

Autism Training for Parents and Carers of Children and Young People on The Autism Spectrum 2021/22 offer



The SEN Service offer three courses to support parents and carers of children who have a diagnosis of autism. The courses provide theory, information, as well as a range of strategies for you to try at home. These courses are for parents and carers of children diagnosed with autism. The courses we offer are as follows:

Early Bird Training (accredited by the National Autistic Society) This is aimed at parents/carers of children aged 0-7 years who are pre-verbal and explores how to support communication, sensory processing difficulties, play skills and understanding and interpreting behaviour

York: Intervention and Support for Parents and Carers of Autistic Children and Young People Training This is aimed at parents/cares of children aged 5-14 who are communicating verbally. This explores the theory behind autism, communication needs, sensory processing and understanding and interpreting behaviour. Parents/carers are also offered the opportunity to develop a support plan to manage a concern you may have.

Teen Life Training (accredited by the National Autistic Society) This is aimed at parents/carers of adolescents who have autism and explores topics such as understanding and explaining a diagnosis to a young person, stress and anxiety, independence, puberty, planning for the future and understanding and interpreting behaviour.

If you have a child/ young person with a diagnosis of autism and you are interested in attending one of the above courses or would like some further information, please email senat@halton.gov.uk with the following details:

**Your child's name
Your child's date of birth
Your contact information e.g. phone number/ email
Your child's nursery/school/college
Which course you would like to attend
The time of day you are able to attend**

We try to run the courses twice a year and will be in touch when the next course is available.