



What's On in Halton: Autumn Half Term 2021

ADDvanced Solutions Community Network has a blended face-to-face and online offer to support children, young people, families and professionals in the Halton area.

We offer:

- **face-to-face and online Community Network Groups**
- **face-to-face and online learning workshops for parents and carers**
- **face-to-face and online learning workshops for professionals**
- **telephone and email support**

Our online offer is delivered using Zoom for Healthcare. If you are using a phone, you will need to download the Zoom app beforehand. The details we request are kept secure and used in line with our privacy policy:

<https://www.addvancedsolutions.co.uk/policies/privacy-policy.html>

If you are accessing our online offer using your mobile phone, please be mindful of your data usage. If you do not have an unlimited data plan, you may need to connect to a Wi-Fi connection to prevent charges.

Our COVID-19 Health & Safety commitment to you

We will:

- **Follow government guidance**
- **Test our team regularly**
- **Offer hand sanitiser, face masks and face visors, if desired**
- **Observe social distancing measures**

We ask that you:

- **Follow government guidance**
- **Do not attend if you have any COVID-19 symptoms**
- **Follow our registration process**
- **Respect the venue, and our team's requests around observing COVID-19 health & safety measures**
- **Observe social distancing measures**

Community Network Groups (face-to-face and online)

This half-term, in response to feedback from families, we will be delivering a blended offer of face-to-face and online Community Network Groups.

The Community Network Groups provide a discussion based opportunity to develop your understanding around neurodevelopmental conditions (NDCs), to ask questions and share learning and experience. You can talk to other parents, the ADDvanced Solutions team and **visiting professionals** who can help and support you.

To attend face-to-face or join online, please follow the instructions for each individual Community Network Group

Community Network Group (combined face-to-face and online)

Mondays 12:45pm-2:45pm

Location: Widnes WA8. Full address available on registration.

If you wish to attend face-to-face: please call the office on 0151 486 1788

[If you wish to join online: please click here to register](#)

13th September: Welcome back - Identifying Problems, Finding Solutions

20th September: Choosing the Right School for your Child

27th September: Exclusions

4th October: Dyslexia (awareness week)

11th October: NDCs and Mental Health (awareness week)

18th October: Chatterbug - Speech and Language Team

Community Network Group (online only)

Wednesdays 5:00pm-6:30pm

Location: Online

[If you wish to join online: please click here to register](#)

15th September: Welcome Back - Identifying Problems, Finding Solutions

22nd September: Choosing the Right School for your Child

29th September: Disability Benefits - DLA/PIP and Carer's Allowance

6th October: Dyslexia (awareness week)

13th October: NDCs and Mental Health (awareness week)

20th October: Exclusions

ND Family Learning Programmes (online and face-to-face)

This term, in response to feedback from families, we are providing an option of attending a face-to-face Family Learning Programme or joining an online Family Learning Programme.

Our Neurodevelopmental Conditions Family Learning Programme provides an opportunity for parents and carers to gain understanding and skills about neurodevelopmental conditions including autism and ADHD (pre, during and post-diagnosis) with strategies to support the difficulties that may present:

- Neurodevelopmental conditions/specific learning difficulties and associated mental health difficulties
- Autism Spectrum Disorder/Condition (ASD/C)
- Attention Deficit Hyperactivity Disorder (ADHD)
- Sensory Processing/Integration Difficulties (SPD)
- Supporting behaviours associated with neurodevelopmental conditions
- Your local offer, welfare rights and special educational support

If attending online, the programme will be delivered in webinar format. A webinar is a platform where you are not visible or heard by others joining the training. You can type any questions into the chat, and these will be answered during or at the end of the session.

ND Family Learning Programme (online)

**The online programme will be delivered over six sessions.
Tuesday evenings from 6:30pm - 8:30pm**

[To join this online programme: please click here to register](#)

Tuesday 14th September

Tuesday 21st September

Tuesday 28th September

Tuesday 5th October

Tuesday 12th October

Tuesday 19th October

ND Family Learning Programme (face-to-face)

**The face-to-face programme will be delivered over three full-day sessions.
Monday daytime from 9:30am - 3:00pm**

Location: TBC

To attend this face-to-face programme, please call the office on 0151 486 1788

Monday 24th November

Monday 1st December

Monday 8th December

Sensory Processing Difficulties Learning Workshops (online)

Our Sensory Processing Difficulties learning workshops will be delivered as webinars. It is recommended that you attend all three sessions.

