



**Skills Up provided a session for Halton Speakout's groups.**



**We based the day on Apprentice style challenges.**



**Young people from Bright Sparks attended.**



**Adult members from The People's Cabinet also participated.**

I would be Environment Man and I would help to save the planet and make it better for everyone who lives on it by helping people to look after it and recycle.  
Connor



**We began with ice breakers, imagining a superhero we could be.**



**We discussed healthy eating, safety and hygiene.**



**We planned the steps to make healthy food products.**



**In teams, we used our culinary skills to prepare our products.**



**We presented our products ready to be judged.**



**We created a good atmosphere by making our own playlist.**



**We wrote and then answered our own quiz - it was very tricky!**



**We reviewed the day and our learning and feedback to Skills Up.**