

### For Children with Disabilities

Newsletter w/c 24<sup>th</sup> October 2022

This newsletter contains events and updates from various services around Halton, as well as other general information which you may find useful. You can find out more information on the [Halton Local Offer page online](#) or contact the [Short Breaks Service for Children with Disabilities](#) team too.

### Half-term activities at Halton Libraries



There are lots of half-term and Halloween activities at our libraries across Halton this week.

While many of the arts and crafts sessions are now fully booked remember that many activities such as Lego club, board games, and Halloween themed story walks and Chatterbooks session don't need to be booked and you can just drop in.

[Check out the full list of all activities here.](#)

## Contact for families with disabled children



**GET HELP WITH  
CHILDCARE COSTS**

Many parent carers on Universal Credit, Working Tax Credit, and other working families (not on benefits) can get help to pay for childcare. Find out more:

[contact.org.uk/childcare-costs](https://contact.org.uk/childcare-costs)

contact

The advertisement features a purple background with a central illustration of a family (a woman, a man, and two children) sitting on the floor. The text is in white and purple, and the Contact logo is in the bottom right corner.

Find out if you can get help to pay for childcare costs by visiting [the Contact website here](https://contact.org.uk/childcare-costs). [Their website](https://contact.org.uk/childcare-costs) also has all the latest news and updates for families of children with disabilities. You can sign up for regular emails, updates and newsletters by [clicking here](https://contact.org.uk/childcare-costs).

## Halton Carers Centre

Halton Carers Centre have lots of useful information, support and workshops to support you and your family. Visit [their Facebook page](#) to register with the Centre.



**HALTON CARERS CENTRE** A Network Partner of **CARERS TRUST**

**Shine THERAPY**

**Sensory workshop**

Thursday 3rd November

9.15am - 2.45pm Held at St Andrews Church Grangeway.

To add your name on to the list please email: [tracey.strain@haltoncarers.co.uk](mailto:tracey.strain@haltoncarers.co.uk) or call us on 01928 580182.

Places are limited so please only add your name if you are caring for someone who has Sensory difficulties. Tickets will be priced at £5.00. Refreshments provided.

The course is being delivered by Lisa Hamer, an Advanced Practitioner in Sensory Integration and Highly Specialist Occupational Therapist.

Company limited by guarantee No: 26214995

Logos for Halton, Trusthouse, Community FPC, and NHS are visible at the bottom.

The Sensory Workshop run by Lisa Hamer and Shine Therapy will be held at St Andrews Church Grangeway on Thursday 3<sup>rd</sup> November. Tickets cost £5 and places are limited - email [tracey.strain@haltoncarers.co.uk](mailto:tracey.strain@haltoncarers.co.uk) or call 01928 580182 to register.

# Teen Life Workshop for parents and carers of adolescents with autism

## FOR MORE INFORMATION:

[ami.mcnamee@halton.gov.uk](mailto:ami.mcnamee@halton.gov.uk)

### DATE :

28.11.22  
05.12.22  
12.12.22  
09.01.22  
16.01.22  
23.01.23

### TIME:

4.00pm-6.00pm

### COST:

FREE

### VENUE:

Halton Lodge Children's Centre

### HOW TO BOOK:

To book email:  
[ami.mcnamee@halton.gov.uk](mailto:ami.mcnamee@halton.gov.uk)

## TEEN LIFE - NAS ACCREDITED

Runcorn Venue

### OVERVIEW

Teen Life is aimed at parents/carers of adolescents who have autism

### WHO IS IT FOR?

Parents and Carers of young people diagnosed with autism between the ages of 10 - 16 years old.

### WHAT YOU WILL LEARN

Explores topics such as:

- understanding and explaining a diagnosis to a young person
- stress and anxiety
- independence
- puberty
- planning for the future and understanding and interpreting behaviour

### PREVIOUS DELEGATE COMMENTS

'Very useful to meet up with other parents and hear their experiences. A good opportunity to ask questions.'

Very informative, Ami and Stacey are fab.'



The Teen Life workshop is NAS accredited and works with parents and carers of adolescents with autism to explore various topics. There are several dates available through to January 2023 with the two hour session held at Halton Lodge Children's Centre. For more information and to book your place email [Ami.mcnamee@halton.gov.uk](mailto:Ami.mcnamee@halton.gov.uk)

**Fun Day for all Year 5 children at Ormiston  
Bolingbroke Academy**



**FREE**

**YEAR 5  
FUN  
DAY**

**THURS  
OCT  
27TH**

**8:45 AM - 3 PM**

**Lucere Aude**  
**Ormiston Bolingbroke  
Academy**



All students in Year 5, no matter what school they attend, are welcome to come and join us at OBA for a day of fun!  
All completely FREE!

**Join us for a community breakfast where families are welcome to join us before the students embark on a full day of fun.**

Then take the rest of the day to meet our Alpaca friends, try out some Circus Skills and create a monster puppet and bring it to life!

Lunch and snack are also provided.

For more information and to register:  
<https://kwiksurveys.com/s/i4fTBUVs>



Join the team from OBA for a day of fun including circus skills, monster puppets and meeting the Alpacas! It's open to all year 5 children no matter which school they attend with a community breakfast, lunch and snack provided. Scan the QR code for more information and to register or you can [click here](https://kwiksurveys.com/s/i4fTBUVs).

## **MAX cards**



We still have Max Cards available for our families in Halton.

The card is designed to help families save money on great days out at castles, zoos, bowling alleys and more.

You can visit the **[MAX Card website](#)** for further details or check out **[the Local Offer](#)**.

Cards cost £2.50 and can be collected from Warrington Road Children's Centre in Widnes, or Glendale Family Centre in Runcorn (available Monday to Friday 9am to 4.30pm – please note, it is cash payments only). You can email **[AimingHigh.forDisabledChildren@halton.gov.uk](mailto:AimingHigh.forDisabledChildren@halton.gov.uk)** or call 0151 511 6560 for more details.

This newsletter provides general information and resources, though not all of it will be relevant to everyone included in the mailing list. If there is some specific information you would like to see more of, or information from a certain service please let me know and I will try to include next time. If you do not wish to continue receiving this newsletter, please let me know.

**[Julie.Pennington@halton.gov.uk](mailto:Julie.Pennington@halton.gov.uk)**

Short Breaks Service for Children with Disabilities Halton Borough Council

Tel: 0151 511 6560

Email: **[AimingHigh.forDisabledChildren@halton.gov.uk](mailto:AimingHigh.forDisabledChildren@halton.gov.uk)**