

Focus Gymnastics – 21st December 2015

Rebound therapy trained staff from the Halton Borough Council's Disabled Children Service held two FREE family events at Focus Gymnastics in Widnes on Monday 21st December for under 8's and over 8's. The events were attended by disabled children, their siblings (some of these are young carers).



Focus Gymnastics is laid out with a sprung-padded floor; activities include trampolines, balance beams, sensory toys, small trampettes, rope swings, climbing and a bouncy castle. A small area was available which had sensory play activities for the younger children.

During the events families were provided with drinks and snacks.



Father Christmas paid a SURPRISE visit to the events and all the children received a present. The events were well attended and everyone really enjoyed their family time together.



Parents provided the following comments.....

"All events provide much needed structure to the school holidays which can be a very hard time."

"Children thoroughly enjoyed the sessions, really helped my children with confidence. Good to meet other families and children in similar situations."

"Excellent friendly support that makes school holidays enjoyable; staff always lovely and make outings possible and safe."

"Trampoline session was a hit with all the kids, very beneficial to take the siblings to meet other siblings."

"Great to meet other families that parents otherwise would not get to know and it's good that children with different disabilities are catered for. We're lost without the service as school holidays can be a stressful time."

