Disabled Children's Service –

Short Breaks Service

Newsletter 11th May 2022

This newsletter contains events and updates from various services around Halton and also other general information which you may find useful.

❖ Fit 4 Life – PARENT/CARER WORKSHOPS:

These workshops are aimed at parents and carers of school-aged children. The sessions last for up to 1 hour, and are delivered via Microsoft Teams. You will have the opportunity to ask questions during the sessions if they wish, but there is no pressure to speak to the group or to go on camera!

HALTON HEALTH IMPROVEMENT

Fit 4 Life
Bite Size Sessions

START WELL

Join us for our 1-hour parent/carer workshops:

SLEEP & SCREENS

Did your children sleep well last night? In this session we will explore how the length and quality of sleep can affect us and our children. Pick up new tips and ideas to promote good quality, restful sleep. We will also look at how screens affect our children, and share ideas for managing screen time better.

FUSSY EATING & SNACKING

Is your child a fussy eater? It's easier said than done to get children to try new foods. In this session we will share tips and techniques to encourage your child to eat more variety. We will also talk through the steps to food acceptance. We'll share healthy snack ideas as we look at alternatives to sugary snack favourites.

MENTAL HEALTH & EMOTIONAL WELLBEING

Everyone has mental health and looking after your child's mental health has never been so important. This workshop is based on the 5 ways to wellbeing and will give you tips and advice for supporting your child's mental health. We'll share resources and techniques to promote positive mental health and build resilience.

These workshops are for parents and carers, and will be delivered via Microsoft Teams.

Choose from the following sessions:

Sleep & Screens		Fussy Eating & Snacks		Mental Health & Emotional Wellbeing	
Thurs 28nd April	6pm	Mon 25th April	1pm	Weds 30th March	10am
Fri 20th May	1pm	Weds 25th May	10am	Mon 9th May	6pm
Thurs 23rd June	10am	Tues 28th June	6pm	Tues 14th June	1pm
Weds 13th July	6pm	Thurs 14th July	1pm	Thurs 7th July	10am

To book your place, email HIT@halton.gov.uk

For more information call the team on:
0300 029 0029
or visit www.haltonhealthimprovement.co.uk
@HaltonBC Halton BC

❖ VIBE

See posters below for the Outdoor Junior and Youth Club offer. You can register by clicking the 'Book Here' link or scanning the QR code, or by going to
*8-11 year olds - https://www.eventbrite.co.uk/e/halton-outdoor-activity-short-breaks-junior-tickets-319350685497
Or
*12-17 year olds - https://www.eventbrite.co.uk/e/halton-outdoor-activities-short-breaks-senior-tickets-319500132497

Upcoming dates for 2022: Saturday 25th June, Thursday 21st July, Friday 19th August, Saturday 3rd September, Saturday 15th October, Saturday 12th November and Saturday 3rd December.
Places are limited to 12 young people each time and the session will be aimed at young people aged 8-11 years - don't worry if you're older, if the session is appropriate for you, then you won't be turned away! We will work with young people to identify the activity focus of future sessions
Travel arrangements:
Junior Widnes - Minibus will collect young people at: 9:30/40pm from: McDonalds, Moor Lane, WA8 7AP. Returning at: 12:30pm
Junior Runcorn - Minibus will collect young people at: 9:20/30pm from: Vibe [Halton], Old Police Station, Mersey Road, WA7 1DF. Returning at: 12:40pm
Youth Widnes - Minibus will collect young people at: 1:30/40pm from: McDonalds, Moor Lane, WA8 7AP. Returning at: 4:30pm
Youth Runcorn - Minibus will collect young people at: 1:20/30pm from: Vibe [Halton], Old Police Station, Mersey Road, WA7 1DF. Returning at: 4:40pm
What to bring:
Wear some comfortable clothes you won't mind getting dirty along with some training/running shoes! Waterproof coat. Any snacks you might want along with something to drink.
*All relevant safety equipment will be provided, e.g., climbing shoes, floatation devices, helmets, harnesses etc.

