

To use the Men's Shed you must be male, over the age of eighteen and have been bereaved.

*Interested?*

come and see us or talk to your GP first.

Men's Shed at Halton Haven does not provide mental ill health; learning disability or addiction specific services and referrals cannot be accepted as such.

Contact the main Hospice reception on 01928 712 728 and ask to be put through to Men's Shed for further details.



  
HALTON HAVEN  
*Hospice* for a special kind of caring

Registered Charity No. 702654  
A company limited by guarantee  
Written by the Quality Assurance Team  
June 2016

  
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MENS  
SHED



**Men's Shed** at Halton Haven is a free to access service for bereaved men, based within the grounds of the Hospice.

Within the main 'shed' building there is a spacious seating area, a kitchen and bathroom facilities.



- Joinery
- Computers
- Digital Photography
- Gardening
- Music
- Cookery
- Arts and Crafts
- Quiet Space

**Men's Shed** at Halton Haven offers a safe, warm, friendly environment for men to try new activities and learn new skills; while sharing existing skills and experiences with others.

Led by the Men's Shed Coordinator, there is also the opportunity to chat with other men.

*So...what activities are on offer?*

It is hoped that you will feel supported, not only by the staff, but also by your peers at the project.

In turn it is hoped that this will help to improve your general feeling of health and wellbeing.



To the side of this building there is an outdoor seating area and a very large timber shed; containing a spacious work area.

A potting shed can also be found at the rear of the Hospice.

