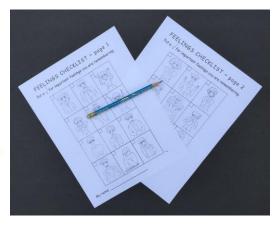
Anime Emotion Cards and picture checklist for counseling and teaching







Here is a fun and useful project for children and teens.

How to make the 21 Anime Emotion Cards:

Print them out on cardstock or on paper which you will then laminate.

Have children color them in.

Suggestions on using the cards:

- *Ask children to pick out which emotions they wish to talk about.
- *Create games for children to play together, such as "Tell me when you felt like the picture on this card."
- *Use them in combination with Anime Emotion Picture Worksheets and other emotional regulation activities on the website (autismteachingstrategies.com).

Created by Joel Shaul with art by Midnight Cross

FEELINGS CHECKLIST ~ page 1

Put a $\sqrt{}$ for important feelings you are remembering.



My name:

Art by Midnight Cross

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FEELINGS CHECKLIST ~ page 2

Put a $\sqrt{}$ for important feelings you are remembering.



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My name: _____







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Artist Bio

Midnight Cross is an Australian artist who specializes in anime art, using pens, ink and digital mediums to illustrate simple but whimsical characters. She has been developing her unique drawing style from a young age, when she watched her first anime, and fell in love with the amazing artistic culture. Her art has been displayed in several art gallery exhibitions, and she has won various awards in story writing and animation. Midnight Cross shares her art through her YouTube Channel where she uploads videos and tutorials on a regular basis. She shares her finished illustrations with Viewers on her Facebook and Instagram accounts.

Currently, Midnight is working on her own single volume manga titled 'Having Faith', which she plans to have published, along with various How to Draw books and original T-Shirt designs.

YouTube: https://www.youtube.com/c/midnightxcross/
Instagram: https://www.instagram.com/midnightxcross/
Facebook: https://www.facebook.com/midnightXcross/

Twitter: https://www.twitter.com/MidnightXCross/

