



My Short Breaks Profile

For children aged 0-12 Years

This is my Profile, it shows the activities that I am doing now, and the people and things that are most important to me. It includes my likes, dislikes, and identifies the support I need to stay safe whilst having a fun experience.

This Profile will be used to find out what activities I want to do in the future and how this will help my family and me.

This Profile must contain all the tasks that need to be done to ensure that I can take part in my chosen activities and considers appropriate risk assessments, staff training requirements, communication needs, dietary requirements transport arrangements, and cultural issues.

This Profile is completed with me and those closest to me and signed by us all.

When this is completed, it will be shared with the people who are going to provide my Short Breaks service so that they can start my Care Plan.



ALL ABOUT ME

My name is

My Date of Birth is

Date My Profile Completed

My Home and Family

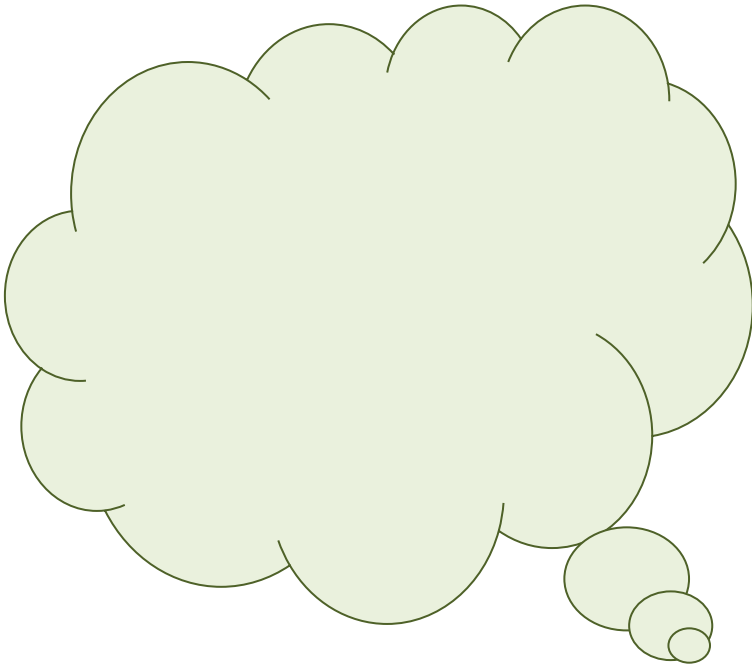


What I do And Where I Go

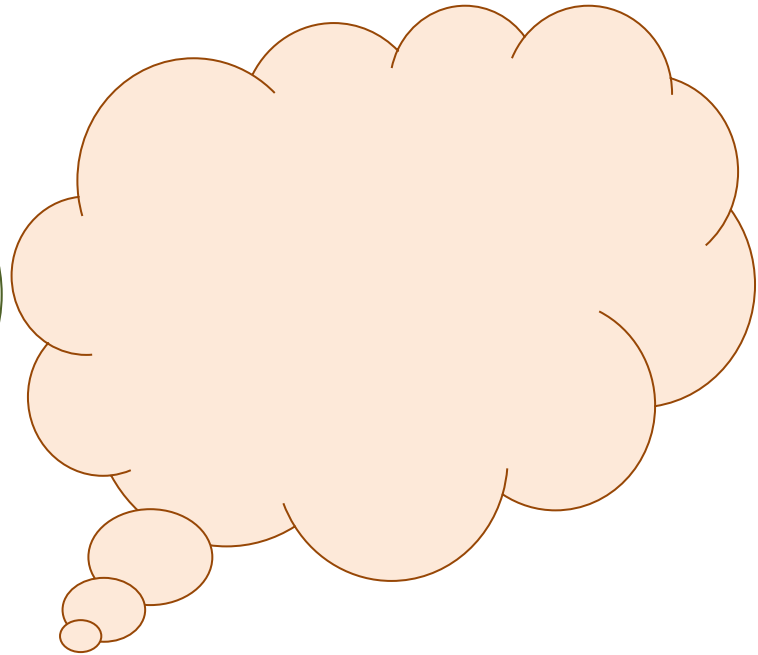
Time of week	What I do?
After School	
Weekends	
In School Holidays	

Important people in my life

Friends



Family

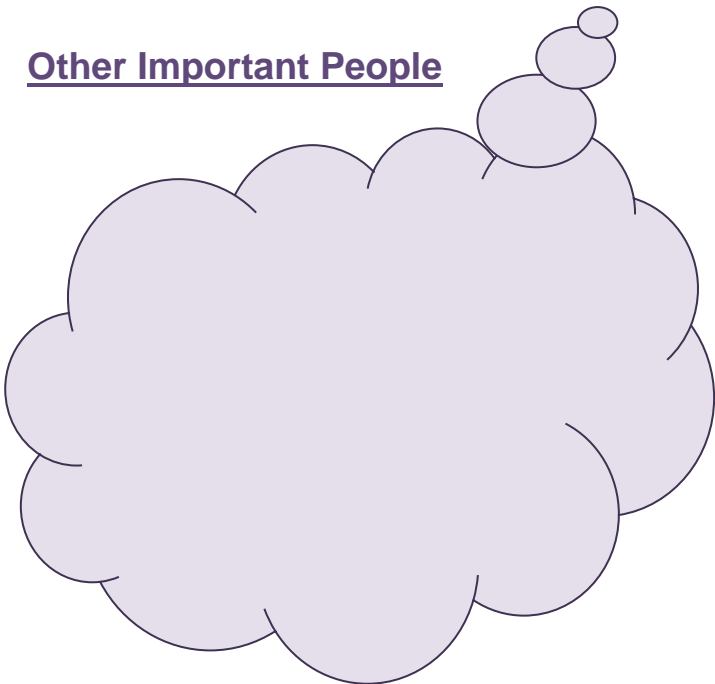


All of these are important to me



All of these are important to me

Other Important People



School Staff and Paid Supporters



Things I like



Things I don't like



A large rectangular area enclosed by a blue dotted line, intended for writing or drawing.



Things I can do for myself



1.

2.

3.

4.

5.



What help I need to

Keep me safe?

Keep me healthy?

Understand what is going on?

Let you know what I want?

Keep me happy?

Get out in the community?

How would this make life better for me?

1.	
2.	
3.	
4.	
5.	

How would this make life better for my family?

1.	
2.	
3.	
4.	



My Profile was completed with

Me

My Parent/Carer

My Worker