Indoor Climbing
& Bouldering
Junior Club
vibe
outdoors
28 May 2022
9:30-12:30
The Climbing Hangar
- Speke
Transport
Provided
Ages
8-11
FREE
LIMITED SPACES
Register now by clicking the
link or scanning the QR code:
BOOK
HERE
Collection Points:
Runcorn: Old Police Station, Mersey Road, WA7 1DF
Widnes: McDonalds, Moor Lane, WA8 7AP
Halton Council funded, monthly Outdoor
Activity focused Junior Youth Club (8-11) for
SEND young people in Halton
disability
confident
vibeuk.org
HALTON
HIGH
vibe
AALA

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❖ HALTON SEND CARERS FORUM – PBSS WORKSHOP

Halton SEND Carer's Forum

POSITIVE BEHAVIOUR SUPPORT SERVICES - HBC

In attendance will be Natalie Storer from Positive behaviour Support Services at Halton Borough Council discussing their service and how to access it in Halton.

Thursday 12th May 2022 at 7.30pm

Not to be missed this is a very informative and informal way to ask your questions to the professional and seek support easily.

To Join Our Virtual Group:

All you need is a smart phone or laptop/computer with speakers, microphone and ideally a camera.

Join us direct on zoom on the link below:

https://us02web.zoom.us/j/89121842595?pwd=RTlxOVhDQ0hJTkIXY2FkT3RHNWpGdz09

Meeting ID: 891 2184 2595

Passcode: 520906

Don't worry if you cannot come to this one as we will be holding more virtual groups in the coming months at other times, to suit all forum members.

Halton Send Carers Forum WWW.Haltonsendcarersforum.org.uk

❖ We Will Rock You - Summer Musical Theatre Camp

Please let me know if you would like me to send you the application form!

We Will Rock You Young@Part

Thanks for expressing an interest in taking part in our upcoming production of Queen's incredible musical 'We Will Rock You' featuring some of their most iconic songs. This is a Young@Part version of the musical and has been adapted to be performed by a younger audience.

OVERVIEW / SYNOPSIS

WE WILL ROCK YOU Young@Part® is the authorized 70 minute edition of the West End musical for schools and youth theatres. Inspired by and featuring the songs of Queen, this new version of the show is perfect for kids to perform! Young@Part® musicals are tailor-made for younger actors. Song keys are changed where needed, songs and scenes are edited for time and content, while keeping the spirit of the original West End show intact. There are great parts for girls, boys and can include any sized ensemble/chorus, who appear throughout the show.

Featuring chart-topping Queen songs including "Another One Bites the Dust," "Bohemian Rhapsody," "Killer Queen," "We Will Rock You," "Somebody To Love," "We Are the Champions," and many more, this 70-minute adaptation of the West End show follows two young rebels as they restore rock 'n' roll to "the iPlanet" in a post-apocalyptic world. WE WILL ROCK YOU Young@Part® is a musical for our time: a fist-pumping, foot-stomping anthem to individuality.

We Will Rock You is set 300 years in the future in a futurist and globally corporate world. Planet Earth has been renamed the Planet Mall and is controlled by the Globalsoft Corporation. The head of Globalsoft is the sinister Killer Queen, who has banned all non-computer generated music. She has heard of a prophecy that instruments have been hidden somewhere on the planet and that 'The Dreamer' will emerge from the people to show the way to them. She orders her Chief of Police, Khashoggi, to get to the bottom of the matter and crush any rebellion. Meanwhile, Galileo, a young student and outsider, is desperate to "break free" from this corporate world. He hears lyrics in his dreams and is heralded as the star of the prophecy by the Bohemians who have been searching for the lost instruments. To fulfill the prophecy, Galileo must evade the clutches of the Killer Queen and finally bring back the music. With the help of Pop, an aging hippie librarian, Galileo and Scaramouche find Rock's Holy Grail--Brian May's guitar--buried in the remains of Wembley Stadium.

A Place For Us CIC – Creative Inclusive Communities
Contact: enquiries@placeforus.org.uk

music&drama education awards 2021 WINNER

aplaceforusCIC

Registered as a Community Interest Company - Company Number: 12419045

Who is it for?

The production is open to any young person aged 12 – 18 (those entering Y7 in September through to those who have just left Y13). A love of performing is a must and we will be expecting all performers to sing, dance and act; either as lead roles or as part of the ensemble.