Monday mornings - 10:00am-11:30am

[Please click here to register for the three morning sessions.](#)

20th September: Introduction to Sensory Processing Difficulties
(Session 1 of 3)

27th September: Emotional Regulation and Praxis
(Session 2 of 3)

4th October: Sensory Strategies
(Session 3 of 3)

Monday evenings - 6:30pm-8:30pm

[Please click here to register for the three evening sessions.](#)

4th October: Introduction to Sensory Processing Difficulties
(Session 1 of 3)

11th October: Emotional Regulation and Praxis
(Session 2 of 3)

18th October: Sensory Strategies
(Session 3 of 3)

Neurodevelopmental Conditions and Eating Difficulties (online)

This Learning Workshop is specifically for families of children who experience avoidant and restrictive food intake difficulties. **We recommend you access the Sensory Processing Difficulties training before accessing our Eating Difficulties training.**

Monday 10:00am-11:30am

11th October: [Please click here to register for this session.](#)

Learning Workshops for Families (online)

Our learning workshops, delivered as webinars, have been designed for families, to better recognise, understand and support their own needs and those of their children and young people living with neurodevelopmental conditions. If there are other topics you would like us to cover in future workshops, please let us know. **Please click the appropriate link(s) below to register:**

Thursday 23rd September

10:00am-12:00noon: [Supporting Siblings of Children with NDCs](#)

Thursday 7th October

10:00am-12:00noon: [Introduction to ADHD](#)

Thursday 14th October

10:00am-12:00noon: [Behaviours that Challenge: What's Really Going On?](#)

Learning Workshop for Supporting Sleep Difficulties (online)

Our trained sleep practitioners will present a webinar on sleep difficulties faced by children and young people with neurodevelopmental conditions, and offer suggestions and strategies to improve their sleep routine.

Thursday 30th September

9:30am-12:30pm: [Please click here to register for this session](#)

Professionals Learning Workshops (online)

Our Professionals Learning Workshops, delivered as webinars, will support you and your organisation to better recognise, understand, and improve outcomes for the children, young people, and families that you work with

Please click the appropriate link(s) below to register:

Thursday 30th September

3:30pm-5:30pm: [ND Conditions and Mental Health](#)

Thursday 7th October

3:30pm-5:30pm: [Introduction to ADHD](#)

Coffee Mornings

We are happy to attend any face-to-face coffee mornings and/or online sessions to explain our current offer to families and professionals. Please contact the office.



Children's Activities - "Dance your socks off Thursday!" (online)

Join us for our "Dance your socks off Thursday" party for children with neurodevelopmental conditions and their siblings, running from **4:00pm-5:00pm** (see dates below).

We will be partnering with Aladdin's Cave Entertainment to deliver a party to provide an opportunity for your child to dance, have fun and play games. Come and burn off some energy and put on some party clothes if you would like.

[Click here to book your child's place for all six sessions.](#)

Thursday 16th September

Thursday 23rd September

Thursday 30th September

Thursday 7th October

Thursday 14th October

Thursday 21st October



 Follow us on Twitter: @ADDvancedSol
 Follow us on Instagram: @ADDvancedSolutions
 Like us on Facebook: ADDvanced Solutions Community Network
Join our closed Facebook group for parents and carers:
ADDvanced Solutions Community Network Discussion Group

For full details and descriptions of the events listed in this 'What's On' newsletter, please visit the What's On section on our website Community Network ADDvanced Solutions Community Network and view the calendar listings.

Seeking Crisis Support?

ADDvanced Solutions Community Network is not a crisis service. If you, a child or young person is experiencing acute distress and is deemed to be a risk to themselves or others, **we have listed the local area crisis contact details on our urgent support page, which you can find on our website: www.advancedsolutions.co.uk under the 'Contact' menu option**, where you will also find links to national organisations that can offer support.

Click [HERE](#)