# Short Breaks Service for Children with Disabilities

## I have been referred and accepted, what happens next?

#### Who are we and what do we do

We provide short breaks to children with a disability age 0-18 to enable parents/carers to continue with their caring role.

Short breaks provide families with the opportunity to access activities away from the mundane of everyday life.



#### What could my child's short breaks plan include?

- A referral to a commissioned service (these can be found on the local offer)
- Community Activity Budget to fund community activities
- Individual Support Budget to employ Personal Assistant support
- An invitation to our inclusive family events

### What is a short breaks assessment?

Your early help family worker will complete a number of home visits to meet with yourself and your child to gain an understanding about your daily life.

The worker will request a copy of your child's EHCP with your consent. The information in this will help to inform the short breaks assessment.

The assessment will look at your child's developmental needs and your family factors with a view to gaining the most appropriate level of support your child requires to enable them to positively access a short break.

#### All About Me

Your early help worker will create a document that we call 'All About Me'. This will be direct work with your child to find out all about them, their likes and dislikes, people that are important to them, their hopes for the future and how a short break could make life better for your family.





If you have any further questions, please do not hesitate to contact us <u>AimingHigh·ForDisabledChildren@Halton·gov·uk</u> 0151 511-6560