

## How can people access the Bridge Building Service?

For the moment, it has to be by referral through any Social care team or a professional person who identifies that you have a disability and that you are socially isolated.

For information on how to ask for a referral contact any Direct Link office:

### Widnes Direct Link

7 Brook Street  
Widnes  
Cheshire WA8 6NB  
(Near to Widnes Market)

### Halton Lea Direct Link

Rutland House  
Halton Lea  
**Runcorn**  
WA7 2ES  
(Next to the library)

or telephone ☎ 03033334300

If you would like more information about the Bridge Building Service contact the team on:

☎ 0151 511 8772

SS77 04/08 Review 03/13

TEL: 0303 333 4300

# COMMUNITY BRIDGE BUILDING TEAM



## **What is the Community Bridge Building Service?**

It's a service provided by Halton Borough Council that supports people with disabilities, older people and carers to access mainstream services to meet the need for social inclusion.

## **Who is it For?**

- Older People
- Adults with Learning Disabilities
- Adults with Physical or Sensory Disabilities
- Adults with Mental Health Problems
- Adults with a Caring role
- Children age 17+ in transition to adulthood

## **What does it aim to do?**

- Promote wellbeing and healthy living
- Encourage equal opportunities for all
- Identify support needs and overcome them
- Enable people to make their own choices
- Promote Independence and reduce isolation
- Provide information on community activities and events
- Expand social networks and build friendships
- Provide initial support and guidance to chosen activity
- Support people to access opportunities within their community
- Enable people to have a valued role within their community

## **What sort of things can the Bridge Building Service help people to do?**

Lots of things. Things like:

- Leisure activities
- Sports
- Community activities
- Arts & Culture
- Education
- Hobbies
- Volunteering and paid employment
- Accessing Faith Communities
- Friendships
- Travel Training

**... and more! It's up to you.**

## **How does the Bridge Building Service go about it?**

Someone called a Community Bridge Builder offers one to one support to enable people to think about the things they would like to do and where they can be done. The Bridge Builder will also support the person to go along to their chosen activity and overcome barriers.

Barriers could include things like:

- Finances
- Transport; and
- Helping local communities and companies with any adjustments they need to make to what they offer accessible and welcoming to all those who want to access them.
- Anxiety
- stigma