the Bridge School on Wednesday 28th September 7.30pm.

To find out more and to register to access the zoom link you can contact Halton SEND Carer's Forum through [their website](#) or [on Facebook](#), by calling 07784240160, or email info@haltoncarersforum@gmail.com

Fresh-Beginnings – helping to build cooking confidence



Fresh-Beginnings helps to deliver cooking sessions for people with little or no skills in the kitchen to help people gain the confidence they need to learn new skills and to cook delicious food from scratch.

For the past few months, Barbara Freeman who owns the business has been working on developing a cookery book 'You can cook' that is going to help people in the community who struggle to cook, helping them to gain the confidence they need to provide healthy, nutritious meals from scratch for families and individuals making mealtimes a positive experience.

The book is full of simple recipes using canned, non-perishable, fresh and frozen foods. It also has additional tips and information on how to get confident in the kitchen, know your basics, advice on batch cooking and how to get the best out of your slow cooker – [click here to preview the book](#), or find out more on the [Fresh-Beginnings website](#).

This newsletter provides general information and resources, though not all of it will be relevant to everyone included in the mailing list. If there is some specific information you would like to see more of, or information from a certain service please let me know and I will try to include next time. If you do not wish to continue receiving this newsletter, please let me know.

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