

Workbook



Person Centered Practice and Good Conversations Part 2



Quick Recap



Delivering Better Outcomes Together



Four + One

1

What have we tried?

2

What have we learned?

3

What are we pleased about?

4

What are we concerned about?

+1

What do we try next based upon what we have learned?

DATE

Title

Give it a name
own IT!

Path

Planning Alternative
Tomorrows
with Hope

Make a wish

Future
thinking

1. **WHERE**

Where are you
Having
none
nothing
is ok!

2. **TOWARDS**

Who do we
need to
help us?
Who do we
need to
encourage
us?

3. **STRONGER**

Skills
Knowledge
Relationships
what you have,
what to build.

4. **BELOW**

What might
stop you?
Contingency
Plans.
Preparing for
obstacles.

1st STEP

What will
you do
tomorrow?

Do
something
NOW!

1/4
2
3

Make the
date...
Moving closer
to the now

1/2 Way

Measured
Goals
Stepping
stones.



VALUES

What are they? Binding to the goal

No Barriers
Anything possible
Think BIG!
Aspirations

HOW WILL YOU FEEL?

EMOTIONS FEELINGS SENSES
these are → Motivators.



① title

④ Now

⑤ Enroll

⑥ Makes you Strong

⑨ Can do now

⑧ Mid-point

⑦ Mid-point

③ Positive Possible goals

② North Star dream

tension

NAME: _____
DATE: _____

IF I COULD I WOULD...

DO
BE

What people love about me...



WHAT MATTERS ISLAND

people

Things to take

Things to do



OUTCOMES

WHEN I'M I WOULD HAVE.....

- _____
- _____
- _____
- _____

WHO will do WHAT by WHEN

WHO	WHAT	by WHEN





This is how I like the information shown to me	This is how to present choices to me	This is how you help me understand the information shown to me	These are the best times to ask me about a choice	This is when it is not good for me to make a choice



Important choices in my life	Who would be involved or how I would be involved in these	Who makes the final decision

Model for writing PfA Outcomes using the 'Outcome Sandwich'

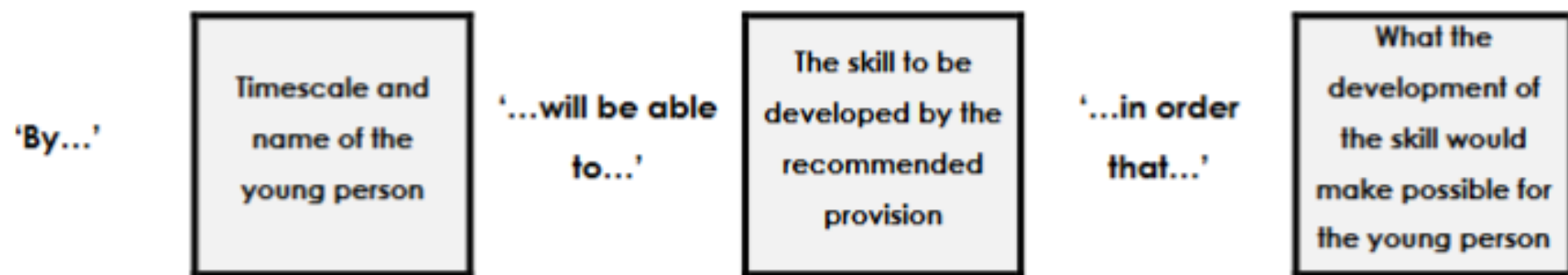
The Outcome Sandwich is a structure to support writing person-centred outcomes.

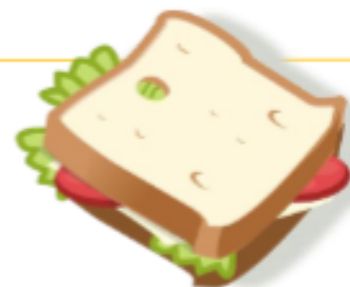
The top – specifies a realistic timescale by which an outcome will be achieved. This part should also contain the young person's name.

The filling - specifies the skill that will develop as a result of provision. Skills should be measurable through observation or assessment.

The base - specifies how the skills in 'the filling' move the young person towards the life they want for themselves. What will this skill give the young person, or make possible in their future life or do for them as part of their preparation for adulthood (PfA).

For example:





PfA Outcomes - The Sandwich Model

By When?

Short term – 1 year or 6 months in early years

Long Term – 3 years or next transition point e.g. end of Key Stage

The measurable skill that will develop as a result of provision

What will the young person be able to do?

in order to... so that... to support towards... to allow...

Relates to what is important to the young person now and in the future

Moving the child / young person towards the life they want for themselves

What will it give the child?

What will it make possible?

What will it do?

How does it prepare the child for adulthood?

Develop Relationships

Develop Independent Living Skills

Support Access to Employment

Maintain Health

www.accessstoeducation.birmingham.gov.uk

OUTCOME



Delivering Better Outcomes Together

