



Get settled in with **Break the Ice**

Work on skills in **Project Time**

Make a meal together in our **Lovely Lunch Challenge**

Catch up and enjoy a meal in **Come Dine With Us**

Be a DJ making our personal playlist in **Sounds Great**

Chill out and relax in **Mindfulness Moments**

Share your news in **What's New Pussycat?**

Solve problems, think and create in **Activity Central**

Review and feedback in **What's Next?**

**Have a great day
with Skills Up!**

New safety measures in place to suit the current situation.

Staff are former teachers with enhanced DBS checks and are trained in safeguarding, first-aid and food safety.

Join a session:

The Old Police Station

Monday 10:00am - 3:00pm

Wednesday 10:00am - 3:00pm

Thursday 10:00am - 3:00pm

Friday 10:00am - 3:00pm

The service can be paid for using
Direct Payments at the Agency Rate.