We are looking for 30 young people to join us in this production and we will ask everyone to do a short audition, even if they are not looking for a lead role. This will help us to ensure that everyone is in the right role for the show. If we are over subscribed we may not be able to offer a place to everyone.

When and where is it?

This is an intensive 2 week project taking place 22nd August – 4th September at Norton Priory Outdoor Theatre – Norton Priory Museum & Gardens, Tudor Road, Windmill Hill, Runcorn, WA7 1SX. Rehearsals take place weekdays 10:00 – 17:00 with two performances on Sunday 4th September at 5pm and 7:30 pm. Lunch will be provided.

Auditions take place on Saturday 16th July and we will conform the venue and times closer to the date.

This is part of our Talent Development Programme and gives young people the experience of working in a professional outdoor theatre setting. The production will be Directed Kate Allerston and Musical Direction by Chris Bastock. The young people will also get to work with a professional choreographer and vocal coach, stage manager and lighting/sound technicians.

It is vital that all performers attend all rehearsals and performances. Please do not apply for a place if this commitment can't be met.

How much does it cost to be involved?

We are committed to keeping fees as low as possible and still providing the exceptional production values that we are known for. We are also aware that recent times have been challenging for many families. We are delighted that we have been able to secure funding from Halton Borough Council's Youth Provision Grant that enables this production to be fully funded with no cost being passed on to the young people or their families.

Can family and Friends come and see the performances?

Absolutely! Tickets will be on sale soon for the 2 performances on Sunday 4th September at 5pm and 7:30 pm. A link to buy tickets will be sent out to all cast members before they go on general sale as we have a limited number of tickets available!

What next?

If you would like to take part please complete the application form and return to us by 24th June 2022 to ensure that we can offer an audition. If you have any other questions, please do drop us an email – enquiries@placeforus.org.uk

❖ RAINBOW BEHAVIOURAL THERAPIES:

Get in touch or complete their online form using the link:
https://forms.gle/2KWm4xh9AHRHwYuN9
info@rainbowbehaviouraltherapies.co.uk

RAINBOW
BEHAVIOURAL THERAPIES

Working in partnership with Assess Education

SEN May Half-Term Holiday Club

Monday 30th May, Tuesday 31st May and Wednesday 1st June

Sessions for the three days will be
- 9am to 12pm for 2-4 year olds (£45 a session)
- 1pm to 4pm for 5-11 year olds (£45 a session)

The May Half-Term Holiday Club is aimed at supporting children aged 2-11 with SEN. We will be offering 1:1 and teaching functional communication, play and social skills during these sessions. Session prices also include the initial assessment and end of holiday club report.

Please complete our intake questionnaire to register interest.
https://forms.gle/2KWm4xh9AHRHwYuN9

25% deposit is required before confirmation of placement and phone call.
Once you have completed the form using the link above, a member of our team will be in touch with details on how to make your deposit for you to confirm your place and we will arrange a phone call to discuss the next steps

RAINBOW

Assess Education

For more information, email
info@rainbowbehaviouraltherapies.co.uk

- **ACTIVE SOCCER CAMP – FREE PLACES AVAILABLE FOR HALTON YOUNG PEOPLE AGED 10-17**

30 FREE PLACES AVAILABLE • BRING OWN PACKED LUNCH

active soccer

To book your place David Todd

07712 637360

or email **halton@activesoccer.co.uk**

Please provide full name, age, post code and any additional information when booking. Please ensure children bring relevant clothing, footwear and a drink with name clearly written on it.

HALTON BOROUGH COUNCIL

❖ SPLASHED OUT WHIT SWIMMING SESSIONS:

Splashed Out in Birkenhead will be doing school holiday intensive swimming sessions. They also offer sensory swimming lessons where parents/carers join in too. Check out their website for more info: https://splashedout.co.uk/sensory-swimming-lessons/

This newsletter provides general information and resources, though not all of it will be relevant to everyone included in the mailing list. If there is some specific information you would like to see more of, or information from a certain service please let me know and I will try to include next time. If you do not wish to continue receiving this newsletter, please let me know.

Victoria.Meadows@halton.gov.uk
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