

## Autism Training for Parents and Carers of Children and Young People on The Autism Spectrum 2021/22 offer



The SEN Service offer three courses to support parents and carers of children who have a diagnosis of autism. The courses provide theory, information, as well as a range of strategies for you to try at home. These courses are for parents and carers of children diagnosed with autism. The courses we offer are as follows:

**Early Bird Training (accredited by the National Autistic Society)** This is aimed at parents/carers of children aged 0-7 years who are pre-verbal and explores how to support communication, sensory processing difficulties, play skills and understanding and interpreting behaviour

**York: Intervention and Support for Parents and Carers of Autistic Children and Young People Training** This is aimed at parents/cares of children aged 5-14 who are communicating verbally. This explores the theory behind autism, communication needs, sensory processing and understanding and interpreting behaviour. Parents/carers are also offered the opportunity to develop a support plan to manage a concern you may have.

**Teen Life Training (accredited by the National Autistic Society)** This is aimed at parents/carers of adolescents who have autism and explores topics such as understanding and explaining a diagnosis to a young person, stress and anxiety, independence, puberty, planning for the future and understanding and interpreting behaviour.

**If you have a child/ young person with a diagnosis of autism and you are interested in attending one of the above courses or would like some further information, please email [senat@halton.gov.uk](mailto:senat@halton.gov.uk) with the following details:**

**Your child's name  
Your child's date of birth  
Your contact information e.g. phone number/ email  
Your child's nursery/school/college  
Which course you would like to attend  
The time of day you are able to attend**

**We try to run the courses twice a year and will be in touch when the next course is available.**