

## **Halton CAMHS involvement within the Graduated Approach**

CAMHS in Halton provide support to schools through their thrive model.

### **PRIMARY SCHOOLS:**

In primary schools, CAMHS attend group consultation with the Education Psychology Service (EPS). They provide support and advice thorough this model of intervention. Each primary school has a CAMHS link worker who attends their cluster of meetings. Advice and recommendations are given in this meeting, recorded by the EPS and shared with the school staff who raised the concern. This advice should then inform practice in school for the young person and be evidenced in their SEND support plans. This should then follow a plan do review cycle.

### **SECONDARY SCHOOLS:**

All secondary schools have a link CAMHS worker who liaises with a designated staff member in the school. The school can raise issues with the link worker anonymously or on an individual level (consent required). Link workers can provide generic support to school staff to support issues that the school staff share with them. On an individual basis, the link CAMHS worker may suggest that the young person would benefit from further more in depth assessment. At the highest level, where a young person already accesses CAMHS as a service it would be expected that the school would liaise primarily with the young person's case manager.

At all times it is expected that, where possible, schools work alongside our health colleagues acting on their advice to create change for young people and that this is completed within timely plan, do review cycles.

It is expected that if a child is raised (anonymously or individually) that the school make notes about the advice given and that they create an SEND plan in school that reflects this advice and how they have implemented interventions where they can in line with this advice.

### **ALL SCHOOLS: TRAINING**

Schools also have access to training from CAMHS in areas such as anxiety, self-harm and low mood. If staff attend training, it is expected that they record attendance and the impact this had for individual students within their SEND support plans.

### **APPLICATION FOR EHC ASSESSMENT:**

Should a request for statutory assessment be required and it was deemed that CAMHS advice would be supportive it should be evidenced in school records and submitted alongside all other documentation detailing plan, do and review cycles under the SEMH category in the code of practice.

### **Kooth**

Kooth is the service under CAMHS which provides the counselling offer to children and young people in Halton. If a child or young person is open to Kooth for face to face counselling then they will have an allocated counsellor and they would be able to support school and education in each individual case as required