



Disabled Children's Service – Short Breaks Service



Newsletter 4th July 2022

This newsletter contains events and updates from various services around Halton and also other general information which you may find useful.

INFORMATION ON HOW TO ACCESS FREE COUNSELLING SERVICES FOR YOUNG PEOPLE AT KOOTH.

Free, safe and anonymous online counselling and support

Judging myself
Family relationships
Confusing friendships
Not feeling accepted

It really feels like a weight has lifted.

- Chat to our friendly counsellors
- Read articles written by young people
- Join live moderated forums

PLEASE FIND BELOW INFORMATION ABOUT SEN PLAY SESSIONS HELD AT PLAYFACTORE ON THE FIRST THURSDAY OF EACH MONTH.

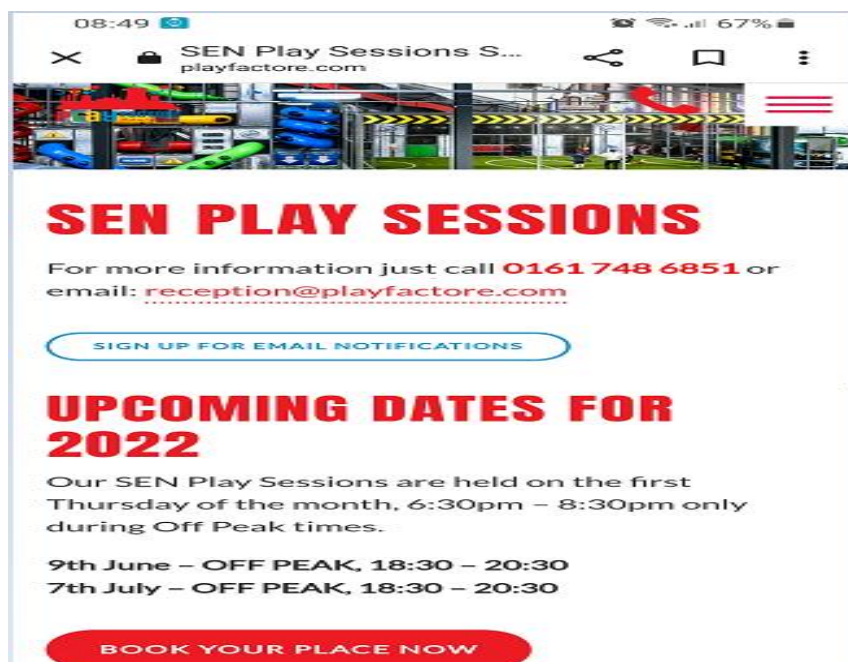


JOIN US FOR OUR NEXT EVENING SEN PLAY SESSION!

Play Factore's SEN Sessions are held on the first Thursday of the month during Off Peak times only (Mon-Fri during term time). Children receive 2 hours of play, having access to all of our facilities. Additionally, siblings are more than welcome to come along and join in the fun too!

We welcome children aged 6 months – 16 years with all types of disabilities and special educational needs (SEN and SEND). Play Factore understands everyone's needs are different and we want to make sure your session with us is as relaxed and enjoyable as it can be. The volume of the music is lowered, as well, as adjusting the lighting to make families feel comfortable.

INFORMATION OF SEN PLAY SESSION ON 7th JULY AT 6:30pm – 8:30pm AT PLAYFACTORE IN MANCHESTER. SEE BELOW FOR DETAILS.



ELITE SUMMER HOLIDAY SPORTS CAMP. TOTAL OF 30 FREE PLACES FOR CHILDREN AGED 5-11 YEARS. TO BE ELIGIBLE FOR FREE PLACE CHILD MUST RECEIVE FREE SCHOOL MEALS, BE A YOUNG CARER OR INVOLVED IN SOCIAL CARE.



FREE!

SUMMER HOLIDAY SPORTS CAMP



There's something for everyone. Children will also get to enjoy our added Healthy Lifestyle Activities. Afternoon Tournaments are included, with a "FREE HEALTHY LUNCH PROVIDED & PRIZES TO BE WON!"

Coaches are provision specialists and members of their governing body. With fully enhanced DBS checks, up to date first aid qualifications, public liability insurance & appropriate qualifications!

Bookings by - Friday 15th July, 2022
TO BOOK: Contact - Kathryn on t: 07803 064 090 or
e: info@elitecoachingsolutions.co.uk

Join us for...
"Hideout" "Basketball" "Crazy Golf"
"Fun Tournaments" "Dodge-ball"
"Football" "Breakout"

- Venues:

- 1) **Halebank CE Primary - Heathview Road, Halebank, Widnes, WA8 8UZ**
- 2) **Gorsewood Primary - Gorsewood Road, Murdishaw, Runcorn, WA7 6ES**

Venues 1&2 Dates -

- WK1 **Mon 25th July - Fri 29th July**
- WK2 **Mon 1st Aug - Fri 5th Aug**
- WK3 **Mon 8th Aug - Fri 12th Aug**

- 3) **Upton Community Centre - Hough Green Road, Widnes WA8 4PF**

Venue 3 Dates -

- WK1 **Mon 15th Aug - Fri 19th Aug**
- WK2 **Mon 22nd Aug - Fri 26th Aug**

- Time: **10am - 2pm**

- Cost: **Free**

- Ages: **5-11 years**

BROOKVALE SUMMER HOLIDAY ACTIVITIES PROGRAMME. PLEASE SEE DETAILS BELOW.



Monday 25 th , 26 th , 27 th , 28 th July. (No. place 16)	Camp Curiosity A 4-day summer camp project. Physical and craft-based projects	10-3pm Lunch will be provided for this activity
Monday 1 st August (No. places 10. Children will be booked on all 4 days)	Learn to play the Ukulele Come along learn a new instrument	Session 1.. 10-12pm Session 2... 1pm-3pm
Wednesday 3 rd August (No. places 20)	Line Dancing Come and have some fun with Pam	Session 1pm -3pm
Thursday 4 th August (No. places 8)	Sewing for Fun Have fun making bunting for your garden	Session 1pm -3pm
Thursday 4 th August Thursday 11 th August (No. 12 places at each session)	Cookery Classes Come and make some delicious treats to take home and share	Session 10-12pm
Thursday 4 th August Thursday 11 th August (No. 20 places each session)	Musical Theatre Come along and dance and sing ...enjoy	Session 1pm-3pm
Friday 5 th August (No. 10 places)	Feeling good about yourself Time to think about how we see our self	Session 10-12pm
Monday 8 th August (No. 10 places at each session)	Having Fun with Art A fun session creating our own masterpiece	Session 1... 10-12pm Session 2 ...1pm-3pm
Wednesday 10 th August (No. 10 places)	Loving our Garden Come and learn how to grow plants and vegetables	Session 1pm -3pm

Open to children age 8 -14 years
 Children must be booked on before attending the session.
 as places are limited
 Where are the sessions held.....Brookvale Community Centre,
 To book email mal@brookvalecommunitycentre.com



VIBE SENIOR CLUB AGES 12 – 17 YEARS ORIENTERRING AND ADVENTURE WALK ON THURSDAY 21st JULY 1:30pm – 4:30pm.

Orienteering & Adventure Walk

Senior Club **vibe** outdoors

Thursday 21st July 2022
1:30-4:30
@ Vibe Outdoors

Age 12-17

Transport Provided

FREE

LIMITED SPACES!

Register now by clicking the link or scanning the QR code:

BOOK HERE



Collection Points:
Runcoorn: Old Police Station, Mersey Road, WA7 1DF
Widnes: McDonalds, Moor Lane, WA8 7AP

Halton Council funded, monthly Outdoor Activity focused Youth Club (12-17) for SEND young people in Halton

vibeuk.org



YOUNG CARERS EVENT HELD EVERY THURSDAY EVENING 5pm – 7pm BY HALTON CARERS CENTRE. PLEASE SEE BELOW FOR INFORMATION.

R-Time

Thursday 5-7pm

A safe space to give our YC a break from their caring roles. YC age 11+

What we do:
 Arts and Crafts Guest speaker
 Meet other Young Carers
 Guest Speaker Quizzes Watch movies
 Games and Themed Nights

We are very limited to places - all done on a rotation and first come basis. Unfortunately, no transport provided.

CONTACT:
 YCT: 01928 580 182
 Or
help@haltoncarers.co.uk



HALTON CARERS CENTRE SUPPORT GROUP FOR CARERS OF THOSE WITH MENTAL HEALTH ISSUES HELD ON FIRST WEDNESDAY OF EACH MONTH AT THE BROOKER CENTRE. PLEASE SEE BELOW FOR INFORMATION.

Do You:

- Care for someone with a mental health condition?
- Sometimes feel excluded by services?
- Want more support?
- Want to reduce the stigma mental illness?



The group will meet at the Brooker Centre in the reception area.

HALTON CARERS CENTRE A Network Partner of **CARERS TRUST**
Halton Carers Centre

Carers Mental Health Support Group

If you care for someone with depression, bi polar, anxiety, anxiety, psychosis, panic attacks, schizophrenia, OCD etc. Halton Carers Centre and Masey Care Trust are here to support you at a new group. The group offers peer support in a friendly environment where you can meet others in similar situations.

We meet at 1pm-2pm on the first Wednesday of the month

Wed 6 July	Wed 3 Aug	Wed 7 Sep
Wed 5 Oct	Wed 2 Nov	Wed 7 Dec

Halton Carers Centre
62-64 Church Street, Runcorn, WA7 1LD
Tel: 01928 580182



Halton Carers' Centre

Do you care for someone with a mental health illness? Our carers mental health support group will now be held at the Brooker Centre on the 1st Wednesday on the month in the reception area 1pm-2pm.

If you require any further information about the group please telephone Lucia on 01928 580182 or email Lucia.Urquhart@haltoncarers.co.uk

NEW NECKERCHEW DRIBBLE BIB INFORMATION FOR CHILDREN AGED 4 AND OVER.

Tired of buying chew toys all the time? Your child will never lose them again with this super-absorbent dribble bib that already comes with a chewie attached at the bottom!

The Neckerchew is great for children or adults who drool but also enjoy a satisfying chew. The bib has 3 fully-reversible layers for all-day wear, and the medical-grade silicone chew is soft and pliable.

Suitable for ages 4+ and available in 8 fun patterns at Fledglings, our charity shop 🐦
fledglings.org.uk/products/cheeky-chompers-neckerchew

We think the dino pattern is the perfect way to celebrate Dinosaur Day, our annual fundraiser on 19 June! Find out more at contact.org.uk/dino-day



REBOUNDERS FAMILY FUN SESSIONS OVER THE SUMMER BREAK. PLEASE SEE BELOW FOR DETAILS.



Halton SEND Carers Forum
Yesterday at 13:55 · 🌐



Rebounders Therapy and Training Centre 1 July at 06:27 · 🌐

Rebounders Family Fun sessions are now available to book!
One hour of family fun at the centre 🥰 in a safe and calm environment. One group family per hour.

I have opened the first week for bookings and then the remaining sessions will go online. Please book via the link

<https://bookwhen.com/rebounderstherapy> #summersessions #halfterm #july #august #activitiesforkids #activitiesfortoddlers #sen #disabilities #disabilitycommunity #disabilityadvocate

This newsletter provides general information and resources, though not all of it will be relevant to everyone included in the mailing list. If there is some specific information you would like to see more of, or information from a certain service please let me know and I will try to include next time. If you do not wish to continue receiving this newsletter, please let me know.

Julie.Pennington@halton.gov.uk

Short Breaks Service for Children with Disabilities
Halton Borough Council